OCCUPATIONAL HEALTH **BEST PRACTICES**

WORKING TOGETHER TO KEEP PEOPLE WORKING

Self Insurance Colloquium
Strategic Vision on Quality Care

Washington State Department of
Labor & Industries

Strategic Vision on Quality Care

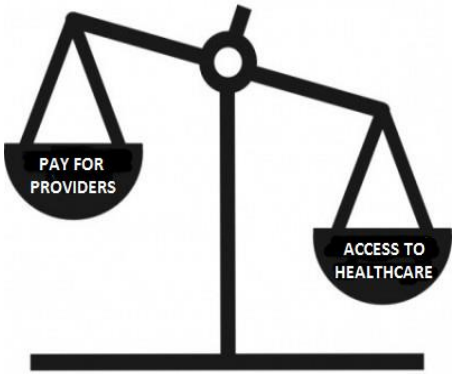
L&I Will:

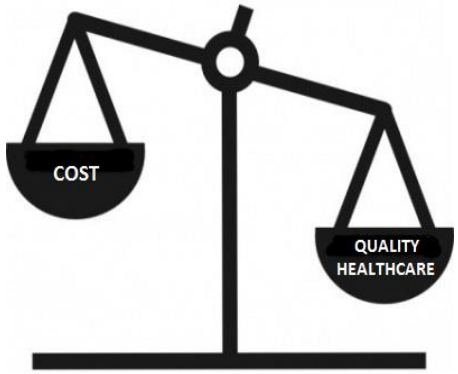
- Describe how L&I's medical management focus is on Quality Care – a different focus than typical insurance
- Describe the impact using this strategy has on our state fund
- Describe why disability reduction is key
- Provide an update on COHE results and
- Explain how L&I is expanding its strategy to include more best practices and use the evidence based collaborative care model

Group Health Will:

- Describe Group Health's experience with collaborative care, especially in the context of being a self-insured health care delivery organization and participating in COHE

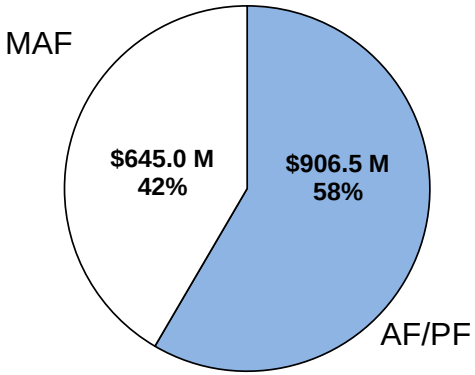
MEDICAL MANAGEMENT – typically balancing interests



