

## New LMS Tutorial

Welcome! Please review the following tutorial for help registering and logging into the new learning management system (LMS) for L&I's OMD Clinical Provider and Continuing Medical Education modules.

1. After clicking the link on the public website, you will land on the login page.
  - a. If registering for the New LMS for the first time, click the green sign up button. If you have already registered you will have a user ID. If so, skip to step 3.

The screenshot shows the 'My L&I' login page. At the top, there is a header with the Washington State Department of Labor & Industries logo, a 'My L&I' link, and a 'powered by SecureAccess WASHINGTON' logo. The main heading is 'My L&I'. Below it, the 'New users' section explains that users can get secure access to their information and use their new login for secure services from other state agencies with Secure Access Washington (SAW). There is a green 'Sign up' button and a link 'Check to see if you already have a user ID.' Below this is the 'Returning users' section, which contains input fields for 'User ID' and 'Password', and links for 'Get User ID' and 'Reset my password'. A yellow 'Log in' button is at the bottom of this section. At the very bottom, there is a footer with contact information: 'Need help? Call 360-902-5999 weekdays between 8 a.m.-5 p.m. (Pacific). Email Web Customer Support' and a 'Help us improve' button.

2. Fill out the form to create a user account, verify email, and then log in. (Step 2 is for registering the first time or re-registering only.)

The screenshot shows the 'My L&I' sign up page. At the top, there is a header with the Washington State Department of Labor & Industries logo, a 'My L&I' link, and a 'powered by SecureAccess WASHINGTON' logo. The main heading is 'My L&I' with a sub-heading 'Sign up'. To the right, there is a link 'Already have a profile? log in'. The form is divided into three sections. The first section, 'Enter your personal information', has input fields for 'First name', 'Last name', 'Email address', and 'Contact phone', each with a red asterisk indicating it is required. The second section, 'Contact info for security (optional)', has a sub-heading and a description: 'Provide additional contact info to receive multi-factor authentication security codes and reduce the chance of losing access to your account.' It has input fields for 'Additional email' and 'Mobile phone'. Below these fields is a note: 'Message and data rates may apply for mobile phones. A message will be sent only when you request it.' The third section, 'Create a User ID and password', has input fields for 'User ID', 'Password', and 'Retype password', each with a red asterisk indicating it is required.

3. Once you have your User ID\*, please log-in.

\*Your User ID is the same as your MyL&I (and SAW account) User ID.

The screenshot shows the 'My L&I' login page for the Washington State Department of Labor & Industries. The page is powered by SecureAccess WASHINGTON. A green notification bar at the top states: 'Your profile has been activated. Please login.' Below this, there is a 'Returning users' section with two input fields: 'User ID:' and 'Password:'. To the right of the 'User ID' field is a link 'Get User ID', and to the right of the 'Password' field is a link 'Reset my password'. A large orange 'Log in' button is positioned below the password field. At the bottom of the page, there is a footer with social media icons (Facebook, Twitter, LinkedIn, YouTube) and links to 'L&I home page' and 'SecureAccess Washington'. On the right side of the footer, there are links for 'Contact us' and 'Contact Labor & Industries'.

4. After logging in, to access L&I's OMD Clinical Training Catalog, please choose 'Other'.

The screenshot shows the 'My Profile' page after logging in. The page header includes the Washington State Department of Labor & Industries logo, a 'My L&I' link, a user profile icon, and a 'Log out' button. The main content area is titled 'My Profile' and contains the text: 'You haven't yet completed your set up. To access your information at L&I:'. Below this text is a link 'Complete set-up'. A modal window titled 'Complete set up' is open in the foreground. The modal contains the instruction 'First, choose a role that applies to you.' followed by a list of roles with radio buttons: 'Injured Worker or Authorized Delegate', 'Legal representative for an injured worker', 'Medical or Vocational provider', 'Billing provider', 'Independent Medical Examination (IME) Provider', 'Employer or representative', 'Third party administrator', 'Third party accountant/bookkeeper', 'Retro program administrator', 'Health Services Coordinators and COHE Directors', 'Surgical Best Practices Coordinator', 'Best Practice Activity Coach', and 'Other'. The 'Other' option is selected. At the bottom of the modal are 'Cancel' and 'Continue' buttons. In the background, there are links for 'Update' and 'Update' next to 'ation For Security'.

