

## **Use anti-vibration gloves**

**Reduces hand-arm vibration**



Anti-vibration glove

Gloves should:

- be full-fingered
- fit the hands well
- meet ANSI S3.40/2002: ISO 10819 standards.

NOTE: Gloves are personal protective equipment (PPE) and are most effective when used with low vibration tools or other vibration exposure reduction methods.

### **Other benefits:**

- Gloves can provide warmth and abrasion protection
- Less fatigue at the end of the day