

**Time-Loss Cost of Living Updates for Injuries  
Occurring on or after July 1, 1971**

**Increment/Cumulative Factors**

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                      |                     |                     |                     |                     |
|----------------------|-------------------------------------------|----------------------|---------------------|---------------------|---------------------|---------------------|
|                      | 7/1/75 –<br>9/20/77                       | 9/21/77 –<br>6/30/79 | 7/1/79 –<br>6/30/80 | 7/1/80 –<br>6/30/82 | 7/1/82 –<br>6/30/83 | 7/1/83 –<br>6/30/84 |
| 7/1/71-6/30/72 (inc) | 1.15462                                   | 1.26404              | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           | 1.45949              | 1.66950             | 1.82837             | 2.17176             | 2.26169             |
| 7/1/72-6/30/73 (inc) | 1.10181                                   | 1.26404              | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           | 1.39273              | 1.59314             | 1.74474             | 2.07242             | 2.15825             |
| 7/1/73-6/30/74 (inc) | 1.06578                                   | 1.26404              | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           | 1.34717              | 1.54103             | 1.68767             | 2.00464             | 2.08765             |
| 7/1/74-6/30/75 (inc) |                                           | 1.26404              | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           | 1.26404              | 1.44593             | 1.58353             | 1.88093             | 1.95882             |
| 7/1/75-6/30/76 (inc) |                                           | 1.17549              | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           | 1.17549              | 1.34464             | 1.47259             | 1.74917             | 1.82161             |
| 7/1/76-6/30/77 (inc) |                                           | 1.07232              | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           | 1.07232              | 1.22663             | 1.34336             | 1.59566             | 1.66174             |
| 7/1/77-6/30/78 (inc) |                                           |                      | 1.14390             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           |                      | 1.14390             | 1.25275             | 1.48804             | 1.54965             |
| 7/1/78-6/30/79 (inc) |                                           |                      | 1.06607             | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           |                      | 1.06607             | 1.16752             | 1.38679             | 1.44422             |
| 7/1/79-6/30/80 (inc) |                                           |                      |                     | 1.09516             | 1.18781             | 1.04141             |
| (cum)                |                                           |                      |                     | 1.09516             | 1.30084             | 1.35471             |
| 7/1/80-6/30/81 (inc) |                                           |                      |                     |                     | 1.18781             | 1.04141             |
| (cum)                |                                           |                      |                     |                     | 1.18781             | 1.23700             |
| 7/1/81-6/30/82 (inc) |                                           |                      |                     |                     | 1.08847             | 1.04141             |
| (cum)                |                                           |                      |                     |                     | 1.08847             | 1.13355             |
| 7/1/82-6/30/83 (inc) |                                           |                      |                     |                     |                     | 1.04141             |
| (cum)                |                                           |                      |                     |                     |                     | 1.04141             |