5. Next select, 'Access L&I's OMD Clinical Training Catalog (CME and CE)'.

This screenshot shows the 'Complete set-up' page for the L&I OMD Clinical Training Catalog. On the left, there is a sidebar with social media links (Facebook, Twitter, Email, YouTube) and the text 'L&I home page' and 'SecureAccess Washington'. The main content area is a list of services, with 'Access L&I's OMD Clinical Training Catalog (CME and CE)' highlighted in yellow. Other services include Electronic Permits & Inspections (EPIS), Manage apprentices and preparatory, Update and renew insurance policies for Construction and Electrical Telecommunication Contractors, Take the Medical Examiners' handbook certification test, Get access as a Trade Union to report wages, Report and manage continuing education for the electrical trade, Manage your self-insurance claim administrator continuing education, Manage your self-insured business representative profile, Claim and account knowledge base, Electrical Plan Review, Elevator Plan Review, Print Crime Victim's Compensation ledgers, Audit Public Works Projects, View your apprenticeship preparatory programs, Clean Energy Provider Certification, Report Isolated Workers, and Access L&I's OMD Clinical Training Catalog (CME and CE). On the right, there is a 'Contact us' section with the text 'Contact Labor & Industries' and a 'Back' button at the bottom.

You haven't yet completed your set up  
To access your information at L&I:

Complete set-up

- Electronic Permits & Inspections (EPIS)
- Manage apprentices and preparatory
- Update and renew insurance policies for Construction and Electrical Telecommunication Contractors
- Take the Medical Examiners' handbook certification test
- Get access as a Trade Union to report wages
- Report and manage continuing education for the electrical trade
- Manage your self-insurance claim administrator continuing education
- Manage your self-insured business representative profile
- Claim and account knowledge base
- Electrical Plan Review
- Elevator Plan Review
- Print Crime Victim's Compensation ledgers
- Audit Public Works Projects
- View your apprenticeship preparatory programs
- Clean Energy Provider Certification
- Report Isolated Workers
- Access L&I's OMD Clinical Training Catalog (CME and CE)

Back

Update

tion For Security Update

(AW)

AW, you can use your user ID and  
s from multiple state government

vernment offices

Contact us  
Contact Labor & Industries

Access

6. Please fill out required fields. Please be sure to check the box confirming that you will complete at least one module, examination, and evaluation.

This screenshot shows the 'Set up this service' form for the L&I OMD Clinical Training Catalog. The form is titled 'Set up this service' and 'L&I's OMD Clinical Training Catalog'. It contains several input fields for personal information: First Name, Last Name, Phone Number, Phone Extension, Email, City, State/province, Country, Zip Code, Job title, and Professional License Type. Each field has a red asterisk indicating it is required. At the bottom of the form, there is a checkbox labeled 'I commit to successfully completing at least one module, examination, and evaluation from L&I's OMD Clinical CME / CE Training Catalog.' which is highlighted in yellow. Below the checkbox are 'Cancel' and 'Continue' buttons. The background shows the same sidebar and main content area as the previous screenshot, with the 'Access L&I's OMD Clinical Training Catalog (CME and CE)' option highlighted in the list.

Complete set-up

my personal information Update

User Id:

Set up this service

L&I's OMD Clinical Training Catalog

First Name \*

Last Name \*

Phone Number \*

Phone Extension

Email \*

City \*

State/province \*

Country

Zip Code \*

Job title \*

Professional License Type \*

☐ I commit to successfully completing at least one module, examination, and evaluation from L&I's OMD Clinical CME / CE Training Catalog.

Cancel Continue

Contact us  
Contact Labor & Industries

Access Washington®  
Official State Government Website

7. Next, select 'My tasks'.

Washington State Department of Labor & Industries

My L&I Test User Log out

## My Profile

[My tasks](#)

[+ Get more access](#)

**My personal information** [Update](#)

User Id: [redacted]  
First name: Test  
Last name: User  
Phone number: (000) 000-0000

**Additional Contact Information For Security** [Update](#)

Email: [redacted]  
Mobile number:

**Secure Access Washington (SAW)**

My L&I is powered by SAW. With SAW, you can use your user ID and password to access online services from multiple state government offices.

