



OCCUPATIONAL HEALTH **BEST PRACTICES**

WORKING TOGETHER TO KEEP PEOPLE WORKING

Catastrophic Care Transformation

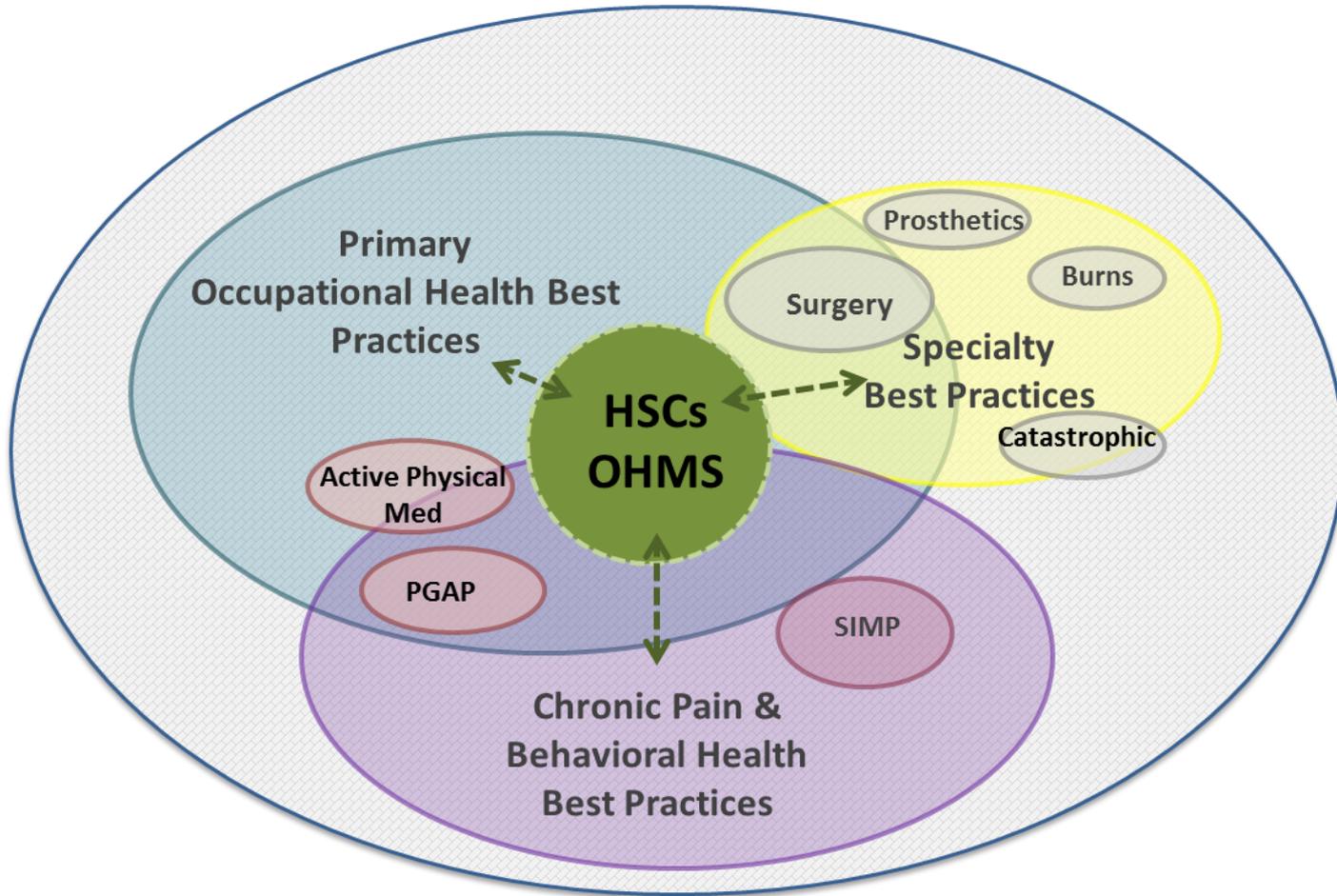
Nicholas K. Reul, MD, MPH

January 28, 2016

Healthy Worker 2020

Innovation in Collaborative, Accountable Care

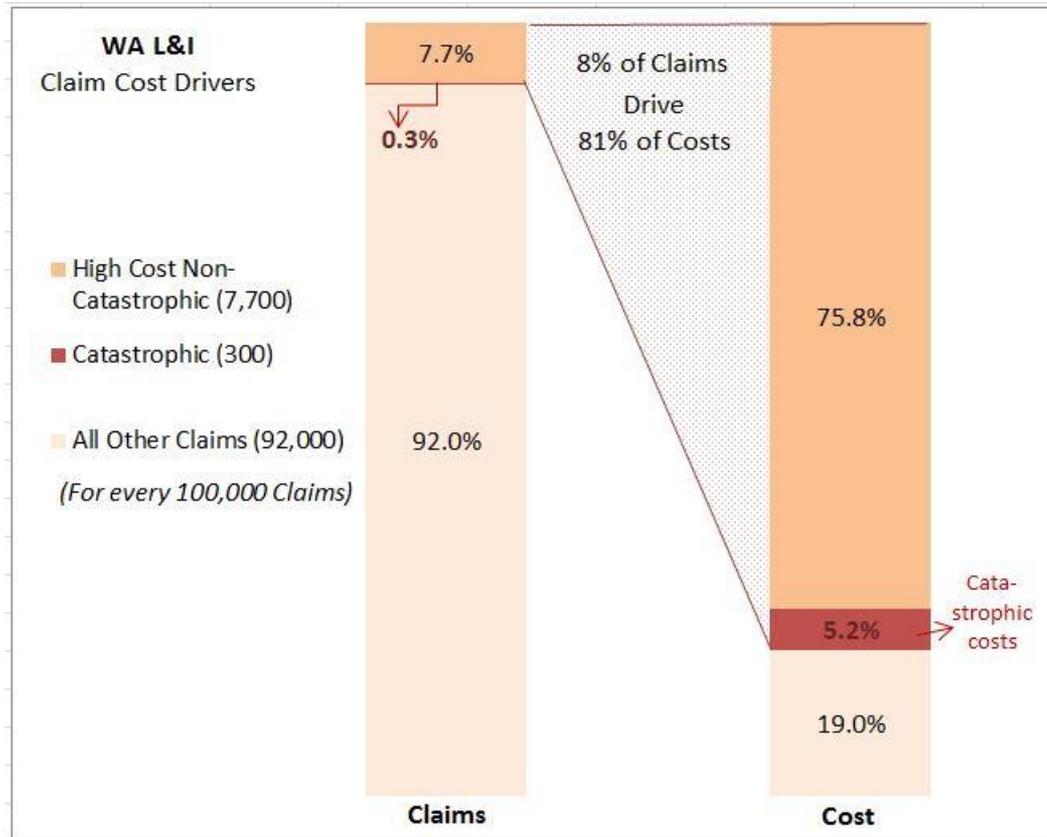
Catastrophic Care
Transformation



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Washington Labor and Industries Claim Cost Drivers (March 2015)



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Diagnosis count among high cost claims (non-catastrophic, fiscal year 2009-10)

Diagnosis	Count (5274 unique claims)
LUMBAR & LUMBOSACRAL SPRAIN AND STRAIN	2002
NECK SPRAIN AND STRAIN	1077
SPRAIN & STRAIN UNSPEC SITE SHOULDER & UPPER ARM	920
SPRAIN & STRAIN OF UNSPECIFIED SITE OF KNEE & LEG	645
THORACIC SPRAIN AND STRAIN	625
DISPLCMT LUMBAR INTERVERT DISC W/O MYELOPATHY	423
ROTATOR CUFF SPRAIN AND STRAIN	358
CARPAL TUNNEL SYNDROME	304
SPRAIN & STRAIN OTH SPEC SITES SHOULDER & UPPER ARM	295
DEPRESSIVE DISORDER NOT ELSEWHERE CLASSIFIED	292



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Goals/areas of activity:

- Care coordination, communication and planning
- Improved data systems
- Improved access to evidence-based medical care

