Physical Medicine Stakeholder Workgroup
August 17, 2017
AGENDA

• Welcome, Introductions
• Physical Medicine Best Practices Project – Overview
• Report on Phase 1 of Project
• Work Group Role, Responsibilities and Resources
• Phase 2 of Project – Group Activity
• Round Robin
• Wrap Up – Next Agenda Items

Introductions

• Name, Profession
• Where You Work
• How Long in Physical Medicine
• Why You Want to Participate
• What Do You Hope to Gain
Physical Medicine Best Practices
Healthy Worker 2020 Component
August 17, 2017

HW2020 Project Overview

- 2011 Legislation – Workers Compensation Reform
- Provider Network for services to injured workers
- Expansion of Centers for Occupational Health & Education (COHE)
- **Promote Occupational Health Best Practices and Incentives**
Ensure workers receive effective, efficient, timely, coordinated and consistent physical and occupational therapy services which focus on clinically meaningful improvement in function and return to work.
GOALS

- Enhance integration with primary occupational care
- Prevention of chronic pain and disability
- Empower workers in self-reliance skills
- Align with existing HW2020 best practice programs
- Pursue approaches that optimize interventions
- Increase emphasis on validated measures for functional improvement

Physical Medicine Project

- Evidence-Based Best Practices
- Adoption of Best Practices
- Clinically Meaningful Improvement
- Provider Incentives

- Physical Therapy
- Occupational Therapy
- Others (Future)
- Most Effective, Efficient methods

- Standardize Functional Improvement Measurement Tools
- Measure Improvement
- Patient Engagement

- Provider Outreach (AP, PT, OT)
- Continuing Education
- Communications

- Innovative Incentives
- Performance Improvement Based
- Align with other HW2020 Programs
IN SCOPE

• Identify policy options to facilitate adoption of best clinical and documentation practices
• Preserve ability and flexibility to tailor care to individual patient needs.
• Identify metrics and documentation practices that capture progress.
• Determine technology needs relative to core L&I systems
• Align and integrate with other L&I initiatives

OUT OF SCOPE

• Consideration of consistent payment policies for other physical medicine service providers.
• Establishing a top tier and/or therapy provider network.
Purpose of Stakeholder Therapy Workgroup

• Contribute expertise to L&I workgroup to enhance adoption of evidence-informed best practices
• Serve as a professional resource to help inform department policy development
• Assist in managing feedback from community providers

COMMITMENT INVOLVED

• Review drafts of information, policy proposals, other documents
• Conference calls – Not to exceed 1-2 times per month for up to one hour
• In-person meetings – Not to exceed one every other month for up to 3 hours
• Two year commitment
Presentation title
Implementation to support adoption of PT/OT Best Practices

Identify potential Infrastructures for documenting, payment, and tracking Functional Improvement with PT/OT care

Physical Medicine Best Practices Evidence Summaries (Practice and Policy)

MILESTONES

PHASE 1
Target Date - July 2017

PHASE 2
Target Date - July 2018

PHASE 3
Target Date - June 2019

Implementation to support adoption of PT/OT Best Practices

Slide 13

Slide 14
MILESTONES

PHASE 1
Target Date - July 2017
- Physical Medicine Best Practices Evidence Summaries (Practice and Policy)

PHASE 2
Target Date - July 2018
- Identify potential Infrastructures for documenting, payment, and tracking Functional Improvement with PT/OT care

PHASE 3
Target Date - June 2019
- Implementation to support adoption of PT/OT Best Practices

CONTACT INFORMATION

• Labor & Industries Project Staff
  – Susan Reynolds-Sherman, Project Manager
    • Susan.Reynolds-Sherman@lni.wa.gov  360-902-9115
  – Sarah Martin, Therapy Services Coordinator, RTW Partnerships
    • Sarah.martin@lni.wa.gov  360-902-4480
  – Robert Mootz, DC, Associate Medical Director
    • Robert.mootz@lni.wa.gov  360-902-4998

WEBSITE:
Group Activity

• Rate Identified Best Practice Areas by Importance
  • Patient Care
  • Administrative Efficiency
  • Workers Compensation System / Community

• Rationale for the Rating – Why?

• Identify Other Areas of Interest

• Parking Lot Issues