Payment Policies for Healthcare Services
Provided to Injured Workers and Crime Victims

Chapter 25: Physical Medicine Services

Effective July 1, 2019

Link: Look for possible updates and corrections to these payment policies at:

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Definitions

- **Body regions:** For osteopathic manipulation treatment (OMT) services, body regions are defined as:
  - Head,
  - Cervical,
  - Thoracic,
  - Lumbar,
  - Sacral,
  - Pelvic,
  - Rib cage,
  - Abdomen and viscera regions,
  - Lower and upper extremities.

- **Bundled codes:** Are procedure codes that are not separately payable because they are accounted for and included in the payment of other procedure codes and services.

- **CPT® and local code modifiers mentioned in this chapter:**
  - **−1S Surgical dressings for home use**
    Bill the appropriate HCPCS code for each dressing item using this modifier −1S for each item. Use this modifier to bill for surgical dressing supplies dispensed for home use.

  - **−25 Significant, separately identifiable evaluation and management (E/M) service by the same physician on the day of a procedure**
    Payment is made at 100% of the fee schedule level or billed charge, whichever is less.

  - **−52 Reduced services**
    Payment is made at the fee schedule level or billed charge, whichever is less.

- **Student:** As part of their clinical training, a person who is enrolled and participating in an accredited educational program to become a physical therapist, physical therapist assistant, occupational therapist, or occupational therapy assistant. Interim permitted students who have already completed their training but aren’t yet licensed can also act as students for the purposes of this chapter.
Supervising therapist: a licensed physical or occupational therapist with an active L&I provider number who has entered into a private agreement with a student and their educational institution to provide hands on training, instruction and supervision during the clinical phase of the student’s course work. A supervising therapist can only supervise a student within their discipline. They are responsible for all services provided to injured workers by their students. Physical therapist assistants and occupational therapy assistants must not act as supervising therapists.

Student supervision: the supervising therapist can only supervise one student at a time and won’t treat another patient while supervising the student. The supervising therapist must maintain line-of-sight and be physically present for the entire session during treatment to provide direct instruction to the student, oversee the work, and adjust the treatment or change other patient-centered tasks while the service is being provided. Services may be single patient (student therapist to patient) or group services (student therapist to a group of patients).

Work conditioning: An intensive, work related, goal oriented conditioning program designed specifically to restore function for work.

Work hardening: An interdisciplinary, individualized, job specific program of activity with the goal of return to work. Work hardening programs use real or simulated work tasks and progressively graded conditioning exercises that are based on the individual’s measured tolerances. Work hardening provides a transition between acute care and successful return to work and is designed to improve the biomechanical, neuromuscular, cardiovascular, and psychosocial functioning of the worker.

Link: More information about L&I’s work hardening program, including a list of approved work hardening providers, criteria for admission into a work hardening program, and other work hardening program standards is available on L&I’s website at: www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/RTW/WorkHard/.
Payment policy: Electrical stimulators (including TENS)

Prior authorization

These HCPCS codes for electrical stimulator devices for home use or surgical implantation require prior authorization:

<table>
<thead>
<tr>
<th>HCPCS code</th>
<th>Brief description</th>
<th>Additional coverage information</th>
</tr>
</thead>
<tbody>
<tr>
<td>E0745</td>
<td>Neuromuscular stimulator for shock</td>
<td>This code is covered for muscle denervation only.</td>
</tr>
<tr>
<td>E0747</td>
<td>Electrical osteogenesis stimulator, not spine</td>
<td>—</td>
</tr>
<tr>
<td>E0748</td>
<td>Electrical osteogenesis stimulator, spinal</td>
<td>—</td>
</tr>
<tr>
<td>E0749</td>
<td>Electrical osteogenesis stimulator, implanted</td>
<td>Authorization for this code is subject to utilization review.</td>
</tr>
<tr>
<td>E0760</td>
<td>Osteogenesis ultrasound, stimulator</td>
<td>This code is covered for appendicular skeleton only (not the spine).</td>
</tr>
<tr>
<td>E0764</td>
<td>Functional neuromuscular stimulator</td>
<td>—</td>
</tr>
</tbody>
</table>

Services that can be billed

For electrical stimulator devices used in the office setting:

- When it is within the provider’s scope of practice, a provider may bill professional services for application of stimulators with the CPT® physical medicine codes.