## Time-Loss Cost of Living Updates for Injuries Occurring on or after July 1, 1971

### Increment/Cumulative Factors

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                     |                     |                     |                     |                     |                     |                     |
|----------------------|-------------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                      | 7/1/84 –<br>6/30/85                       | 7/1/85 –<br>6/30/86 | 7/1/86 –<br>6/30/87 | 7/1/87 –<br>6/30/88 | 7/1/88 –<br>6/30/89 | 7/1/89 –<br>6/30/90 | 7/1/90 –<br>6/30/91 | 7/1/91 –<br>6/30/92 |
| 7/1/71-6/30/72 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 2.28980                                   | 2.33115             | 2.40937             | 2.49981             | 2.55484             | 2.64864             | 2.75340             | 2.88637             |
| 7/1/72-6/30/73 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 2.18506                                   | 2.22453             | 2.29917             | 2.38547             | 2.43798             | 2.52749             | 2.62746             | 2.75435             |
| 7/1/73-6/30/74 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 2.11359                                   | 2.15176             | 2.22396             | 2.30744             | 2.35823             | 2.44481             | 2.54151             | 2.66425             |
| 7/1/74-6/30/75 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.98316                                   | 2.01898             | 2.08672             | 2.16505             | 2.21271             | 2.29395             | 2.38468             | 2.49984             |
| 7/1/75-6/30/76 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.84423                                   | 1.87754             | 1.94054             | 2.01338             | 2.05770             | 2.13332             | 2.21762             | 2.32472             |
| 7/1/76-6/30/77 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.68238                                   | 1.71276             | 1.77023             | 1.83668             | 1.87711             | 1.94603             | 2.02300             | 2.12070             |
| 7/1/77-6/30/78 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.56890                                   | 1.59724             | 1.65083             | 1.71280             | 1.85050             | 1.81477             | 1.88655             | 1.97766             |
| 7/1/78-6/30/79 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.46217                                   | 1.48857             | 1.53852             | 1.59627             | 1.63141             | 1.69130             | 1.75820             | 1.84311             |
| 7/1/79-6/30/80 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.37154                                   | 1.39631             | 1.44317             | 1.49734             | 1.53030             | 1.58648             | 1.64923             | 1.72888             |
| 7/1/80-6/30/81 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.25237                                   | 1.27499             | 1.31777             | 1.36724             | 1.39733             | 1.44863             | 1.50593             | 1.57866             |
| 7/1/81-6/30/82 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.14763                                   | 1.16836             | 1.20756             | 1.25289             | 1.28047             | 1.32748             | 1.37998             | 1.44663             |
| 7/1/82-6/30/83 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.05435                                   | 1.07339             | 1.10940             | 1.15105             | 1.17638             | 1.21957             | 1.26781             | 1.32904             |
| 7/1/83-6/30/84 (inc) | 1.01242                                   | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                | 1.01242                                   | 1.03071             | 1.06529             | 1.10528             | 1.12961             | 1.17108             | 1.21740             | 1.27620             |
| 7/1/84-6/30/85 (inc) |                                           | 1.01806             | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                |                                           | 1.01806             | 1.05222             | 1.09172             | 1.11575             | 1.15671             | 1.20246             | 1.26053             |
| 7/1/85-6/30/86 (inc) |                                           |                     | 1.03355             | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                |                                           |                     | 1.03355             | 1.07235             | 1.09595             | 1.13619             | 1.18113             | 1.23817             |
| 7/1/86-6/30/87 (inc) |                                           |                     |                     | 1.03754             | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                |                                           |                     |                     | 1.03754             | 1.06038             | 1.09930             | 1.14279             | 1.19798             |
| 7/1/87-6/30/88 (inc) |                                           |                     |                     |                     | 1.02201             | 1.03672             | 1.03955             | 1.04829             |
| (cum)                |                                           |                     |                     |                     | 1.02201             | 1.05953             | 1.10144             | 1.15463             |
| 7/1/88-6/30/89 (inc) |                                           |                     |                     |                     |                     | 1.03672             | 1.03955             | 1.04829             |
| (cum)                |                                           |                     |                     |                     |                     | 1.03672             | 1.07772             | 1.12977             |
| 7/1/89-6/30/90 (inc) |                                           |                     |                     |                     |                     |                     | 1.03955             | 1.04829             |
| (cum)                |                                           |                     |                     |                     |                     |                     | 1.03955             | 1.08975             |