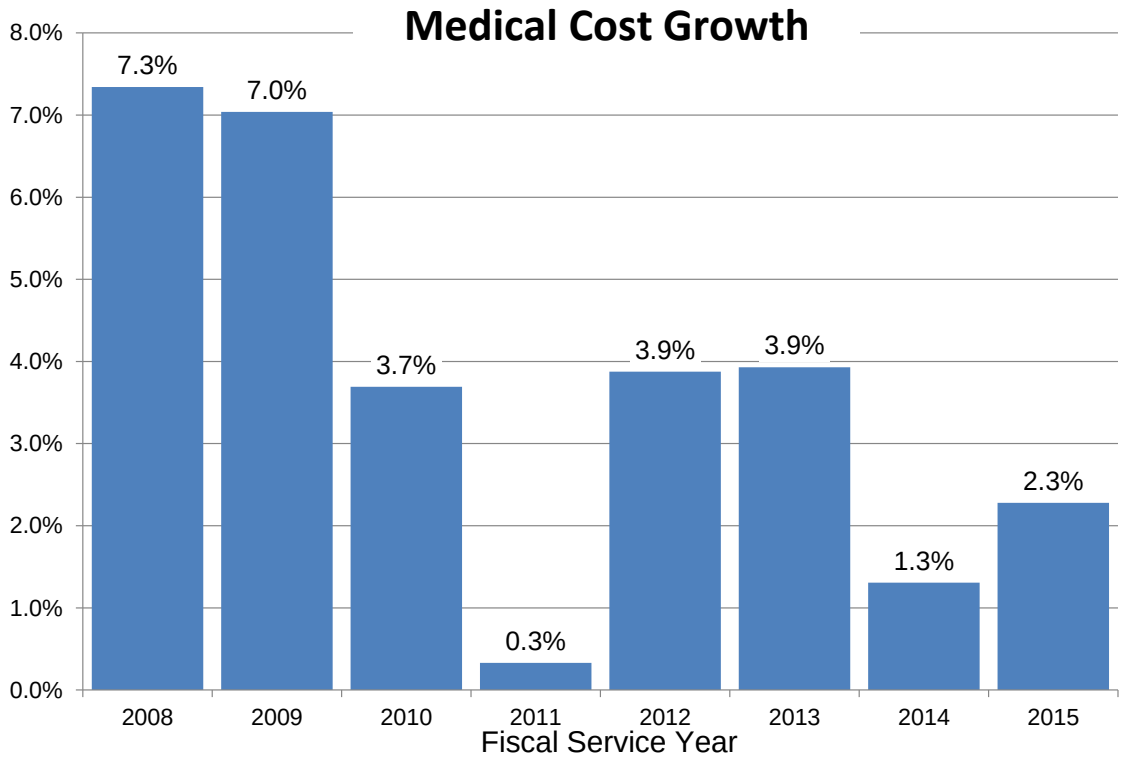


Size and Growth of WA Medical Aid Fund

Benefits Incurred for Accident Year Ending 12/31/15

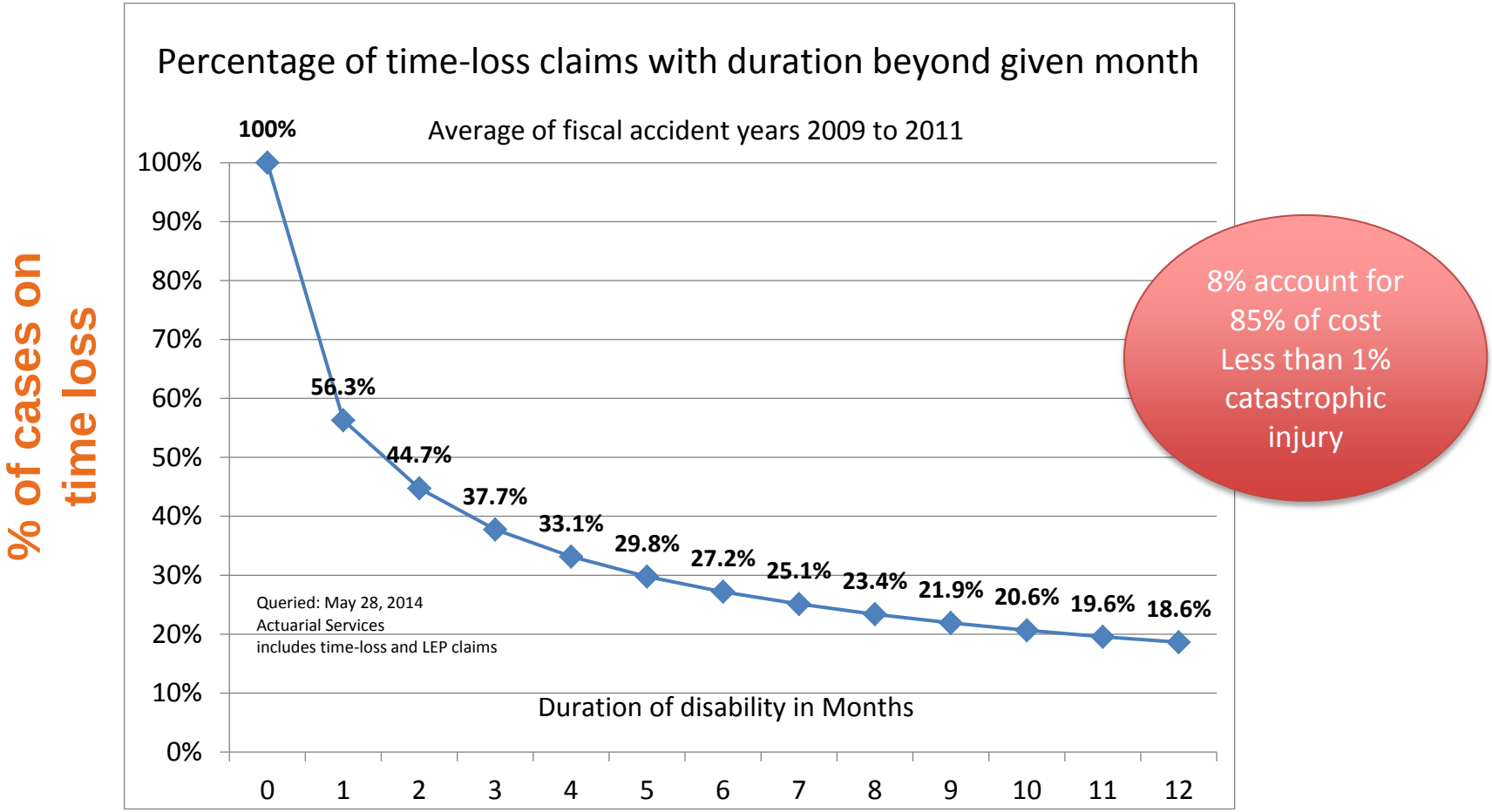


MAF – Medical Aid Fund
AF – Accident Fund
PF – Pension Fund



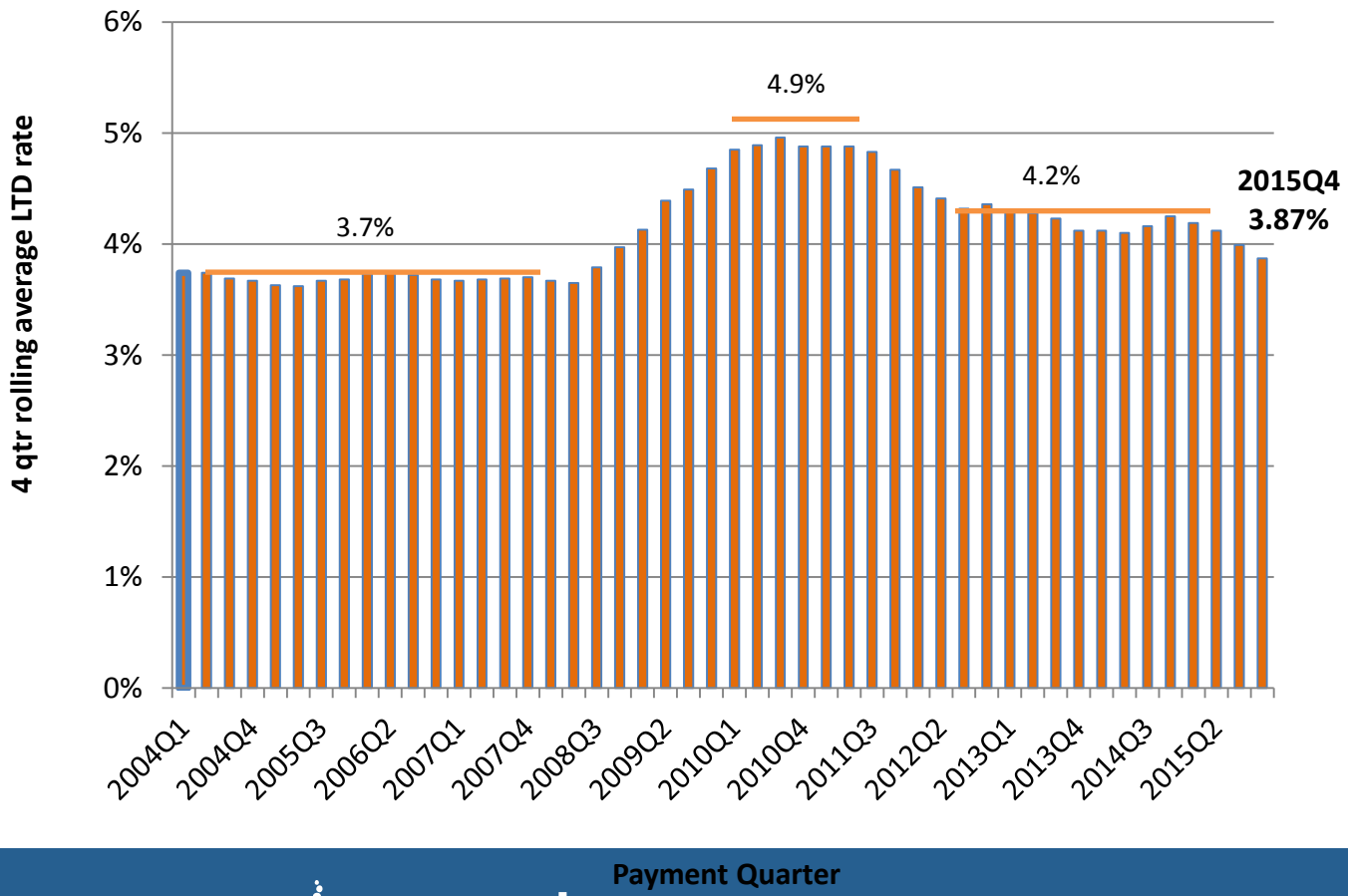
*Goal is under 4%

Disability Prevention is the Key Medical Management and Health Policy Issue



Our ultimate goal is to reduce the number of injured workers who experience long-term disability.

Long-term disability is the share of ultimate claims that receive a time-loss payment 12 months from injury.



The goal is to decrease this number.

