Helping you get back to good health and your job

L&I’s Medical Provider Network

Find network providers
See www.FindADoc.Lni.wa.gov or call your employer for help.

What about providers that are not required to join the network?
Other types of providers (not in the list on Page 3) and out-of-state providers do not need to join the network at this time. Providers that do NOT need to join the network include physical, occupational, and massage therapists; pharmacies; and hospitals, among others.

You can find these network-exempt providers at www.FindADoc.Lni.wa.gov and you can see them for covered services.

Learn more about the network

Questions?
Contact your employer or their third-party administrator.
Here are 2 options for contacting them:
2. Call L&I at 360-902-6901.

FY13-276 [02-2013]
What is L&I’s new Medical Provider Network?
The network is a group of doctors and other health-care providers that L&I has approved to care for injured workers in Washington State. Our network providers meet standards similar to those used by most other health insurance companies in our state.

How does the new network change my medical benefits?
Starting January 1, 2013, only those providers that are in the L&I medical network can provide ongoing care for your work-related injury or condition.

What should I do if my provider is not in the network?
Contact your doctor or health-care provider right away and encourage them to join.

How can I check my provider’s network status?

What if my provider doesn’t plan to join?
If your doctor or health-care provider is not in the network and does not plan to join, you must find a new provider for ongoing care. Ask your current provider for a referral. Or look for a new provider at [www.FindADoc.Lni.wa.gov](http://www.FindADoc.Lni.wa.gov). Contact new providers to make sure they are accepting patients.

Once you have found a new provider, request a transfer of care by contacting your employer.

Do I need to use network providers for all of my care?
You must use a network provider whenever you need care from the types of providers that are required to join the L&I network (listed below).

Which provider types must join the network?
Effective January 1, 2013, the following types of providers must be in the network to treat injured workers:
- Physicians
- Advanced registered nurse practitioners
- Chiropractors
- Naturopathic physicians
- Dentists
- Podiatric physicians and surgeons
- Physician assistants
- Optometrists
- Physician assistants

If they aren’t in the network, your employer will not pay them for treating you except for the first time you see your doctor to file the claim.

(At this time, out-of-state providers are not required to join the network.)

Can providers bill me for treating my work-related injury or condition?
No. Providers should not bill you for medical treatment allowed for your claim. You are not obligated to pay for these services; you should call your claim manager if you receive a bill.