## Time-Loss Cost of Living Updates for Injuries Occurring on or after July 1, 1971

### Increment/Cumulative Factors

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                     |                     |                     |                     |                     |                     |                     |
|----------------------|-------------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                      | 7/1/92 –<br>6/30/93                       | 7/1/93 –<br>6/30/94 | 7/1/94 –<br>6/30/95 | 7/1/95 –<br>6/30/96 | 7/1/96 –<br>6/30/97 | 7/1/97 –<br>6/30/98 | 7/1/98 –<br>6/30/99 | 7/1/99 –<br>6/30/00 |
| 7/1/71-6/30/72 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 3.05143                                   | 3.26387             | 3.28684             | 3.35757             | 3.50043             | 3.68427             | 3.92714             | 4.23415             |
| 7/1/72-6/30/73 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 2.91185                                   | 3.11458             | 3.13649             | 3.20398             | 3.34032             | 3.51573             | 3.74749             | 4.04045             |
| 7/1/73-6/30/74 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 2.81660                                   | 3.01270             | 3.03389             | 3.09917             | 3.23106             | 3.40073             | 3.62491             | 3.90829             |
| 7/1/74-6/30/75 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 2.64280                                   | 2.82679             | 2.84668             | 2.90794             | 3.03166             | 3.19089             | 3.40123             | 3.66713             |
| 7/1/75-6/30/76 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 2.45766                                   | 2.62876             | 2.64726             | 2.70422             | 2.81939             | 2.96734             | 3.16295             | 3.41021             |
| 7/1/76-6/30/77 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 2.24197                                   | 2.39805             | 2.41492             | 2.46688             | 2.57187             | 2.70691             | 2.88535             | 3.11092             |
| 7/1/77-6/30/78 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 2.09075                                   | 2.23630             | 2.25204             | 2.30050             | 2.39840             | 2.52434             | 2.69074             | 2.90110             |
| 7/1/78-6/30/79 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.94851                                   | 2.08416             | 2.09883             | 2.14399             | 2.23522             | 2.35260             | 2.50768             | 2.70373             |
| 7/1/79-6/30/80 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.82744                                   | 1.95499             | 1.96874             | 2.01110             | 2.09669             | 2.20678             | 2.35225             | 2.53614             |
| 7/1/80-6/30/81 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.66893                                   | 1.78512             | 1.79767             | 1.83635             | 1.91451             | 2.01502             | 2.14785             | 2.31576             |
| 7/1/81-6/30/82 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.52935                                   | 1.63583             | 1.64733             | 1.68278             | 1.75439             | 1.84652             | 1.96824             | 2.12211             |
| 7/1/82-6/30/83 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.40504                                   | 1.50286             | 1.51343             | 1.54599             | 1.61179             | 1.69642             | 1.80825             | 1.94960             |
| 7/1/83-6/30/84 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.34917                                   | 1.44310             | 1.45325             | 1.48452             | 1.54770             | 1.62896             | 1.73634             | 1.87208             |
| 7/1/84-6/30/85 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.33262                                   | 1.42539             | 1.43543             | 1.46632             | 1.52871             | 1.60899             | 1.71505             | 1.84913             |
| 7/1/85-6/30/86 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.30898                                   | 1.40011             | 1.40996             | 1.44030             | 1.50159             | 1.58044             | 1.68462             | 1.18632             |
| 7/1/86-6/30/87 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.26648                                   | 1.35465             | 1.36418             | 1.39353             | 1.45284             | 1.52912             | 1.62992             | 1.75734             |
| 7/1/87-6/30/88 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.22066                                   | 1.30564             | 1.31482             | 1.34311             | 1.40028             | 1.47379             | 1.57094             | 1.69375             |
| 7/1/88-6/30/89 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.19437                                   | 1.27754             | 1.28651             | 1.31419             | 1.37010             | 1.44205             | 1.53711             | 1.65728             |
| 7/1/89-6/30/90 (inc) | 1.05718                                   | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             | 1.07818             |
| (cum)                | 1.15207                                   | 1.23230             | 1.24094             | 1.26764             | 1.32158             | 1.39097             | 1.48266             | 1.59857             |