- Attending providers who aren’t board qualified or certified in physical medicine and rehabilitation must bill local code 1044M.

For electrical stimulator devices and supplies for home use or surgical implantation, HCPCS code E0761 (Nonthermal electromagnetic device) is covered.
Services that aren’t covered

For use outside of medically supervised facility settings (including home use and purchase or rental of durable medical equipment and supplies), the insurer doesn’t cover:

- Transcutaneous Electrical Nerve Stimulators (TENS) units and supplies, or
- Interferential current therapy (IFC) devices, or
- Percutaneous neuromodulation therapy (PNT) devices.

Note: Use of these therapies will continue to be covered during hospitalization and in supervised facility settings.

For home use or surgical implantation devices and supplies, these HCPCS codes aren’t covered:

- E0731 (Conductive garment for TENS),
- E0740 (Incontinence treatment system),
- E0744 (Neuromuscular stimulator for scoliosis),
- E0755 (Electronic salivary reflex stimulator),
- E0762 (Transcutaneous electrical joint stimulation device system),
- E0765 (Nerve stimulator for treatment of nausea and vomiting),
- E0769 (Electric wound treatment device, not otherwise classified),
- L8680 (Implantable neurostimulator electrode),
- S8130 (Interferential current stimulator, 2 channel),
- S8131 (Interferential current stimulator, 4 channel).

For home use or in medically supervised facility settings, CPT® code 64555 (Peripheral nerve neurostimulator) isn’t covered.

Treatment of chronic migraine or chronic tension-type headache with trigger point injections or massage therapy isn’t a covered benefit.
Payment limits

These supplies are **bundled and not payable separately for office use**:

- **A4365** (Adhesive remover wipes),
- **A4455** (Adhesive remover per ounce),
- **A4556** (Electrodes, pair),
- **A4557** (Lead wires, pair),
- **A4558** (Conductive paste or gel),
- **A5120** (Skin barrier wipes box per 50),
- **A6250** (Skin seal protect moisturizer).

**Additional information: Why the insurer doesn’t cover TENS**

On October 30, 2009, the State Health Technology Clinical Committee (HTCC) met in an open public meeting to review the evidence for Electrical Nerve Stimulation (ENS), including TENS, interferential current therapy (IFC), and percutaneous neuromodulation therapy (PNT), as treatments for acute and chronic pain.

Based on a review of the best available evidence of safety, efficacy, and cost effectiveness, the committee determined that ENS is non-covered for use outside of medically supervised facilities. Purchase or rental of TENS, IFC, and PNT equipment and supplies isn’t covered.

The determination was finalized by the HTCC on November 20, 2009.

**Link:** Complete information on this HTCC determination is available [here](http://www.lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/CovMedDev/SpecCovDec/ChronicMigraineTension.asp).
Payment policy: Massage therapy

- **Who must perform these services to qualify for payment**
  
  To qualify for payment, massage therapy services must be performed by:
  
  - A licensed massage therapist, or
  - Other covered provider whose scope of practice includes massage techniques.

  **Link:** For more information, see [WAC 296-23-250](#).

- **Services that can be billed**
  
  Massage therapists must bill CPT® code 97124 for all forms of massage therapy, regardless of the technique used. The insurer won’t pay massage therapists for additional codes.

- **Requirements for billing**
  
  Massage therapists must bill CPT® code 97124 for all forms of massage therapy, regardless of the technique used. Massage therapists must also use CPT® code 97124 for evaluations and reevaluations.

  Massage therapists must bill their usual and customary fee and document the duration of the massage therapy treatment.

  Documentation must support the units of service billed. Document the amount of time spent performing evaluations and reevaluations as well as the treatment.

- **Payment limits**
  
  Massage therapy is paid at 75% of the maximum daily rate for PT and OT services, and

  The daily maximum allowable amount is $95.77.

  Massage therapy isn’t a covered benefit for the treatment of chronic migraine or chronic tension-type headaches.

  **Link:** The coverage decision for Chronic Migraine or Chronic Tension-type Headache is available at:
These are bundled into the massage therapy service and aren’t separately payable:

- Application of hot or cold packs,
- Anti-friction devices,
- Lubricants (for example, oils, lotions, emollients).

**Link:** For more information, see [WAC 296-23-250](http://www.lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/CovMedDev/SpecCovDec/ChronicMigraineTension.asp).
Payment policy: Osteopathic manipulative treatment (OMT)

- Who must perform these services to qualify for payment
  
  Only osteopathic physicians may bill for OMT services.