[Access my services from other government offices](#)

8. Next, locate L&I's OMD Clinical Training Catalog and select 'Access L&I's OMD Clinical Continuing Medical Education / Continuing Education (CME / CE) Training Catalog'.

Washington State Department of Labor & Industries

My L&I Test User Log out

My Profile

**L&I's OMD Clinical Training Catalog** [X](#)

Access L&I's OMD Clinical Continuing Medical Education / Continuing Education (CME / CE) Training Catalog [>](#)

[f](#) [t](#) [e](#) [You Tube](#)

[L&I home page](#)  
[SecureAccess Washington](#)

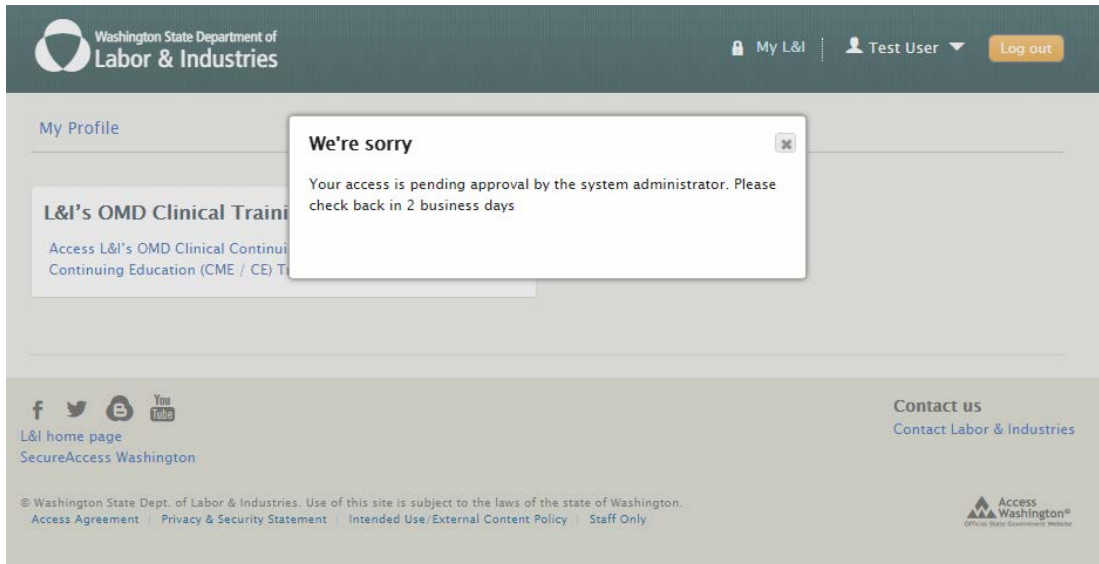
**Contact us**  
[Contact Labor & Industries](#)