## Time-Loss Cost of Living Updates for Injuries Occurring on or after July 1, 1971

### Increment/Cumulative Factors

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                     |                     |                     |                     |                     |                     |                     |
|----------------------|-------------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                      | 7/1/00 –<br>6/30/01                       | 7/1/01 –<br>6/30/02 | 7/1/02 –<br>6/30/03 | 7/1/03 –<br>6/30/04 | 7/1/04 –<br>6/30/05 | 7/1/05 –<br>6/30/06 | 7/1/06 –<br>6/30/07 | 7/1/07 –<br>6/30/08 |
| 7/1/71-6/30/72 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 4.58820                                   | 4.75296             | 4.79673             | 4.88834             | 4.99837             | 5.02982             | 5.20334             | 5.48666             |
| 7/1/72-6/30/73 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 4.37833                                   | 4.53554             | 4.57731             | 4.66473             | 4.76973             | 4.79972             | 4.96531             | 5.23567             |
| 7/1/73-6/30/74 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 4.23512                                   | 4.38718             | 4.42758             | 4.51214             | 4.61370             | 4.64272             | 4.80289             | 5.06440             |
| 7/1/74-6/30/75 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 3.97377                                   | 4.11647             | 4.15438             | 4.23372             | 4.32902             | 4.35623             | 4.50652             | 4.75190             |
| 7/1/75-6/30/76 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 3.69537                                   | 3.82807             | 3.86332             | 3.93710             | 4.02572             | 4.05104             | 4.19080             | 4.41899             |
| 7/1/76-6/30/77 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 3.37105                                   | 3.49210             | 3.52426             | 3.59157             | 3.67241             | 3.69550             | 3.82299             | 4.03115             |
| 7/1/77-6/30/78 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 3.14368                                   | 3.25657             | 3.28656             | 3.34933             | 3.42472             | 3.44627             | 3.56516             | 3.75928             |
| 7/1/78-6/30/79 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.92981                                   | 3.03502             | 3.06297             | 3.12147             | 3.19173             | 3.21179             | 3.32259             | 3.50350             |
| 7/1/79-6/30/80 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.74821                                   | 2.84690             | 2.87311             | 2.92798             | 2.99388             | 3.01271             | 3.11664             | 3.28634             |
| 7/1/80-6/30/81 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.50940                                   | 2.59951             | 2.62345             | 2.67355             | 2.73373             | 2.75092             | 2.84582             | 3.00077             |
| 7/1/81-6/30/82 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.29956                                   | 2.38214             | 2.40407             | 2.44998             | 2.50512             | 2.52086             | 2.60783             | 2.74982             |
| 7/1/82-6/30/83 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.11262                                   | 2.18848             | 2.20863             | 2.25081             | 2.30147             | 2.31594             | 2.39584             | 2.52629             |
| 7/1/83-6/30/84 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.02862                                   | 2.10147             | 2.12082             | 2.16132             | 2.20997             | 2.22386             | 2.30058             | 2.42584             |
| 7/1/84-6/30/85 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 2.00375                                   | 2.07570             | 2.09481             | 2.13482             | 2.18287             | 2.19660             | 2.27238             | 2.39611             |
| 7/1/85-6/30/86 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 1.96820                                   | 2.03888             | 2.05765             | 2.09695             | 2.14415             | 2.15762             | 2.23205             | 2.35358             |
| 7/1/86-6/30/87 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 1.90428                                   | 1.97266             | 1.99082             | 2.02884             | 2.07450             | 2.08754             | 2.15956             | 2.27714             |
| 7/1/87-6/30/88 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 1.83538                                   | 1.90129             | 1.91880             | 1.95544             | 1.99945             | 2.01201             | 2.08142             | 2.19475             |
| 7/1/88-6/30/89 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 1.79586                                   | 1.86035             | 1.87748             | 1.91333             | 1.95640             | 1.96869             | 2.03661             | 2.14750             |
| 7/1/89-6/30/90 (inc) | 1.08362                                   | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             | 1.05445             |
| (cum)                | 1.73224                                   | 1.79444             | 1.81096             | 1.84554             | 1.88708             | 1.89895             | 1.96446             | 2.07142             |

