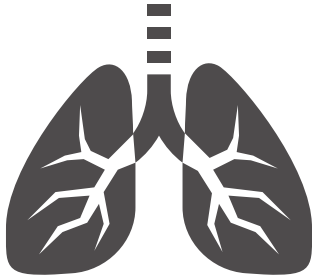


Work-related asthma is a lung disease that is caused or made worse at work.



## SYMPTOMS

- Wheezing
- Chest tightness
- Shortness of breath
- Coughing



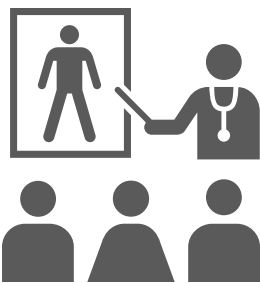
## COMMON CAUSES

- Cedar wood dust
- Paint
- Marijuana
- Hops
- Isocyanates
- Cleaning agents
- Crab
- Chemicals and fragrances
- Animals and insects
- Grain and flour dust



## WORKERS AT RISK

- Healthcare workers
- Janitors
- Construction workers
- Farm laborers
- Manufacturers and others



## PREVENTION

- Identify potential substances
- Reduce exposure
- Improve ventilation
- Wear a respirator



## OPTIONS

There is no way to strengthen your lungs against the toxic effect of substances. If you have breathing problems at work:

- Talk to your doctor
- Talk to your employer