Washington's Strategies to Prevent Disability

Payer Basics

- Fee Schedule
- Provider Education and Outreach
- Provider Network

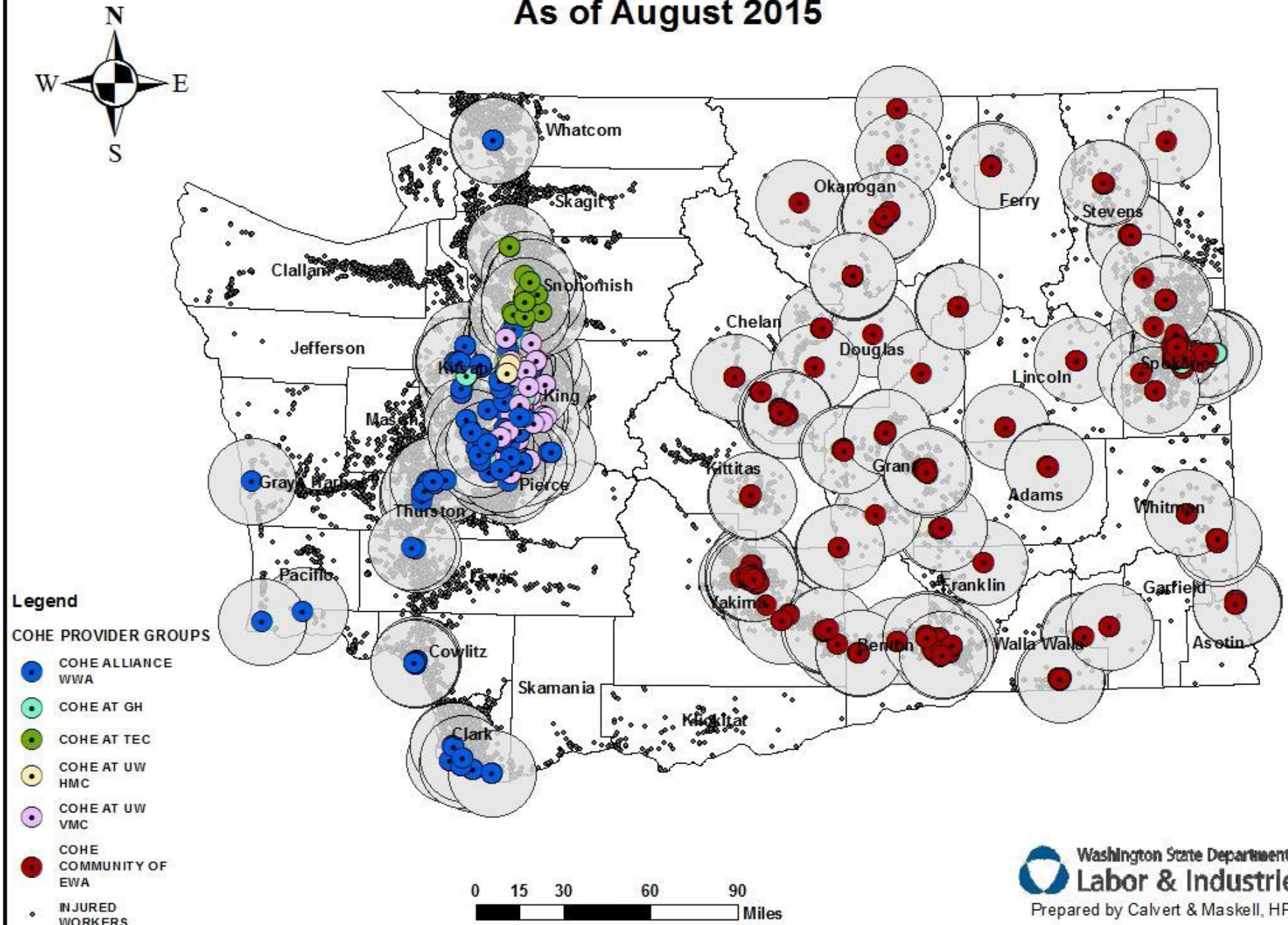
Reduce Harm

- Risk of Harm
- Utilization Review