## Time-Loss Cost of Living Updates for Injuries Occurring on or after July 1, 1971

### Increment/Cumulative Factors

\* Per RCW 51.32.072 there is no COLA for the period from 7/1/11 through 6/30/12

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                  |                  |                   |
|----------------------|-------------------------------------------|------------------|------------------|-------------------|
|                      | 7/1/08 – 6/30/09                          | 7/1/09 – 6/30/10 | 7/1/10 – 6/30/11 | 7/1/11 – 6/30/12* |
| 7/1/71-6/30/72 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 5.76198                                   | 5.95973          | 6.07528          | 6.07528           |
| 7/1/72-6/30/73 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 5.49839                                   | 5.68709          | 5.79736          | 5.79736           |
| 7/1/73-6/30/74 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 5.31853                                   | 5.50106          | 5.60772          | 5.60772           |
| 7/1/74-6/30/75 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 4.99035                                   | 5.16161          | 5.26169          | 5.26169           |
| 7/1/75-6/30/76 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 4.64072                                   | 4.79999          | 4.89306          | 4.89306           |
| 7/1/76-6/30/77 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 4.23343                                   | 4.37872          | 4.46362          | 4.46362           |
| 7/1/77-6/30/78 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 3.94792                                   | 4.08341          | 4.16258          | 4.16258           |
| 7/1/78-6/30/79 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 3.67930                                   | 3.80557          | 3.87936          | 3.87936           |
| 7/1/79-6/30/80 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 3.45124                                   | 3.56968          | 3.63889          | 3.63889           |
| 7/1/80-6/30/81 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 3.15134                                   | 3.25949          | 3.32269          | 3.32269           |
| 7/1/81-6/30/82 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.88780                                   | 2.98690          | 3.04481          | 3.04481           |
| 7/1/82-6/30/83 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.65305                                   | 2.74410          | 2.79730          | 2.79730           |
| 7/1/83-6/30/84 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.54756                                   | 2.63499          | 2.68608          | 2.68608           |
| 7/1/84-6/30/85 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.51634                                   | 2.60270          | 2.65316          | 2.65316           |
| 7/1/85-6/30/86 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.47168                                   | 2.55650          | 2.60607          | 2.60607           |
| 7/1/86-6/30/87 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.39140                                   | 2.47347          | 2.52143          | 2.52143           |
| 7/1/87-6/30/88 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.30488                                   | 2.38398          | 2.43020          | 2.43020           |
| 7/1/88-6/30/89 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.25526                                   | 2.33266          | 2.37789          | 2.37789           |
| 7/1/89-6/30/90 (inc) | 1.05018                                   | 1.03432          | 1.01939          | 1.00000           |
| (cum)                | 2.17536                                   | 2.25001          | 2.29363          | 2.29363           |

**Time-Loss Cost of Living Updates for Injuries  
Occurring on or after July 1, 1971**

**Increment/Cumulative Factors**

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                     |                     |                     |                     |                     |                     |                     |
|----------------------|-------------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                      | 7/1/91 –<br>6/30/92                       | 7/1/92 –<br>6/30/93 | 7/1/93 –<br>6/30/94 | 7/1/94 –<br>6/30/95 | 7/1/95 –<br>6/30/96 | 7/1/96 –<br>6/30/97 | 7/1/97 –<br>6/30/98 | 7/1/98 –<br>6/30/99 |
| 7/1/90-6/30/91 (inc) | 1.04829                                   | 1.05718             | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             |
| (cum)                | 1.04829                                   | 1.10824             | 1.18541             | 1.19373             | 1.21941             | 1.27130             | 1.33805             | 1.42625             |
| 7/1/91-6/30/92 (inc) |                                           | 1.05718             | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             |
| (cum)                |                                           | 1.05718             | 1.13080             | 1.13873             | 1.16323             | 1.21273             | 1.27641             | 1.36055             |
| 7/1/92-6/30/93 (inc) |                                           |                     | 1.06963             | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             |
| (cum)                |                                           |                     | 1.06963             | 1.07714             | 1.10032             | 1.14713             | 1.20737             | 1.28696             |
| 7/1/93-6/30/94 (inc) |                                           |                     |                     | 1.00703             | 1.02152             | 1.04255             | 1.05252             | 1.06592             |
| (cum)                |                                           |                     |                     | 1.00703             | 1.02870             | 1.07247             | 1.12879             | 1.20320             |
| 7/1/94-6/30/95 (inc) |                                           |                     |                     |                     | 1.02152             | 1.04255             | 1.05252             | 1.06592             |
| (cum)                |                                           |                     |                     |                     | 1.02152             | 1.06498             | 1.12091             | 1.19480             |
| 7/1/95-6/30/96 (inc) |                                           |                     |                     |                     |                     | 1.04255             | 1.05252             | 1.06592             |
| (cum)                |                                           |                     |                     |                     |                     | 1.04255             | 1.09730             | 1.16963             |
| 7/1/96-6/30/97 (inc) |                                           |                     |                     |                     |                     |                     | 1.05252             | 1.06592             |
| (cum)                |                                           |                     |                     |                     |                     |                     | 1.05252             | 1.12190             |
| 7/1/97-6/30/98 (inc) |                                           |                     |                     |                     |                     |                     |                     | 1.06592             |
| (cum)                |                                           |                     |                     |                     |                     |                     |                     | 1.06592             |