- Services that aren’t covered
  
  CPT® code 97140 isn’t covered for osteopathic physicians.

- Requirements for billing
  
  OMT includes pre and post service work (for example, cursory history and palpatory examination). E/M office visit service may be billed in conjunction with OMT only when all of the following conditions are met:

  - When the E/M service constitutes a significant separately identifiable service that exceeds the usual pre and post service work included with OMT, and
  - The worker’s record contains documentation supporting the level of E/M service billed, and
  - The E/M service is billed using modifier –25. Without modifier –25, the insurer won’t pay for E/M codes billed on the same day as OMT.

  Note: The E/M service may be caused or prompted by the same diagnosis as the OMT service. A separate diagnosis isn’t required for payment of E/M in addition to OMT services on the same day.

- Payment limits
  
  The insurer may reduce payments or process recoupments when E/M services aren’t documented sufficiently to support the level of service billed. The CPT® book describes the key components that must be present for each level of service.

  For OMT services, only one code is payable per treatment. This is because codes for body regions ascend in value to accommodate the additional body regions involved.

  Example: If three body regions were manipulated, one unit of the correct CPT® code would be payable.

  (See definition of Body regions in Definitions at the beginning of this chapter.)
Payment policy: Functional capacity evaluation

› Prior authorization

Requires prior authorization by the claim manager.

› Who must perform these services to qualify for payment

To qualify for payment, a functional capacity evaluation must be performed by:

• Physicians who are board qualified or certified in physical medicine and rehabilitation, or
• Physical and occupational therapists.

› Services that can be billed

**Standard Functional Capacity Evaluation**

- **1045M** is used to bill the Standard Functional Capacity Evaluation. When billing for this service:
  - Units of service must be billed. 1 hour of direct time = 1 unit of service.
  - The fee for 3-6 units of service is $766.44.
  - A maximum of six units may be billed.
  - Each provider must bill independently for their time.
  - Time accumulates regardless of the number of days. Evaluations will involve at least 3 hours of face-to-face time. The fee for 1 unit of service is $255.48 and the fee for 2 units of service is $510.96.

**Supplemental Functional Capacity Evaluation**

- **1098M** is used to bill the Supplemental Functional Capacity Evaluation. Use this code when billing more than 6 hours of time beyond a Standard Functional Capacity Evaluation or for follow up testing. When billing for this service:
  - Units of service must be billed. 1 hour of direct time = 1 unit of service.
  - The fee for each 1 unit of service is $128.21.
  - A maximum of six units may be billed.
  - Each provider must bill independently for their time.
• Time accumulates regardless of the number of days.

Requirements for billing

Eligible providers must bill their usual and customary fee for Standard Functional Capacity Evaluations and Supplemental Functional Capacity Evaluations.

When the service is performed by multiple providers, each provider must bill for the amount of direct 1:1 time spent performing the evaluation using their individual provider account number.

These services include testing, a summary of findings, and full evaluation report. All summary reports must be submitted within 10 days of when the service was performed and full evaluation reports within 30 days.

Note: Ensure all documentation is submitted before billing or the bill may be denied.

Examples of billing options for multiple provider evaluations

Scenario: The Occupational Therapist (OT) performed 3.2 hours of direct time and the Physical Therapist (PT) performed 0.8 hours of direct time for a Standard FCE.

<table>
<thead>
<tr>
<th>OT:</th>
<th>Bill 3 units of 1045M</th>
</tr>
</thead>
<tbody>
<tr>
<td>PT:</td>
<td>Bill 1 unit of 1045M</td>
</tr>
</tbody>
</table>

Total units billed: 4
Maximum fee of $766.44

Documentation must include:

1) A summary of findings- State fund, in-state claims complete the Summary Report Form F245-434-000. Out of state claims complete a summary of findings equivalent to F245-434-000; and

2) Full evaluation report demonstrating:

• L&I’s minimum evaluation elements were met; and

• Duration of the evaluation. Each provider must separately document the amount of direct 1:1 time spent performing the service; and

• Signature and date of all evaluators.

For follow up testing, include:
• Date of service, worker name, claim number and a summary of test findings, and
• List of all tests that were performed, and
• Results of all testing performed, and
• Duration of the service. Each provider must separately document the amount of direct 1:1 time spent performing the service, and
• Signature and date of all evaluators.