- Treatment Guidelines

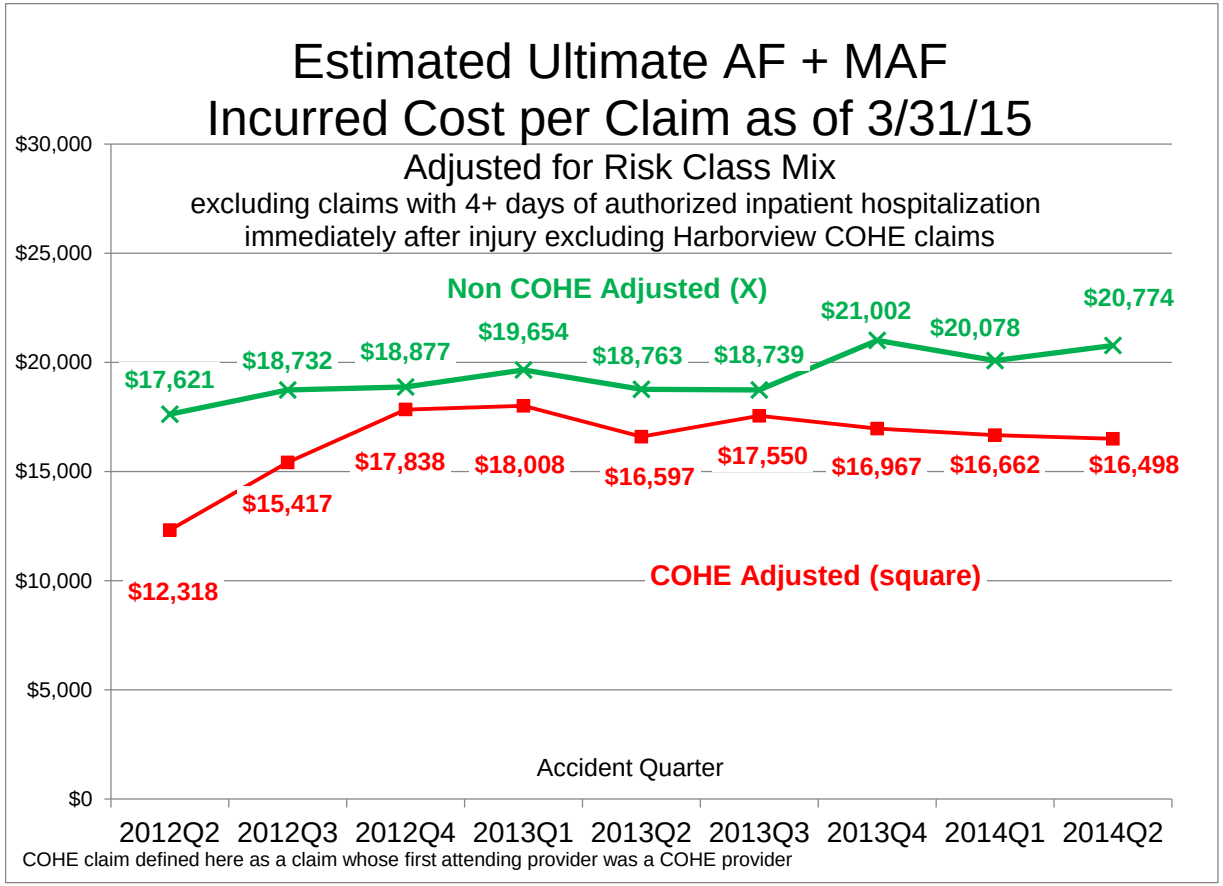
Identify and Pay for Quality Clinical Care

- Centers for Occupational Health and Education (COHE)
- Top Tier
- New Evidence Based Best Practices

