

Interview and History



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Interview Technique



- Listen and the patient will tell you what is wrong.
- You must keep control of the interview, but this must be done subtly.
- Ask open ended questions and allow the patient to explain fully (within reason).



- **Treat the patient with respect...this will avoid a lot of future difficulties.**
- **If you don't have a lot of experience judging personalities, be careful of joking with the patient. Some will think you are not taking them or their problems seriously**



- **Try and maintain a neutral demeanor; be careful of your facial expressions expressing doubt or incredulity.**

History



- **Current symptomatology.**
- **Why use a pain drawing?**
- **Approach in a systematic manner...it helps to do the same thing every time.**
- **Get them to be very specific!**
- **Ask questions...what they think is of paramount importance may be meaningless.**



- **Be sure to define a time frame.**
- **Have them rate their pain.**

History of event



- Get as complete a picture as possible regarding the mechanism of injury.
- When did pain come on?
- Where was the pain?
- Did they continue to work?



- Obtain a chronology of their treatment and the results that were experienced from each modality.

Past History



- **Why bother?**



- **Past traumas.**
 - MVA
 - L&I
 - Other episodic traumas.



- **Major illness**
- **Surgeries**
- **Allergies**
- **Current medication**

Socioeconomic and Family Data



- **Familial history**
- **Marital status and number of dependents.**
- **Military service?**
 - **Combat?**
 - **Service connected disability?**



- **Work status**
- **Has there been time loss?**
- **Habits:**
 - Tobacco
 - Alcohol
 - Recreational durgs



- **Any current exercise program in place?**