Note: Documentation must clearly note who performed each service and how much time each individual provider spent providing the direct 1:1 evaluation. Include this information on both the summary of findings and full evaluation report.

Supplemental Functional Capacity Evaluation

1) For use when standard evaluation length is more than 6 hours.
   Examples:
   • Evaluating multiple jobs with opposite physical demands
   • Performing a whole body and upper extremity focused evaluation
   • Symptomatic neurological disease impacting testing tolerance
   AND/OR

2) For use when follow up testing is indicated after completion of a Standard FCE.
   • The Attending Provider and/or Vocational Provider determined additional testing is needed to facilitate return to work decisions.

Not Covered:
• Additional time to perform missed or forgotten testing
• Updates to an incomplete/conflicting report

Payment limits

Standard and Supplemental Functional Capacity Evaluations may only be billed once per worker every 30 days.
If the service is performed by multiple providers, the maximum fee applies once per worker irrespective of how many providers and/or provider types performed the evaluation.

If the worker has multiple claims, the maximum fee applies once per worker irrespective of the number of claims a worker may have.

⚠️ **Note:** Standard and Supplemental Functional Capacity Evaluations may be provided over multiple days. If this occurs, the bill must span the dates of service to reflect the actual dates in which the evaluation was performed. For example, if the evaluation began on January 1st and was completed on January 3rd, the bill will reflect the “From Date of Service” as January 1st and the “To Date of Service” as January 3rd.

**Multiple Claims:** Split Billing: Refer to the General Provider Billing Manual F248-100-000.
Payment policy: Physical medicine CPT® codes billing guidance

Timed codes

Some physical medicine services (such as ultrasound and therapeutic exercises) are billed based on the number of minutes spent performing the service. These services are referred to as “timed services” and are billed using “timed codes.”

Timed codes can be identified in CPT® by the code description. The definition will include words such as “each 15 minutes.”

Providers must document in the daily medical record (chart note and flow sheet, if used):

- The amount of time spent for each time based service performed, and
- The specific interventions or techniques performed, including:
  - Frequency and intensity (if appropriate), and
  - Intended purpose of each intervention or technique.

Simply documenting the procedure code and the amount of time the service is performed is insufficient and may result in denial of the bill or recoupment of payment. All documentation must be submitted to support your billing (for example, flow sheets, chart notes, and reports).

Note: Documenting a range of time (for example, 8-22 minutes) for a timed service isn’t acceptable. Providers must document the actual amount of minutes spent performing the service.

The number of units you can bill is:

- Determined by the time spent performing each “timed service,” and
- Constrained by the total minutes spent performing these services on a given day.

To obtain the number of units of timed services that can be billed, add together the minutes spent performing each individual timed service and reference the table below.
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Payment Policies

If the combined duration of all time based services is at least...

<table>
<thead>
<tr>
<th>Time (minutes)</th>
<th>Time (minutes)</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>23</td>
<td>1</td>
</tr>
<tr>
<td>23</td>
<td>38</td>
<td>2</td>
</tr>
<tr>
<td>38</td>
<td>53</td>
<td>3</td>
</tr>
<tr>
<td>53</td>
<td>68</td>
<td>4</td>
</tr>
<tr>
<td>68</td>
<td>83</td>
<td>5</td>
</tr>
<tr>
<td>83</td>
<td>98</td>
<td>6</td>
</tr>
<tr>
<td>98</td>
<td>113</td>
<td>7</td>
</tr>
<tr>
<td>113</td>
<td>128</td>
<td>8</td>
</tr>
</tbody>
</table>

Then, when billing, report:

Note: The above schedule of times doesn’t imply that any of the first eight minutes should be excluded from the total count. The timing of active treatment counted includes all direct treatment time. Use the table above to determine the maximum number of units that can be billed for the date of service. Begin with applying the maximum number of units to the service performed for the longest amount of time and continue assigning units to each timed service, based on length of service performed, until the maximum number of billable units has been reached. Detailed examples can be found below:

Examples of how to document and bill timed codes

The following examples show how the required elements of interventions can be documented and billed. These examples aren’t reflective of a complete medical record for the patient’s visit. The other elements of reporting (SOAP) also must be documented.
Example 1:

