

Visit Date:

You may be asked to participate in research to help prevent workplace injuries.

What are we studying?

Workplace injuries such as tendonitis, bursitis, epicondylitis, carpal tunnel syndrome, rotator cuff syndrome and various sprains and strains are often caused by repetitive motions, awkward postures or forceful exertions.

Together, these injuries are referred to as work-related musculoskeletal disorders, or WMSDs.

About 44% of all workers' compensation claim costs are for WMSDs. You may even know someone who has lost work time, or is unable to work at all, because of an injury of this type.

You can help.

We want to better understand how these injuries happen and how to prevent them. To do this, we will observe employees while they work and ask questions of management and labor representatives in informal interviews. The study is voluntary.

By agreeing to participate, you may help prevent other workers from experiencing these injuries. Participating companies will also receive a free risk assessment that may help avoid such injuries.

All study information will be kept strictly confidential.

Who are we?

First of all, we are NOT doing inspections, enforcement, or citations. We are research scientists with the Safety & Health Assessment & Research for Prevention (SHARP) program housed within the Insurance Services division of the Washington State Department of Labor & Industries.

SHARP has been working with businesses and labor groups for over 20 years to improve worker health and safety by conducting research experiments and outreach campaigns to develop and share sensible solutions to costly workplace hazards.



Questions? Comments?
Call us toll free at 1-888-667-4277
www.lni.wa.gov/Safety/Research