**Time-Loss Cost of Living Updates for Injuries  
Occurring on or after July 1, 1971**

**Increment/Cumulative Factors**

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                     |                     |                     |                     |                     |                     |                     |
|----------------------|-------------------------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
|                      | 7/1/99 –<br>6/30/00                       | 7/1/00 –<br>6/30/01 | 7/1/01 –<br>6/30/02 | 7/1/02 –<br>6/30/03 | 7/1/03 –<br>6/30/04 | 7/1/04 –<br>6/30/05 | 7/1/05 –<br>6/30/06 | 7/1/06 –<br>6/30/07 |
| 7/1/90-6/30/91 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.53775                                   | 1.66634             | 1.72618             | 1.74207             | 1.77534             | 1.81530             | 1.82669             | 1.88971             |
| 7/1/91-6/30/92 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.46691                                   | 1.58957             | 1.64665             | 1.66181             | 1.69355             | 1.73167             | 1.74256             | 1.80267             |
| 7/1/92-6/30/93 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.38757                                   | 1.50360             | 1.55759             | 1.57193             | 1.60195             | 1.63801             | 1.64830             | 1.70516             |
| 7/1/93-6/30/94 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.29726                                   | 1.40574             | 1.45622             | 1.46963             | 1.49769             | 1.53141             | 1.54103             | 1.59419             |
| 7/1/94-6/30/95 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.28820                                   | 1.39592             | 1.44605             | 1.45936             | 1.48723             | 1.52070             | 1.53024             | 1.58303             |
| 7/1/95-6/30/96 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.26107                                   | 1.36652             | 1.41559             | 1.42862             | 1.45590             | 1.48867             | 1.49803             | 1.54971             |
| 7/1/96-6/30/97 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.20961                                   | 1.31076             | 1.35783             | 1.37033             | 1.39650             | 1.42793             | 1.43689             | 1.48646             |
| 7/1/97-6/30/98 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.14925                                   | 1.24535             | 1.29007             | 1.30195             | 1.32681             | 1.35667             | 1.36520             | 1.41229             |
| 7/1/98-6/30/99 (inc) | 1.07818                                   | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                | 1.07818                                   | 1.16834             | 1.21030             | 1.22144             | 1.24476             | 1.27279             | 1.28075             | 1.32493             |
| 7/1/99-6/30/00 (inc) |                                           | 1.08362             | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                |                                           | 1.08362             | 1.12253             | 1.13286             | 1.15449             | 1.18047             | 1.18789             | 1.22887             |
| 7/1/00-6/30/01 (inc) |                                           |                     | 1.03591             | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                |                                           |                     | 1.03591             | 1.04545             | 1.06541             | 1.08939             | 1.09624             | 1.13406             |
| 7/1/01-6/30/02 (inc) |                                           |                     |                     | 1.00921             | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                |                                           |                     |                     | 1.00921             | 1.02848             | 1.05163             | 1.05824             | 1.09474             |
| 7/1/02-6/30/03 (inc) |                                           |                     |                     |                     | 1.01910             | 1.02251             | 1.00629             | 1.03450             |
| (cum)                |                                           |                     |                     |                     | 1.01910             | 1.04204             | 1.04859             | 1.08476             |
| 7/1/03-6/30/04 (inc) |                                           |                     |                     |                     |                     | 1.02251             | 1.00629             | 1.03450             |
| (cum)                |                                           |                     |                     |                     |                     | 1.02251             | 1.02894             | 1.06443             |
| 7/1/04-6/30/05 (inc) |                                           |                     |                     |                     |                     |                     | 1.00629             | 1.03450             |
| (cum)                |                                           |                     |                     |                     |                     |                     | 1.00629             | 1.04100             |
| 7/1/05-6/30/06 (inc) |                                           |                     |                     |                     |                     |                     |                     | 1.03450             |
| (cum)                |                                           |                     |                     |                     |                     |                     |                     | 1.03450             |