<table>
<thead>
<tr>
<th>Procedural intervention</th>
<th>Specific intervention</th>
<th>Purpose</th>
<th>Treatment time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attended E-Stim and Ultrasound performed simultaneously</td>
<td>5mA right forearm 1.5 W/cm²; 100% right forearm</td>
<td>Increase joint mobility</td>
<td>8 minutes</td>
</tr>
<tr>
<td>Whirlpool</td>
<td>Heat bath to right forearm and hand</td>
<td>Facilitate movement; reduce inflammation</td>
<td>8 minutes</td>
</tr>
<tr>
<td>Therapeutic exercise</td>
<td>Active assisted ROM to right wrist; flexion/extension; 15 reps x 2 sets</td>
<td>Increase motion and strength for gripping</td>
<td>10 minutes</td>
</tr>
</tbody>
</table>

Total treatment time = 26 minutes

Total timed intervention (treatment time spent performing timed services) = 18 minutes

At 18 total minutes of timed services, a maximum of 1 unit of timed services can be billed. Correct billing for the services documented is:

- 97110 (Therapeutic exercise) x 1 unit, and
- 97022 (Whirlpool) x 1 unit.

Example 2:

<table>
<thead>
<tr>
<th>Procedural intervention</th>
<th>Specific intervention</th>
<th>Purpose</th>
<th>Treatment time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Therapeutic exercise</td>
<td>Left leg straight leg raises x 4 directions; 3 lbs. each direction. 10 reps x 2 sets</td>
<td>Strength and endurance training for lifting</td>
<td>20 minutes</td>
</tr>
<tr>
<td>Neuromuscular reeducation</td>
<td>One leg stance, 45 seconds left; 110 seconds on right using balance board x 2 sets each</td>
<td>Normalize balance for reaching overhead</td>
<td>15 minutes</td>
</tr>
<tr>
<td>Cold pack</td>
<td>Applied to left knee</td>
<td>Decrease edema</td>
<td>10 minutes</td>
</tr>
</tbody>
</table>

Total treatment time = 45 minutes

Total timed intervention (treatment time spent performing timed services) = 35 minutes

At 35 total minutes of timed services, a maximum of 2 units of timed services can be billed. Correct billing for the services documented is:

- 97110 (Therapeutic exercise) x 1 unit, and
- 97112 (Neuromuscular reeducation) x 1 unit.
Example 3:

<table>
<thead>
<tr>
<th>Procedural intervention</th>
<th>Specific intervention</th>
<th>Purpose</th>
<th>Treatment time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Manual therapy</td>
<td>Soft tissue mobilization to medial knee - right</td>
<td>Mobilization</td>
<td>12 minutes</td>
</tr>
<tr>
<td>Therapeutic exercises</td>
<td>Prone hip extension 10 reps x 2 sets; hamstring stretch 3 reps x 2 sets; right single leg stance 3 sets of 5 for 15 second hold</td>
<td>Increase strength and range of motion</td>
<td>25 minutes</td>
</tr>
<tr>
<td>Cold pack</td>
<td>Applied to right knee</td>
<td>Decrease edema</td>
<td>10 minutes</td>
</tr>
</tbody>
</table>

Total treatment time = 47 minutes
Total timed intervention (treatment time spent performing timed services) = 37 minutes

At 37 total minutes of timed services, a maximum of **2 units** of timed services can be billed. Begin with applying the maximum number of units to the service performed for the longest time. Therapeutic exercise was perform for 25 minutes, which equates to 2 units of timed service. Because no additional units of timed services are allowed, manual therapy is not billable. Correct billing for the services documented is:

- 97110 (Therapeutic exercise) x 2 units

Example 4:
### Table: Procedural Intervention and Specific Interventions

<table>
<thead>
<tr>
<th>Procedural intervention</th>
<th>Specific intervention</th>
<th>Purpose</th>
<th>Treatment time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neuromuscular re-education</td>
<td>Squats on Airex Balance pad 10 reps x 2 sets; tandem balance on Bosu Ball 2 sets 30 seconds each; single stance on Airex Balance pad 2 sets x 5</td>
<td>Normalize balance for reaching overhead</td>
<td>8 minutes</td>
</tr>
<tr>
<td>Manual therapy</td>
<td>Soft tissue mobilization to medial knee - right</td>
<td>Mobilization</td>
<td>12 minutes</td>
</tr>
<tr>
<td>Therapeutic exercises</td>
<td>Hamstring curls 10 reps x 2 sets; short arc quads 3 sets of 5 for 5 second hold; straight leg raise 3 sets of 5 for 15 second hold</td>
<td>Increase strength and range of motion</td>
<td>25 minutes</td>
</tr>
<tr>
<td>Cold pack</td>
<td>Applied to right knee</td>
<td>Decrease edema</td>
<td>10 minutes</td>
</tr>
</tbody>
</table>

