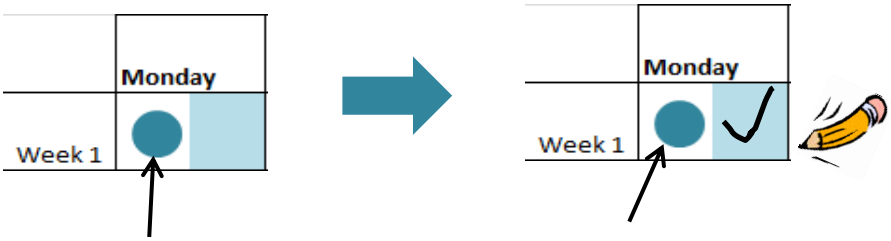
Benzodiazepine Dose Taper - 8 Weeks
20% Weekly Reduction

Patient Name:	4 week prescriptions
	Week 1-4 dispense 19 tabs
Patient Medication:	Week 5-8 dispense 8 tabs

Full Dose **Half Dose** **No Dose**

Instructions:



Take full dose on Monday during Week 1

I took my full dose on Monday during Week 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1-4 19 tabs	◒	●	◒	●	◒	●	●
Week 2	◒	●	◒	●	◒	●	●
Week 3	◒	◒	◒	●	◒	◒	◒
Week 4	◒	◒	◒	●	◒	◒	◒
Week 5-8 8 tabs	◒	◒	✕	◒	◒	✕	◒
Week 6	◒	◒	✕	◒	◒	✕	◒
Week 7	◒	✕	✕	◒	✕	✕	◒
Week 8	◒	✕	✕	◒	✕	✕	◒