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Department of Labor and Industries
PO Box 44322
Olympia WA 98504-4322

Advanced Topics in Washington Workers' Compensation: Physical Capacity Calculation And Return to Work

Saturday, 12/6/08
8:00 a.m. – 5:00 p.m.



AMERICAN COLLEGE OF
OCCUPATIONAL AND
ENVIRONMENTAL MEDICINE

Location:
Department of Labor and Industries
Tukwila Service Location
12806 Gateway Drive
Tukwila, WA 98168-1050
(Enter through the back door.)

For Driving Instruction go to:
<http://www.lni.wa.gov/Main/ContactInfo/OfficeLocations/tukwila.asp>
or
Mapquest.com

ACOEM and the Washington State
Department of Labor and Industries jointly
sponsor this course.

Overview

This course was developed through the collaborative efforts of physicians and the Department of Labor and Industries in response to doctors' requests for assistance in handling workers' compensation claims and industrial conditions.

Participants will receive fundamental and complex clinical information that will immediately simplify daily care situations and improve patient management success. All doctors, no matter how long they have been in practice, can learn how to:

- Prevent workers' long term disability by addressing behavioral and mental health issues,
- Reduce their administrative burden and
- Calculate physical capacities for injured workers.

Course Objectives

Participants will learn to:

- Calculate an injured worker's physical capacities during different phases of recovery
- Explain how Vocational Rehabilitation Counselors, Claim Managers, and Employers use physical capacity information in their differing roles.
- Revise their daily clinical practices to assure good return to work experiences for the worker, employer, and other parties to an industrial injury claim.
- Utilize appropriate resources to identify and manage mental health, behavioral issues, and chronic pain.

NOTE: All MDs, DOs, DCs, ARNPs and PAs are encouraged to enroll.

Faculty

Katie Cederburg, Employer Representative, Comprehensive Risk Management, Everett, WA

Tim Gilmore, MD, Medical Director, Occupational Health Services, Group Health Cooperative. Seattle, WA

James Moore, PhD, Director, Rehabilitation Institute of Washington, Seattle, WA

Karen Nilson, MD, Medical Director, Valley Medical Center, Center of Occupational Health and Education (COHE). Renton, WA

Hal Stockbridge, MD, MPH, Associate Medical Director, L&I, Tumwater, WA

James Robinson, MD, PhD, University of Washington Dept. of Rehabilitation Medicine, Seattle, WA

Si Sarton, Claims Professional, L&I, Tumwater, WA

Donna Spencer, MS, CRC, L&I, Tumwater, WA

Patricia Vincent, MA, CRC, Project Director, Valley Medical Center COHE. Renton, WA

Les White, DC, Private Practice; Internal Consultant to L&I; Approved Examiner; Approved Chiropractic Consultant. Seattle, WA

Planning Committee

Joanne McDaniel, MA, CCM, Provider Education Manager, L&I. Tumwater, WA

Hal Stockbridge, MD, MPH, Course Director, L&I

Les White, DC, Private Practice; Internal Consultant to L&I

Program Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the Joint Sponsorship of the American College of Occupational and Environmental Medicine and Department of Labor and Industries.

The American College of Occupational and Environmental Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Occupational and Environmental Medicine designates this educational activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity.

Advanced Topics in Washington
Workers' Compensation:
Physical Capacity Calculation
and
Return to Work

Saturday, 12/6/08

L&I Service Location, Tukwila WA

- 8:00 Welcome by *Tim Gilmore, MD*
- 8:05 What Works? What Doesn't?
Speaker: *Hal Stockbridge, MD, MPH*
- 8:25 Importance of Return to Work
Speaker: *Donna Spencer, MS, CRC*
- 8:45 Physical Capacities and Physical
Restriction Calculation
Speaker: *Tim Gilmore, MD*
- 10:00 Break
- 10:15 Physical Capacities, continued,
- 11:45 Physical Capacities Panel Discussion
Speakers:
Katie Cederburg, Employer Rep.
Si Sarton, Claims,
Donna Spencer, CRC, and
Les White, DC
- 12:30 Lunch Provided



- 1:00 Working with Employers to Assure a Good
Return to Work Experience
Speaker: *Karen Nilson, MD and*
Pat Vincent, MA, CRC
- 1:45 Managing Mental Health and Behavioral
Issues
Speaker: *James Moore, Ph.D.*
- 2:45 Managing Chronic Pain
Speaker: *Jim Robinson, MD, Ph.D.*
- 3:45 Break
- 4:00 Managing Chronic Pain, continued.
- 4:30 Pearls of Knowledge
Speaker: *Hal Stockbridge, MD, MPH*
- 5:00 Adjourn

Early and safe
Return to work
After injury
Makes good sense.

Tuition: \$85 if postmarked on or
before November 15, 2008. Add the \$25
late fee if postmarked on or after
November 16, 2008.

Fee includes: educational materials,
continental breakfast, lunch, beverages.

Make checks payable to: **Department of
Labor and Industries.** Sorry, we cannot
accept credit cards.

No confirmation will be sent. Your
cancelled check is your verification of
registration.

Refund Policy – Written requests for a
full refund will be allowed if postmarked on
or before November 24, 2008. A \$25
administrative fee will be withheld.

No refunds will be granted if requested at
or after the seminar.

Location: Department of Labor and
Industries Tukwila Service Location.
**Park in back and enter through the back
door.** Signs will show you the way.

Jointly sponsored by ACOEM with the
Washington State
Department of Labor and Industries

For more course information,
Call (360) 902-6817 - Joanne McDaniel

REGISTRATION FORM for
Advanced Topics Seminar
12/6/08 Tukwila, WA

Name

Discipline (Check one):
() MD () DO () DC () ARNP () PA
Other _____

Employer

Business Address

City/State/Zip

() _____ () _____
Work Phone # Fax #

E-mail Address

\$100.00 if postmarked on or before 11/15/08.
If later, please add \$25.

Make registration checks payable to
Department of Labor and Industries.

Mail to:
Cashier

Department of Labor and Industries
PO Box 44835
Olympia WA 98504-4835