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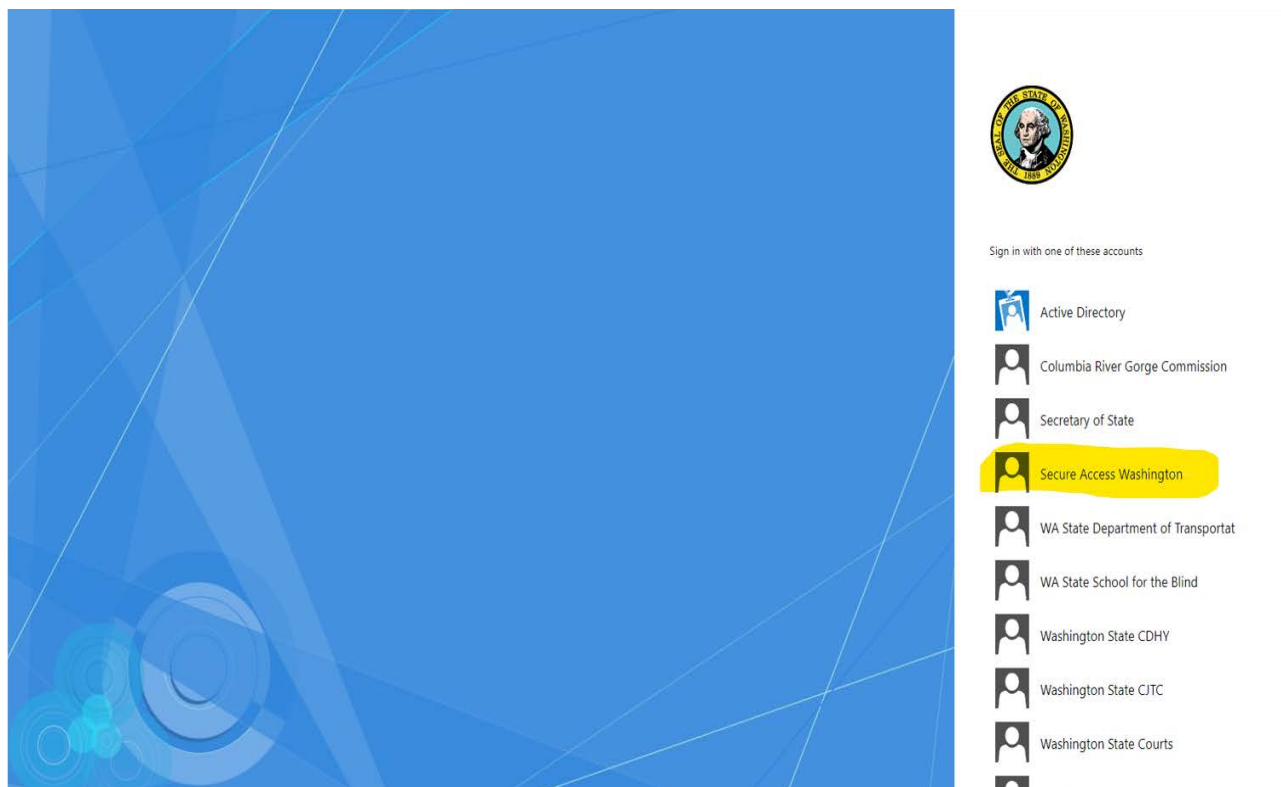
**Access Washington®**  
Official State Government Website

9. Please note: Initial registration (or re-registration) requires approval\*. While waiting for approval, you will see the message below. (Once email is received confirming approval, please start over with Step 1.)
- If you have received the email, you will not receive the message below. Go to Step 10.


**\*Please note:** Approval can take up to 2 business days.



10. Once approved, selecting 'Access L&I's OMD Clinical Continuing Medical Education / Continuing Education (CME / CE) Training Catalog', will direct you to the following page. Please choose 'Secure Access Washington'.




11. Congratulations! You have now arrived at the L&I OMD Continuing Education for Providers and Staff.  
Please select your training module.





SELF ▾

MY TEAM ▾

ADMINISTRATION ▾

Learning ▾ Search 

Home

Timeline

Library

## L&I OMD CONTINUING EDUCATION FOR PROVIDERS AND STAFF

### ACCREDITATION STATEMENT

The Washington State Department of Labor & Industries is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Our CME mission is to advance provider knowledge, competence, and /or performance so Washington State's injured workers receive high quality evidence based care, and provider's interactions with L&I are timely and effective.

Our goals are to:

1. Provide current evidence-based recommendations for treating injured workers;
2. Share best practices to close treatment gaps and improve patient outcomes;
3. Assist providers in their practice management by understanding the medical-legal environment of workers' compensation.

Our program offers a variety of FREE self-directed trainings, videos, seminars, and workshops. Some qualify for free Category 1 CME\* credits. You will find all of our offerings, links, dates, times and locations on the Training Catalog tab.

### CME COURSES

- Prescribing Opioids to Treat Pain in Injured Workers Test and Evaluation
- Attending Provider Resource Center Test and Evaluation
- Surgical Guideline for Work-Related Knee Injuries
- Psychological Determinants Influencing Recovery
- Active Rehabilitation of Work-Related Low Back Conditions
- Surgical Guideline for Work-Related Knee Injuries

### CE COURSES

- Conservative Care Options for Occupational Carpal Tunnel Syndrome
- Conservative Care Options for Work-Related Epicondylitis
- Conservative Care Options for Work-Related Foot and Ankle Conditions
- Conservative Care Options for Work-Related Mechanical Shoulder Conditions
- Documentation Best Practices for Washington State Workers' Compensation
- Master's Level Therapist Pilot Training
- Optimizing Your Practice to Work with Other Providers
- Options for Documenting Functional Improvement in Conservative Care