## Time-Loss Cost of Living Updates for Injuries Occurring on or after July 1, 1971

### Increment/Cumulative Factors

\* Per RCW 51.32.072 there is no COLA for the period from 7/1/11 through 6/30/12

| Date of Injury       | Dates for Cost of Living Adjustment Rates |                     |                     |                     |                      |
|----------------------|-------------------------------------------|---------------------|---------------------|---------------------|----------------------|
|                      | 7/1/07 –<br>6/30/08                       | 7/1/08 –<br>6/30/09 | 7/1/09 –<br>6/30/10 | 7/1/10 –<br>6/30/11 | 7/1/11 –<br>6/30/12* |
| 7/1/90-6/30/91 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.99260                                   | 2.09258             | 2.16439             | 2.20635             | 2.20635              |
| 7/1/91-6/30/92 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.90082                                   | 1.99620             | 2.06471             | 2.10474             | 2.10474              |
| 7/1/92-6/30/93 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.79800                                   | 1.88822             | 1.95302             | 1.99088             | 1.99088              |
| 7/1/93-6/30/94 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.68099                                   | 1.76534             | 1.82592             | 1.86132             | 1.86132              |
| 7/1/94-6/30/95 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.66922                                   | 1.75298             | 1.81314             | 1.84829             | 1.84829              |
| 7/1/95-6/30/96 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.63409                                   | 1.71608             | 1.77497             | 1.80938             | 1.80938              |
| 7/1/96-6/30/97 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.56739                                   | 1.64604             | 1.70253             | 1.73554             | 1.73554              |
| 7/1/97-6/30/98 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.48918                                   | 1.56390             | 1.61757             | 1.64893             | 1.64893              |
| 7/1/98-6/30/99 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.39707                                   | 1.46717             | 1.51752             | 1.54694             | 1.54694              |
| 7/1/99-6/30/00 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.29578                                   | 1.36080             | 1.40750             | 1.43479             | 1.43479              |
| 7/1/00-6/30/01 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.19581                                   | 1.25581             | 1.29890             | 1.32408             | 1.32408              |
| 7/1/01-6/30/02 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.15434                                   | 1.21226             | 1.25386             | 1.27817             | 1.27817              |
| 7/1/02-6/30/03 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.14382                                   | 1.20121             | 1.24243             | 1.26652             | 1.26652              |
| 7/1/03-6/30/04 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.12238                                   | 1.17870             | 1.21915             | 1.24278             | 1.24278              |
| 7/1/04-6/30/05 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.09768                                   | 1.15276             | 1.19232             | 1.21543             | 1.21543              |
| 7/1/05-6/30/06 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.09082                                   | 1.14555             | 1.18486             | 1.20783             | 1.20783              |
| 7/1/06-6/30/07 (inc) | 1.05445                                   | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                | 1.05445                                   | 1.10736             | 1.14536             | 1.16756             | 1.16756              |
| 7/1/07-6/30/08 (inc) |                                           | 1.05018             | 1.03432             | 1.01939             | 1.00000              |
| (cum)                |                                           | 1.05018             | 1.08622             | 1.10728             | 1.10728              |
| 7/1/08-6/30/09 (inc) |                                           |                     | 1.03432             | 1.01939             | 1.00000              |
| (cum)                |                                           |                     | 1.03432             | 1.05437             | 1.05437              |
| 7/1/09-6/30/10 (inc) |                                           |                     |                     | 1.01939             | 1.00000              |
| (cum)                |                                           |                     |                     | 1.01939             | 1.01939              |

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**Time-Loss Cost of Living Updates for Injuries  
Occurring on or after July 1, 1971**

**Increment/Cumulative Factors**

\* Per RCW 51.32.072 there is no COLA for the period from 7/1/11 through 6/30/12

| Date of Injury       | Dates for Cost of Living Adjustment Rates |  |  |  |  |
|----------------------|-------------------------------------------|--|--|--|--|
|                      | 7/1/11 –<br>6/30/12*                      |  |  |  |  |
| 7/1/10-6/30/11 (inc) | 1.00000                                   |  |  |  |  |
| (cum)                | 1.00000                                   |  |  |  |  |