All Injured Workers With 15-mile Radii From Current Active COHE Providers As of August 2015



COHE Results

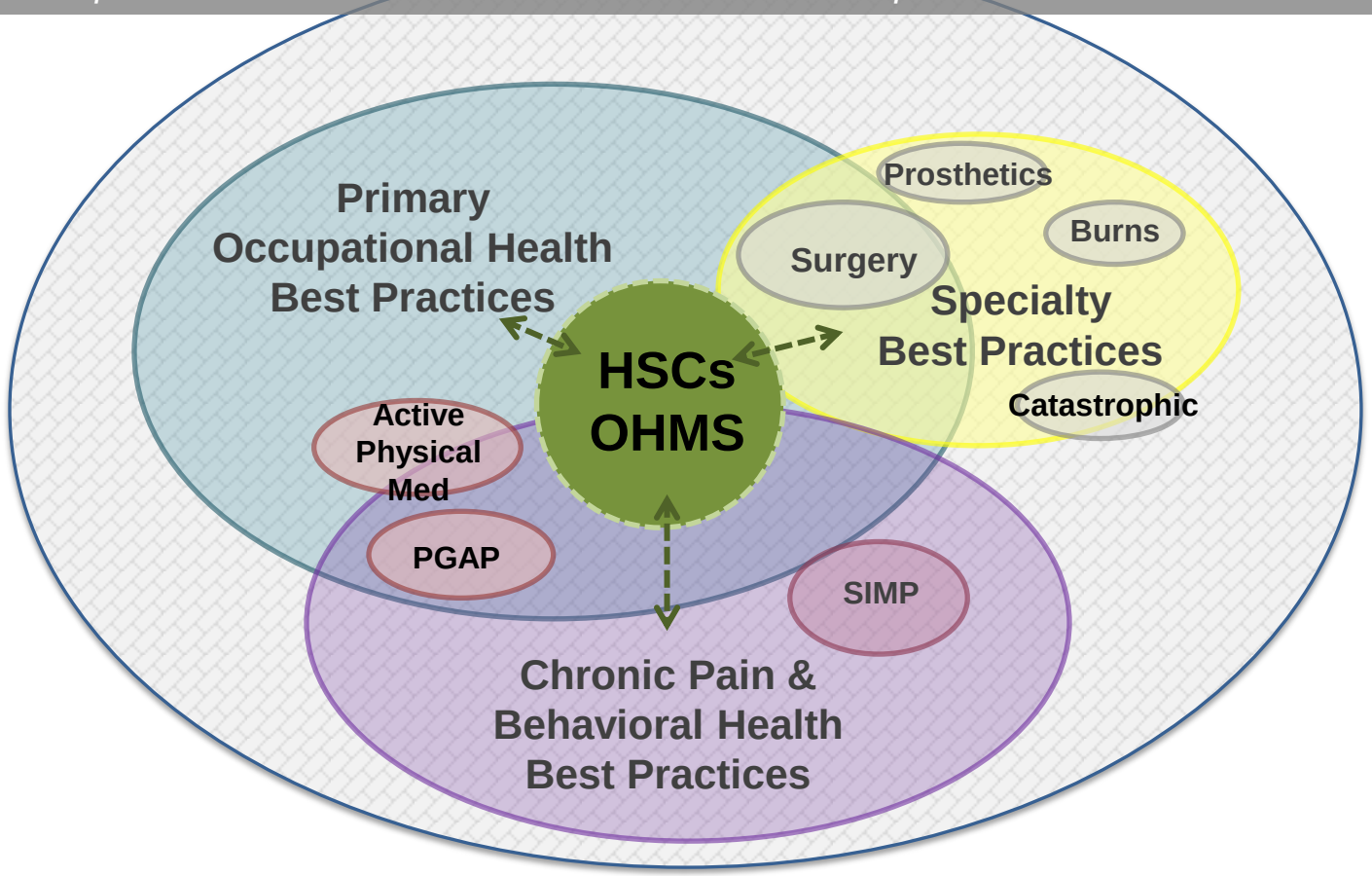


- About 50% of claims initiated with COHE Provider
- About 3,000 COHE providers (out of 25,000 Network providers)

WA Healthy Worker 2020

Innovation in Collaborative, Accountable Care

An Occupational Health Home for the Prevention and Adequate Treatment of Chronic Pain



Questions

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