Washington State Department of Labor & Industries

Referral for Activity Coaching Program

How activity coaching can help your patients

- Reducing psychosocial barriers to rehabilitation
- Promoting re-integration into life-role activities
- Increasing quality of life
- Facilitate return to work
- Preventing long-term disability

Treatment process

The client and activity coach meet weekly, for approximately an hour, for a maximum of 10 sessions. (Meetings may be telephonic). The program's initial stages focus on structured activity to help the worker resume activities. The program's final stages focus on activities that facilitate re-integration into the workplace.

Patient Information

Patient name	L&I claim number
Phone number and city	Date of injury

Provider Information

Referring provider name	Phone number
Name, title and phone number *(person completing form)*	Today's date

Eligibility Criteria

All of the following statements must be true to be eligible at this time.	True?
1. PGAP discussed with worker? (phone contact is acceptable)	☐
2. Injured worker is not working their usual hours at the job of injury.	☐
3. Injured worker's schedule allows enough time for PGAP (e.g., is not working more than 4 hours per day and not in another program i.e. work hardening or SIMP, 4 or more hours per day.)	☐

Is there anything else you want us to know about your patient?

_____

_____

_____

Provider's Signature _____ Date _____

Fax completed forms to:
360-902-6515 to Attn: Susan Campbell

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