

Adjustable angle creeper

Description

Creeper with adjustable back angle and head support for overhead work. May reduce hands over head awkward posture. May reduce back and neck extension (backward bending). May reduce shoulder, neck and back fatigue.



Before: assembly task in manufacturing using a standard desk chair



After: assembly task in manufacturing using a creeper

[e-mail an L&I ergonomist](mailto:ergonomics@LNI.wa.gov)
(ergonomics@LNI.wa.gov)

