Benzodiazepine Dose Taper - 12 Weeks
15% Weekly Reduction

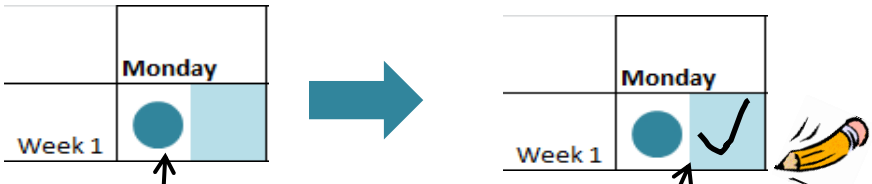
Patient Name:

Patient Medication:

Weeks 1-4: disp 22 tabs
Weeks 5-8: disp 15 tabs
Weeks 9-12: disp 6 tabs
Total: # 43 tablets

Full Dose **Half Dose** **No Dose**

Instructions:



Take full dose on Monday during Week 1

I took my full dose on Monday during Week 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1-4 22 tabs	◒	●	●	◒	●	●	●
Week 2	◒	●	◒	●	●	●	●
Week 3	◒	●	◒	●	◒	●	◒
Week 4	◒	●	◒	●	◒	●	◒
Week 5 15 tabs	◒	◒	●	◒	◒	●	◒
Week 6	◒	◒	●	◒	◒	●	◒
Week 7	◒	◒	◒	✕	◒	◒	◒
Week 8	◒	◒	◒	✕	◒	◒	◒
Week 9-12 6 tabs	◒	✕	◒	✕	◒	✕	◒
Week 10	◒	✕	◒	✕	◒	✕	◒
Week 11	✕	✕	◒	✕	✕	✕	◒
Week 12	✕	✕	◒	✕	✕	✕	◒