

# Labor and Industries Training and Workshop Calendar March and April 2009

This is a bi-monthly calendar of available workshops and trainings presented by the Washington State Department of Labor and Industries.

Full course descriptions and sign up information is available by following the links in this document. (you may need to hold down the control key and then click to follow the link)

## March 2009

### March 3, 2009

[OSHA 300 Record Keeping](#) Moses Lake

### March 4, 2009

[Accident Prevention](#) Vancouver

[Accident Prevention](#) Yakima

[Accident Prevention](#) Everett

[Developing Effective Safety Committees](#) Vancouver

[Introduction to Rates and Claims Management](#)  
(Formerly [Controlling Your Claims Cost](#)) Tacoma

### March 10, 2009

[Office Ergonomic](#) Yakima

[Analyzing Lifting Tasks](#) Yakima

### March 11, 2009

[OSHA 300 Record Keeping](#) Tumwater

[Introduction to Rates and Claims Management](#)  
(Formerly [Controlling Your Claims Cost](#)) Tumwater

[Office Ergonomic](#) Spokane

[Analyzing Lifting Tasks](#) Spokane

[OSHA 300 Record Keeping](#) Tumwater

[Accident Investigations Basics](#) Bellingham

### March 12, 2009

[Developing Effective Safety Committees](#) Tukwila

[Accident Investigations Basics](#) Tumwater

### March 27, 2009

[Contractor Training Day](#) Bellingham

## April 2009

### April 1, 2009

[Construction Safety Day](#) Bellingham

### April 2, 2009

[Office Ergonomic  
Analyzing Lifting Tasks](#) Mt. Vernon  
Mt. Vernon

**April 7, 2009**

[Introduction to Rates and Claims Management](#)

(Formerly [Controlling Your Claims Cost](#))

Yakima

**April 8, 2009**

[Outdoor Heat Exposure](#)

Vancouver

**April 9, 2009**

[Outdoor Heat Exposure](#)

Tukwila

**April 10 - 11 2009**

[Contractor Training Day](#)

Seattle

**April 14, 2009**

[Outdoor Heat Exposure](#)

Tumwater

**April 15, 2009**

[OSHA 300 Record Keeping](#)

[OSHA 300 Record Keeping](#)

Tacoma

Bellingham

**April 21, 2009**

[Outdoor Heat Exposure](#)

Tacoma

**April 22, 2009**

[Accident Prevention](#)

[Outdoor Heat Exposure](#)

Bremerton

Everett

**April 23, 2009**

[Introduction to Rates and Claims Management](#)

(Formerly [Controlling Your Claims Cost](#))

Bellingham

**April 29, 2009**

[Outdoor Heat Exposure](#)

East Wenatchee

**Sign-up for all workshops** except the, Contractor Training day, may be completed by following the link and completing the on-line registration for that course or by calling 1-800-574-2829 (902-5590 in the Olympia area). Contractor Training Day sign-up can be completed by following the link to the registration form or by calling 360-902-4733 or 360-902-6366

## **Additional Training Information**

### **On Demand Training**

If you have a group of 10 or more people at your company or organization, please contact Shari Purves-Reiter about on-demand training on a variety of topics including wage and hour, prevailing wage, Safety, Workers Compensation and more.

**On-Line training tools** can be found at: [L&I Workshop and Training Center](#) . These on-line programs offer a variety of titles from fall protections to lock-out-tag-out and more.

[Safety Video Library](#) - over 1,000 titles to assist with your workforce training

Please contact Shari Purves-Reiter if you would like to be removed or if you would like to be added to this listserv or if you have suggestions on improvements to this or other L&I education services. Email at [purs235@lni.wa.gov](mailto:purs235@lni.wa.gov) or by phone at 360-902-4733.