Total treatment time = 55 minutes

Total timed intervention (treatment time spent performing timed services) = **45 minutes**

At 45 minutes of timed services, a maximum of **3 units** of timed services can billed. Begin with applying the maximum number of units to the service performed for the longest time. Therapeutic exercises was performed for 25 minutes, which equates to 2 units of timed service. The balance of billable units is 1 unit. Since more time was spent performing manual therapy, assign the last unit of service to manual therapy. Because no additional units of timed services are allowed, neuromuscular re-education is not billable. Correct billing for the services documented is:

- **97110** (Therapeutic exercise) x 2 units
- **97140** (Manual therapy) x 1 unit

### Prohibited pairs: What CPT® codes can’t be billed together

A therapist can’t bill any of the following pairs of CPT® codes for outpatient therapy services provided simultaneously to one or more patients **for the same time period**:

- Any two codes for “therapeutic procedures” requiring direct, one-on-one patient contact, or
- Any two codes for modalities requiring “constant attendance” and direct, one-on-one patient contact, or
• Any two codes requiring either constant attendance or direct, one-on-one patient contact, as described above (for example, any CPT® codes for a therapeutic procedure with any attended modality CPT® code), or

• Any code for therapeutic procedures requiring direct, one-on-one patient contact with the group therapy code (for example, CPT® code 97150 with CPT® code 97112), or

• Any code for modalities requiring constant attendance with the group therapy code (for example, CPT® code 97150 with CPT® code 97035), or

• An untimed evaluation or reevaluation code with any other timed or untimed codes, including constant attendance modalities, therapeutic procedures, and group therapy.

Determining what time counts towards timed codes

Providers report the code for the time actually spent in the delivery of the modality requiring constant attendance and therapy services:

• Pre and post delivery services aren’t counted in determining the treatment service time. In other words, the time counted as “intra-service care” begins when the therapist or physician (or a PT or OT assistant under the supervision of a physician or therapist) is working directly with the patient to deliver treatment services.

• The patient should already be in the treatment area (for example, on the treatment table or mat or in the gym) and prepared to begin treatment.

• The time counted is the time the patient is treated.

• The time the patient spends not being treated because of the need for toileting or resting shouldn’t be billed. In addition, the time spent waiting to use a piece of equipment or for other treatment to begin isn’t considered treatment time.

Regardless of the number of units billed, the daily maximum fee for services won’t be exceeded.

Note: For more information about L&I’s PT, OT, and massage therapy policies, see: www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/RTW/Therapy/.
Payment policy: Physical therapy (PT) and occupational therapy (OT)

Who must perform these services to qualify for payment

PT services
PT services must be ordered by the worker’s attending doctor, nurse practitioner, or the physician’s assistant for the attending doctor. The services must be provided by a:

- Licensed physical therapist, or
- Physical therapist assistant serving under a licensed physical therapist’s direction, or
- Athletic trainer serving under a licensed physical therapist’s direction.

Link: For more information, see WAC 296-23-220.

OT services
OT services must be ordered by the worker’s attending doctor, nurse practitioner, or the physician’s assistant for the attending doctor. The services must be provided by a:

- Licensed occupational therapist, or
- Occupational therapy assistant serving under a licensed occupational therapists direction.

Link: For more information, see WAC 296-23-230.

Physical medicine services
Physical medicine services may be provided by:

- Medical or osteopathic physicians who are board qualified or board certified in physical medicine and rehabilitation (physiatry), or
- Attending doctors who aren’t board qualified or certified in physical medicine and rehabilitation. For non-board certified/qualified providers, special payment policies apply. (See Requirements for billing and Payment limits, below.)

