



## Are you at the breaking point?

Bindings cause many injuries each year. When worn bindings break, they can hit you, or cause you to fall.



Bruised cheeks, chipped teeth, lacerations to skin and eyes. Don't let this happen to you!

- Inspect your bindings for damage before each use.
- Carry extra bindings to replace worn ones.
- Pad sharp edges of trailer with a web strap or section of rubber hose.
- Wear your reflective clothing when outside your truck. Make sure others can see you!

[www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org)

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