

# Want to be a pro?

*Follow these safe steps to hook or unhook your trailer.*



Tips you can trust from America's Road Team Captain, Keith Johnson.

Thanks to YRC, Fife, WA



Know what style of 5th-wheel you're using—especially when using rental equipment.



If appropriate, use a pull rod or chain, but don't force it. Some 5th-wheel releases have locks.



Use upper arm muscles rather than the shoulder joint for pulling the 5th-wheel release.



Make sure landing gear crank is in neutral before dropping the trailer to prevent binding.



Have feet shoulder-width apart before engaging the landing gear crank.

Use the correct gear speed.

Avoid getting struck by a spinning crank.

Visit [www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org) for more information on how to reduce your risk of injury.

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