

Height adjustable workstations

Reduces back and neck bending, awkward lifting



Ergonomics @ work

Description

Assembly and welding tasks can involve awkward postures such as back and neck bending, especially if the height of the workstation isn't a good match for the height of the worker. A poor fit can also result in awkward postures when lifting parts. To reduce awkward postures at its workstations, Aladdin Hearth Products, a Colville, Washington stove and fireplace insert manufacturer has installed height adjustable workstations on its assembly lines.



A scissor table helps this welder to work in a more upright position.



Welding workstations were specifically designed to allow seated work.



Adjustable workstations allow employees of different heights to place their work in a comfortable position.



Adjustable workstations also allow a single employee to work with different size parts more easily.