

Space is Limited.
Register Now!



Department of Labor and Industries
PO Box 44322
Olympia WA 98504-4322

Advanced Topics in Washington Workers' Compensation: Physical Capacity Calculation And Return to Work

Saturday, 9/26/09
8:00 a.m. – 5:00 p.m.

Location:

Department of Labor and Industries
Tukwila Service Location
12806 Gateway Drive
Tukwila, WA 98168-1050
(Enter through the back door.)

For Driving Instruction go to:

<http://www.Lni.wa.gov/Main/ContactInfo/OfficeLocations/tukwila.asp>

or

Mapquest.com



Overview

This course was developed through the collaborative efforts of physicians and the Department of Labor and Industries in response to doctors' requests for assistance in handling workers' compensation claims and industrial conditions.

Participants will receive fundamental and complex clinical information that will immediately simplify daily care situations and improve patient management success. All doctors, no matter how long they have been in practice, can learn how to:

- Prevent workers' long term disability by addressing behavioral and mental health issues,
- Reduce their administrative burden and
- Calculate physical capacities for injured workers.

Course Objectives

Participants will learn to:

- Calculate an injured worker's physical capacities during different phases of recovery
- Explain how Vocational Rehabilitation Counselors, Claim Managers, and Employers use physical capacity information in their differing roles.
- Revise their daily clinical practices to assure good return to work experiences for the worker, employer, and other parties to an industrial injury claim.
- Utilize appropriate resources to identify and manage mental health, behavioral issues, and chronic pain.

NOTE: All MDs, DOs, DCs, ARNPs and PAs are encouraged to enroll.

Faculty

Katie Cederburg, Employer Representative, Comprehensive Risk Management, Everett, WA

Lori Evans, Supervisor Coaching/Mentoring Unit, L&I, Tumwater, WA

Tim Gilmore, MD, Medical Director, Occupational Health Services, Group Health Cooperative. Seattle, WA

Joanne McDaniel, MA, OTR/L, Provider Education Manager, L&I, Tumwater, WA

James Moore, PhD, Director, Rehabilitation Institute of Washington, Seattle, WA

James Robinson, MD, PhD, University of Washington Dept. of Rehabilitation Medicine, Seattle, WA

Donna Spencer, MS, CRC, L&I, Tumwater, WA

Les White, DC, Private Practice; Internal Consultant to L&I; Approved Examiner; Approved Chiropractic Consultant. Seattle, WA

Planning Committee

Joanne McDaniel, MA, OTR/L, CCM, Provider Education Manager, L&I, Tumwater, WA

Hal Stockbridge, MD, MPH, Course Director, L&I

Les White, DC, Private Practice; Internal Consultant to L&I

Continuing Education Hours:

Certificates of completion will be awarded for 7.5 contact hours.

MDs and DOs may choose to report these hours for Category 2 of creditable continuing medical education.

**Advanced Topics in Washington
Workers' Compensation:
Physical Capacity Calculation
and
Return to Work**

Saturday, 9/26/09
L&I Service Location, Tukwila WA

- 8:00** Welcome by *Tim Gilmore, MD, PE*
- 8:05** **Revised Activity Prescription Form**
Speaker: *Joanne McDaniel, MA*
- 8:15** **Pre-Test Warm Up Exercise**
Speaker: *Tim Gilmore, MD, PE*
- 8:25** **Importance of Return to Work**
Speaker: *Donna Spencer, MS, CRC*
- 8:45** **Physical Capacities and Physical
Restriction Calculation**
Speaker: *Tim Gilmore, MD*
- 10:00** **Break**
- 10:15** **Physical Capacities, continued,**
- 11:45** **Physical Capacities Panel Discussion**
Speakers:
Katie Cederburg, Employer Rep.
Lori Evans, Claims
Donna Spencer, CRC, and
Les White, DC
- 12:30** **Lunch Provided**

- 1:00** **Managing Mental Health and Behavioral
Issues**
Speaker: *James Moore, Ph.D.*
- 2:45** **Managing Chronic Pain**
Speaker: *Jim Robinson, MD, Ph.D.*
- 3:45** **Break**
- 4:00** **Managing Chronic Pain, continued.**
- 4:30** **Plans for Clinical Use of Today's Content**
Speaker: *Les White, DC*
- 5:00** **Adjourn**

**Early and safe
Return to work
After injury
Makes good sense.**

**Tuition: \$85 if postmarked on or
before September 11, 2009. Add the \$25
late fee if postmarked on or after
September 12, 2009.**

Fee includes: educational materials,
continental breakfast, lunch, beverages.

*Make checks payable to: **Department of
Labor and Industries.** Sorry, we cannot
accept credit cards.*

***No confirmation will be sent.** Your
cancelled check is your verification of
registration.*

Refund Policy – *Written requests for a
full refund will be allowed if postmarked on
or before September 24, 2009. A \$25
administrative fee will be withheld.*

*No refunds will be granted if requested at
or after the seminar.*

Location: Department of Labor and
Industries Tukwila Service Location.

**Park in back and enter through the back
door.** Signs will show you the way.

**For more course information,
Contact Joanne McDaniel at
mdan235@Lni.wa.gov or
(360) 902-6817**

REGISTRATION FORM for
Advanced Topics Seminar
9/26/09 Tukwila, WA

Name

Discipline (Check one):
() MD () DO () DC () ARNP () PA
Other _____

Employer

Business Address

City/State/Zip

() _____ () _____
Work Phone # Fax #

E-mail Address

**\$85.00 if postmarked on or before 9/11/09.
If later, please add \$25.**
Make registration checks payable to
Department of Labor and Industries.
Mail to:
Cashier
Department of Labor and Industries
PO Box 44835
Olympia WA 98504-4835

