Injuries in the Trucking Industry

Work related injuries in Washington State’s Trucking Industry, by Industry Sector and Occupation

*Accident Analysis and Prevention, 2014*
Caroline K Smith, MPH and Jena Williams, BA

Key Findings

- Trucking injuries varied substantially by industry sector as well as by occupation within a sector. A ‘one size fits all’ injury prevention plan will not work for all trucking sectors.
- The most frequent types of injury across all sectors and occupations were non-traumatic musculoskeletal disorders of the neck, back and upper extremities.
- Injuries associated with a vehicle (not necessarily a collision) had the highest median costs and time lost from work.
- The subgroup ‘Couriers and Messengers’ had the most lost work days.

Impact

This study characterizes work-related injuries in the trucking industry so that limited injury prevention resources can be directed where they will make the most impact.

Find the article here:

Funded in part by the National Institute of Occupational Safety and Health (NIOSH).