

What are the Benefits?

Serving 16 counties in Eastern Washington



St. Luke's Rehabilitation Institute
Center of Occupational
Health & Education



Health Care Providers

- Improved capability to treat injured workers.
- Incorporate occupational medicine best practices.
- Access to Health Services Coordinator (HSC) - a real person! - and experts.
- Access to web-based tracking program - 'ATHENA'.
- Potential for increased reimbursement for communication, paperwork and decision-making. "Aligning payment incentives with quality."

Employers

- Employers save money! COHE provides a means to reduce industrial insurance cost.
- Access to 'ATHENA' and HSC's.
- Assures and streamlines prompt communication among employers, doctors and injured workers.

Injured Workers

- Access to quality health care for injured worker.
- Help getting back to work.
- Access to 'ATHENA' and HSC's.
- Better understanding of work injury, recovery and return-to-work process.

COHE
Working
Together
to get people
back to work

Center of Occupational Health & Education

St. Luke's Rehabilitation Institute

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Screenshots from the new COHE Web Application 'ATHENA'



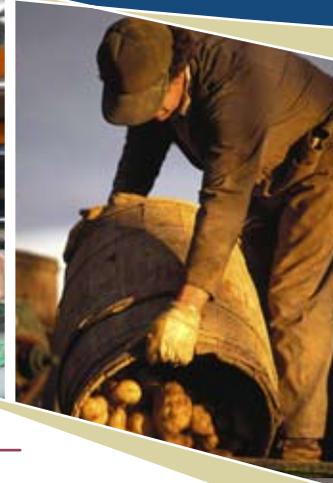
UNIVERSITY OF
WASHINGTON

A Community Resource
for the Injured Worker



A PILOT PROJECT SPONSORED BY
St. Luke's Rehabilitation Institute
funded by the Dept. of Labor & Industries

As a pilot project, COHE partners with the community to help improve the workers' compensation system.



What is the Center of Occupational Health & Education?

COHE is a pilot project funded by the Washington State Department of Labor and Industries. It has two primary goals:

- To improve injured worker outcomes
- To prevent disability

To meet these goals, the project coordinates the physician, the employer and the worker or labor group in a cooperative effort to return the worker to the workplace in a timely manner.

The Eastern Washington COHE is sponsored by *St. Luke's Rehabilitation Institute* of Spokane. What initially encompassed 3 counties in the initial phase has been expanded to 16 counties.

COHE partners with the business, labor, and health care communities. COHE is committed to using state-of-the-art technology to enhance the return-to-work process and to make it more user-friendly.

How does COHE work?

- Assists physicians who treat injured workers in using occupational health best practices to safely return their patients to work.
- Assists employers in working side-by-side with the physician and injured worker to make the return to work a positive and efficient process. Assists in helping injured workers receive the correct treatment in a timely manner.
- Physician access to a web-based tracking system and Health Services Coordinators (HSC) improves early management of injury claims and work loss issues. Access by participating employers, employer representatives, injured workers and their advocates is also available.
- Provides community training and education regarding injury prevention and work place safety.
- Gathers outcomes data to be analyzed by the University of Washington and the Department of Labor and Industries.

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How do I learn more about COHE?

Basic COHE information is easily viewed by accessing our COHE outreach web portal: www.goCOHE.com; including application forms for participation and real-time navigation of demo-cases in the Web-based tracking system.

More detail of the COHE projects can be found on the general domain pages of the COHE website www.spokanecohe.stlukesrehab.org.

The St. Luke's COHE office staff stands ready to provide additional information toward your participation as a health care provider, employer or injured worker/labor union. The COHE contact information can be found on reverse of this brochure.

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