

Group Health Commercial Driver Medical Examiner Training Program

Tuesday, February 4, 2014

Cedarbrook Lodge, SeaTac, Wash.

Target Audience

Medical examiners (MEs) performing physical examinations for interstate commercial vehicle drivers. All MEs must be fully certified by May 21, 2014, otherwise they will no longer be permitted to perform Commercial Motor Vehicle examinations.

Requirement

The National Registry of Certified Medical Examiners (NRCME) requires that MEs performing Commercial Motor Vehicle (CMV) driver examinations be trained and certified. MEs must provide proof of participation in an accredited training program in order to take the certification test required by the Federal Motor Carrier Safety Administration (FMCSA). All MEs must be fully certified by May 21, 2014, otherwise they will no longer be permitted to perform CMV examinations. Certified MEs must complete a refresher training program every five years and recertify every ten years.

About the Course

This training program is developed to improve highway safety and driver health. It provides the required training needed by MEs to prepare them for NRCME certification so they may determine effectively whether a CMV driver's medical fitness for duty meets FMCSA standards. This supports FMCSA's goal to improve safety and reduce fatalities on our nation's highways. This program will review FMCSA medical standards for CMV drivers, and will enhance the registrant's understanding of the mental and physical demands of operating a CMV to help determine if a driver can safely handle these demands.

Tuition

Individual Medical Staff: **\$400**

Group of 5 or more registrants: **\$360** each

Registration

To register online, go to:

<http://cmetracker.net/GHC/Login?FormName=RegLoginLive&Eventid=1926>

To protect your payment information, please do not fax or e-mail credit card information. Submit the form and payment to the CME Office either by U.S. mail, interoffice mail, or call the CME Office. You will receive written confirmation of your registration.

Cancellation Policy

To receive a refund on tuition, Group Health Continuing Medical Education must receive notification of your cancellation at least 7 days prior to the date of the activity. No tuition refunds will be issued for cancellations less than 7 days before an activity.

Lodging

The Cedarbrook Lodge, SeaTac is offering rooms at a discounted rate. These rooms are limited and are first-come, first-served. Rates are based on room type and occupancy. These rates are exclusive of applicable taxes and fees.

Deluxe Rooms

\$159.00 - single/double occupancy

Please make your reservations online via this link: [Cedarbrook Lodge Room Reservations](#)

You may also call the hotel central reservation number at 877-515-2176 to reserve your room. Please mention reservation code **GHC2** when registering. All reservations must be made no later than **January 13, 2014**.

Objectives

At the end of this educational activity, attendees will be able to:

- Define the FMCSA's driver physical qualifications, standards, and medical advisory criteria to findings gathered during the driver's medical examination.
- Make sound determinations of the driver's medical and physical qualifications for safely operating a commercial motor vehicle (CMV) in interstate and intrastate commerce.
- Proceed to the testing phase of the NRCME certificate process.

Agenda

a.m.

7:00 – 7:30	Registration and Refreshments
7:30 – 8:15	Introduction and Overview – Abid Haq, MD, MPH
8:15 – 8:45	Vision and Hearing – Abid Haq, MD, MPH
8:45 – 9:30	Diabetes Mellitus – David K. McCulloch, MD, FRCP
9:30 – 9:45	Break
9:45 – 10:15	Musculoskeletal – Abid Haq, MD, MPH
10:15 – 10:45	Neurological – Timothy M. Gilmore, MD, PE
10:45 – 11:30	Cardiovascular and Hypertension – Timothy M. Gilmore, MD, PE
11:30 – 12:30	Lunch

p.m.

12:30 – 1:45	Cases and Q&A – Abid Haq, MD, MPH and Timothy M. Gilmore, MD, PE
1:45 – 2:15	Respiratory – Timothy M. Gilmore, MD, PE
2:15 – 2:30	Break
2:30 – 3:00	Drug Abuse and Alcoholism – Ryan M. Caldeiro, MD
3:00 – 3:30	Psychological – Ryan M. Caldeiro, MD
3:30 – 4:45	Cases and Q&A – Abid Haq, MD, MPH and Timothy M. Gilmore, MD, PE
4:45	Adjournment

Accreditation

Tuition includes all educational sessions, course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by completing a Verification of Hours form provided by the CME office. Failure to return this form will result in denial of credit for that activity.