5 Point Transformation Plan

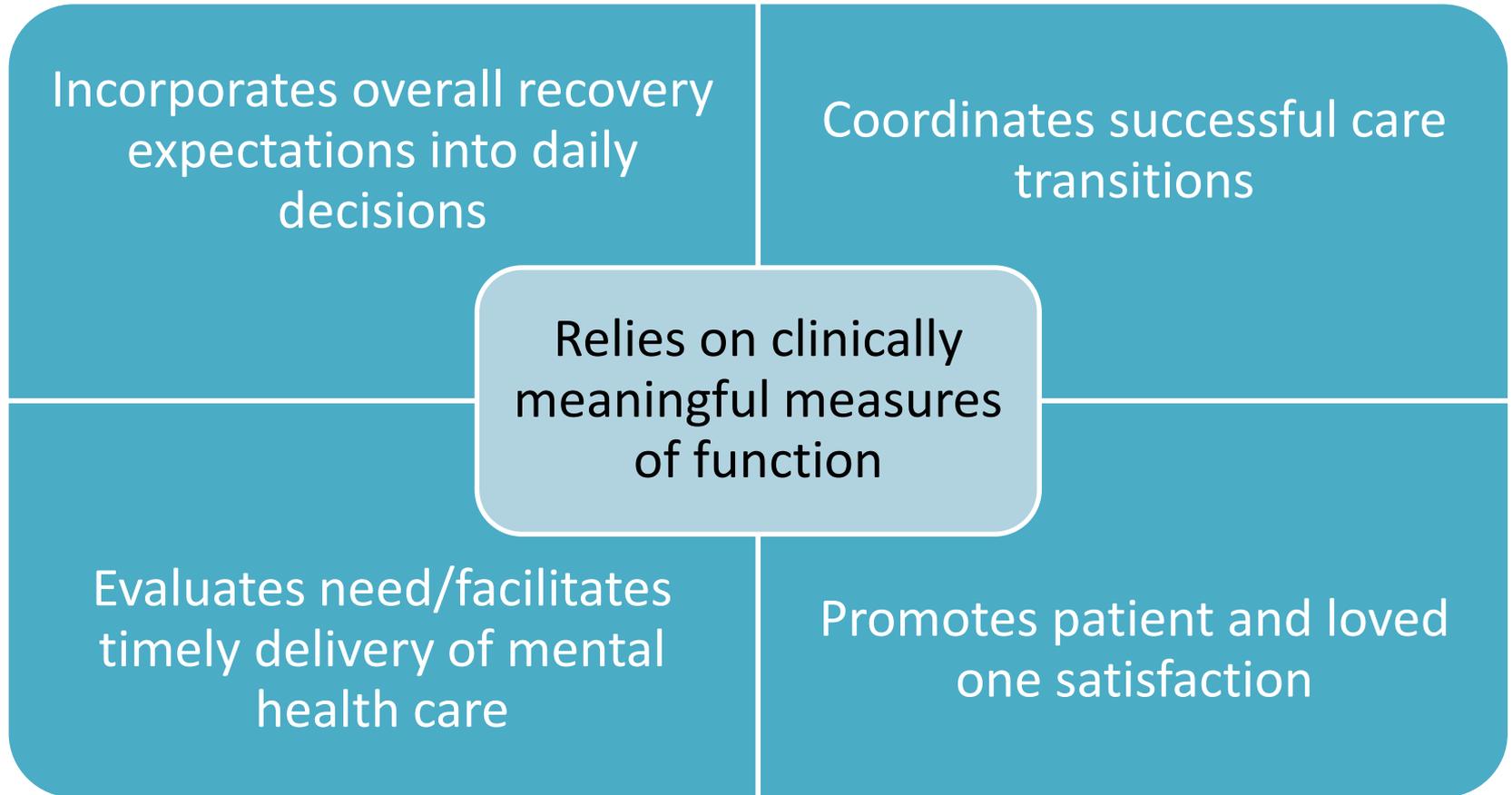
1. Strategically reallocate internal L&I resources for catastrophically injured worker care management (occupational nurse consultant/claim manager)
2. Conduct RFP for external catastrophic care management services
3. Establish Centers of Excellence—first for Amputee Care
4. Establish catastrophic health services coordinator role
5. Conduct prospective evaluation for catastrophic management



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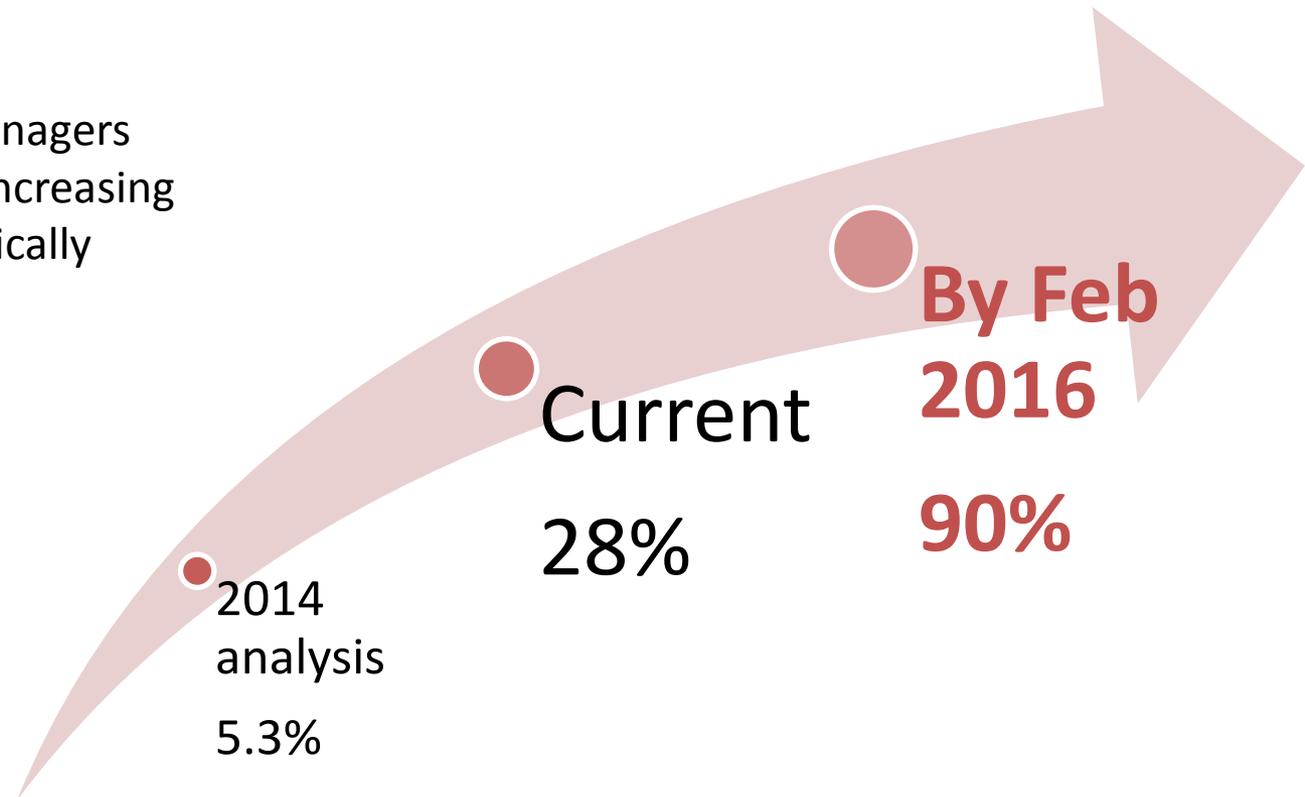
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A foundation of outcomes



