

Treatment Plan

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These comments apply to Attending Doctors and Consultants

- Diagnosis
- Treatment
- Reexaminations
- Tracking functional improvements
- Activate, Activate, Activate
- Psychosocial barriers

Diagnosis

- Make sure all injured areas are diagnosed and listed on the Report of Accident, even the ones that appear minor and self-limiting.
- Les' rule, if you do not diagnose it... it will not go away as you presumed and it will be a big problem later.

Treatment

- Are all the injured areas being addressed and treated? Not just the spinal ones.
- Do they have an extremity injury?
- Do you have a clear idea of the tissues damaged?
- Is treatment being rendered to each of their injuries?

Treatment

- Have you provided them with a structured home exercise program?
- Are they following through with their home exercise program?
- Are they improving?
- Do they need physical therapy?
- Do they need advanced imaging?
- Do they need a referral to a specialist?
- **WHAT IS YOUR PLAN?**

Reexaminations

- Are you doing frequent reexaminations to be certain that all areas are improving.
- If an area is lagging behind, what changes in the treatment plan do you need to make to improve those areas.
- **WHAT IS YOUR PLAN?**

Activate, Activate, Activate

- From my viewpoint, failure to activate is a significant reason some injured persons fail to recover.
- Most injured workers activate themselves.
- If they are not, what steps do you need to take to get them active?
- **WHAT IS YOUR PLAN?**

Failure to Recognize Psychosocial Barriers

- This is another big area as to why some injured workers fail to make an adequate recovery.
- How can you identify these special needs injured workers?
- What steps do you need to do once you have identified them?
- **WHAT IS YOUR PLAN?**

If you are the Attending Doctor

- All of the above needs to be in your mind, in your chart notes and in your progress reports as your treatment plan.
- Goal oriented/time limited treatment plan.
- In your treatment plan you need identify barriers and have a plan to overcome those barriers.
- **WHAT IS YOUR PLAN?**

If you are a Consultant

- All of the above needs to be in your conclusions and recommendations section of your report.
- Are they improving?
- Are they participating in their recovery?
- Are there psychosocial barriers?
- **WHAT IS YOUR PLAN?**

Treatment Plan

- THANK YOU