Group Health Cooperative is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education for physicians.

Group Health Cooperative designates this educational activity for a maximum of 7.75 hours in Category I to satisfy the relicensure of the Washington State Medical Quality Assurance Commission.

Group Health Cooperative designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

Group Health Cooperative requires that faculty participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty member's contribution to the program.



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Cedarbrook Lodge, SeaTac, Wash.
18525 36th Avenue South
SeaTac, WA 99201
Phone: (206) 901-9268

For More Information

Christopher Scott
Continuing Medical Education
Group Health Cooperative
201 16th Avenue East, CWB-3
Seattle, WA 98112
PH. 206-326-3934
E-mail: scott.cj@ghc.org

Faculty

Timothy M. Gilmore, MD, PE
Assistant Medical Director, Occupational Medicine, Capitol Hill Campus, Seattle, Group Health Physicians
Clinical Associate Professor, Environmental and Occupational Health Services, University of Washington
Advisory Board Member, Washington State Medical Association
University of Washington Department of Environmental Health and Occupational Medicine Residency



Dr. Gilmore has practiced both primary care medicine and specialty occupational medicine for 28 years after graduating from medical school at the University of Washington. He is board certified in both Occupational Medicine and Family Medicine after completing post-graduate studies at Swedish Hospital (R-1 internship) and Group Health (Family Medicine Residency). He is also a licensed professional engineer (chemical engineering), and he worked for seven years as an environmental engineer for the state of Alaska prior to medical school. He has an S. B. in aeronautical engineering from M. I. T. and an M. S. E. from the University of Washington in Environmental Engineering. Dr. Gilmore has published multiple articles on several subjects ranging from carbon monoxide measurements, lead poisoning in children, factors contributing to occupational injuries, to cross country skiing.

Abid Haq, MD, MPH
Assistant Medical Director, Occupational Medicine, Bellevue Medical Center, Group Health Physicians



Dr. Abid Haq has been with Occupational Health Services at Group Health since 2006. He was formerly with Occupational Health Services, Kaiser Permanente Southern California from 1995 to 2005, where he was the chief of Occupational Medicine, Bakersfield. He is board certified in Occupational and Environment Medicine. He has a Master's degree in Public Health from the University of California, Los Angeles and a Certificate in Medical Management from the University of Washington.

David K. McCulloch, MD, FRCP
Diabetologist & Medical Director of Clinical Improvement, Group Health Physicians
Clinical Professor of Medicine, University of Washington



Dr. David K. McCulloch has worked in the field of clinical diabetes innovation for over thirty years and has over 80 publications on a wide variety of diabetes-related topics. He is a clinical professor of medicine at the University of Washington and works as a diabetologist, leading clinical improvement efforts in diabetes with an energetic team at Group Health, a health care organization in Washington State with over six hundred thousand enrolled members. He has also chaired national and statewide diabetes and cardiovascular disease collaboratives with a wide variety of health care organizations. He is also the medical director for Clinical Improvement at Group Health. In that role, he leads the development of evidence-based guidelines to promote evidence-based interventions and works with a team to identify and reduce unintended clinical variation in practice to help improve outcomes and lower medical cost trends.

Ryan M. Caldeiro, MD
Chief, Chemical Dependency Psychiatry, Behavioral Health Services - Met Park, Group Health Physicians
Clinical Instructor of Psychiatry, University of Washington



Dr. Ryan M. Caldeiro has worked in the field of addiction for 14 years. His academic work has touched on areas ranging from molecular and genetic aspects of substance use to clinical studies of treatments for substance use disorders. He is a clinical instructor at the University of Washington, where he is involved in training Addiction Psychiatry fellows. He has been chief of Chemical Dependency at Group Health for the past 3 years. In that role he has provided clinical consultative support to the largest medical group in Washington State, provided medical leadership to the health plan with over 600,000 covered lives related to chemical dependency benefits and led efforts to provide integrated services for patients with psychiatric and substance use disorders in Group Health's primary care and behavioral health delivery systems.