RFP for external catastrophic care management services

- RFP is complete, three contracts are signed
- External nurse case managers are being assigned to increasing numbers of catastrophically injured workers



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Strategically reallocate internal L&I resources

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Transformation



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Occupational Health Management System— Catastrophic Care Live Demo

Please see handout



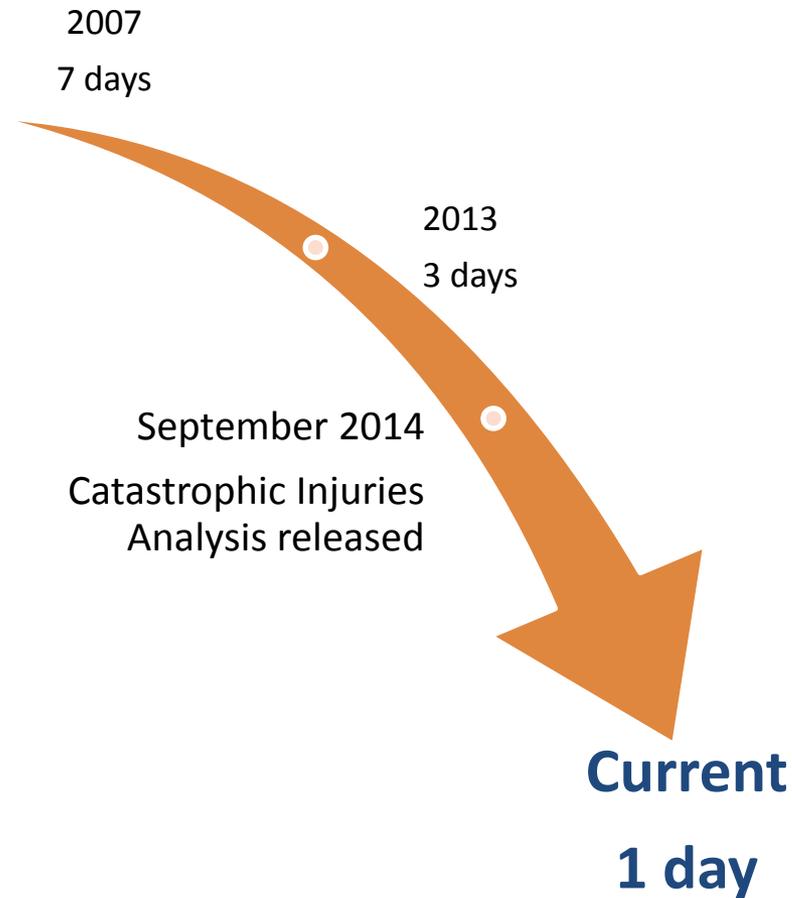
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Care Transformation—*Delivering Results*

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Median time from date of injury to receipt of report of accident



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Progress continues on initial Center of Excellence for Amputee Care—Goals:

- A specialty medical home for catastrophically injured workers
- Outcomes measurement and accountability
- COHE integration
- Bridging geography with telemedicine

Exploring remaining care coordination delivery needs

- Integrate with L&I catastrophic care team, external catastrophic care management services
- OHMS tracking—**57%** of catastrophically injured workers are treated at Harborview Medical Center



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