This still hurts...

What should I do?

If I tell someone...
   They might think I’m faking.
   The boss might be angry.
   Maybe I should just keep working.

FACT

The sooner you report and deal with an injury, the better your health outcome and the financial outcome for both you and your company.

Strains and sprains often don’t go away on their own. Without treatment, they can get worse.

Report pain early.

www.KeepTruckingSafe.org