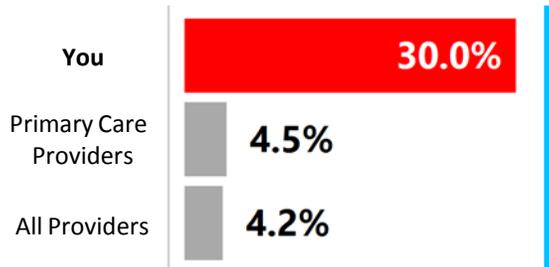


Your 2015 Opioid Prescribing Report

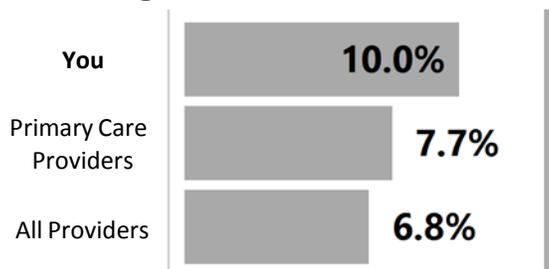
As part of the Department of Labor & Industries' ongoing efforts to ensure safe and effective care for injured workers, this report compares your opioid prescribing to that of other providers treating injured workers (claimants) during 2015. Using data from the WA State [Prescription Monitoring Program \(PMP\)](#), this report looks at three measures of opioid prescribing that may place injured workers at increased risk of harm. You are receiving this report because your prescribing practice ranks at or above the 90th percentile on at least one of the measures below.

Percentage of Claimants Prescribed [High-Dose Opioids](#)



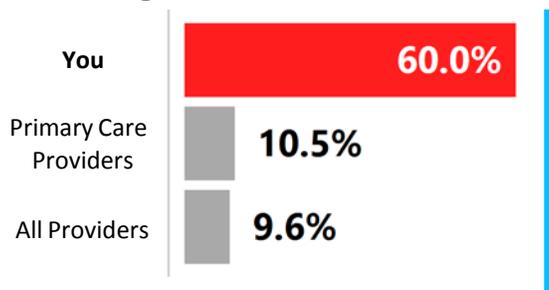
- Taper back down or discontinue if an opioid dose increase does not result in [clinically meaningful improvement in function \(CMIF\)](#).
- Avoid exceeding 90 mg/day morphine equivalent dose (MED), and for patients with one or more risk factors (e.g. tobacco use, mental health disorder), do not exceed 50 mg/day MED.

Percentage of Claimants Prescribed [Concurrent Opioids and Sedatives](#)



- Avoid combining opioids with benzodiazepines, sedative-hypnotics, or carisoprodol.
- Taper off/discontinue above agents and consider non-scheduled alternatives if needed.

Percentage of Claimants Prescribed [Chronic Opioids](#)



- Do not prescribe chronic opioids for [non-specific pain](#).
- Track function and pain at each prescribing visit.
- Use [validated assessment tools](#) and best practices to monitor for adverse outcomes and compliance on treatment regimen (e.g. check PMP, administer urine drug test).

Note: Percentages calculated based on number of injured workers who were prescribed any opioids in 2015.

How can I improve my care?

- Review the L&I Guideline for Prescribing Opioids to Treat Pain in Injured Workers: www.Opioids.Lni.wa.gov
- Access the Washington State Prescription Monitoring Program: www.wapmp.org
- Visit the Agency Medical Directors' Group website for more resources: www.AgencyMedDirectors.wa.gov
- Take online training (free CME) for providers treating chronic non-cancer pain: www.coperems.org

Questions?

Visit us at Lni.wa.gov/opioids for more information about this report.