Link: For more information, see WAC 296-21-290.
Who won’t be paid for physical medicine services

- Physical or occupational therapist students, or
- Physical or occupational therapist assistant students, or
- Physical or occupational therapist aides, or
- Gym Supervisors

Services that can be billed

Physical and occupational therapists must use the appropriate CPT® and HCPCS codes 95831-95852, 95992, 97010-97799, G0515 and G0283. These therapists must bill the appropriate covered HCPCS codes for miscellaneous materials and supplies.

Note: Some of these codes aren’t covered or are bundled. See these exceptions noted in the Services that aren’t covered and Payment limits (Bundled items or services), below.

For information on Surgical dressings dispensed for home use, see Chapter 28: Supplies, Materials, and Bundled Services.

If more than one patient is treated at the same time, use CPT® code 97150.

Note: For more information, see Billing guidance: Using physical medicine CPT® codes earlier in this chapter.

For PT and OT evaluations and reevaluations, bill using CPT® codes 97161 through 97168.

To report the evaluation by the physician or therapist to establish a plan of care, use CPT® codes 97161 through 97163 or 97165 through 97167.

To revise the plan of care by reporting the evaluation of a patient who has been under a plan of care established by the physician or therapist, use CPT® codes 97164 and 97168.

Note: CPT® codes 97164 and 97168 have no limit on how often they can be billed.
Services that aren’t covered

Physical medicine CPT® codes 97006, 97033 and 97169-97172 aren’t covered.

Low level laser therapy isn’t a covered benefit. For more information, please review L&I’s coverage decision for low level laser therapy.

Cryotherapy and compression devices for home use aren’t covered benefits. For more information, please review L&I’s coverage decision for cryotherapy and compression devices for home use.

Requirements for billing

Physical medicine services

Board qualified and board certified physiatrists bill for services using:

- CPT® codes 97010 through 97799, and 95831 through 95852, or
- CPT® code 64550 (payable only once per claim).

Non-board certified/qualified physical medicine attending providers may perform physical medicine modalities and procedures described in CPT® codes 97010-97750 if their scopes of practice and training permit it, but for these services must bill local code 1044M. (See Payment limits for local code 1044M, below.)

Note: The description for local code 1044M is “Physical medicine modality(ies) and/or procedure(s) by attending doctor who isn’t board qualified or certified in physical medicine and rehabilitation.”

Payment limits

Physical medicine services

CPT® code 64550 is payable only once per claim, and is payable only to board certified/qualified physiatrists.

Non-board certified/qualified physical medicine providers won’t be paid for CPT® codes 97010-97799.

Local code 1044M is limited to six units per claim. After six units, the patient must be referred to a licensed physical or occupational therapist or physiatrist except when the
attending doctor practices in a remote location where no licensed physical or occupational therapist or physiatrists is available.

**Bundled items or services**

- Activity supplies used in work hardening, such as leather and wood,
- Application of hot or cold packs, (this includes all forms of cryotherapy with or without compression. 97016 may **not** be used to bill for these services),
- Electrodes and gel,
- Exercise balls,
- Ice packs, ice caps, and ice collars,
- Thera-tape,
- Wound dressing materials used during an office visit and/or PT treatment.

**Note:** For complete lists of bundled codes, see Chapter 28: Supplies, Materials and Bundled Services.

**Daily maximum for services**

The daily maximum allowable fee for PT and OT services is **$127.70**.

**Link:** For more information, see WAC 296-23-220 and WAC 296-23-230.

The daily maximum allowable fee doesn’t apply to:

- Physicians board certified in Physical Medicine, or
- Functional capacity evaluations (FCEs), or
- Work hardening services, or
- Work evaluations, or
- Job modification/prejob accommodation consultation services.

When performed for the same claim for the same date of service, the daily maximum applies to CPT® codes **64550, 95831-95852, 95992**, and **97010-97799**, and HCPCS
codes G0283 and G0515.

Work conditioning programs are reimbursed as outpatient PT and OT under the daily fee cap.

If PT, OT, and massage therapy services are provided on the same day, the daily maximum applies once for each provider type.

If the worker is treated for two separate claims with different allowed conditions on the same date, the daily maximum will apply for each claim.

If part of the visit is for a condition unrelated to an accepted claim and part is for the accepted condition:

- Therapists must apportion their usual and customary charges equally between the insurer and the other payer based on the level of service provided during the visit.
- In this case, separate chart notes for the accepted condition should be sent to the insurer since the employer doesn't have the right to see information about an unrelated condition.

Untimed Services

Supervised modalities and therapeutic procedures that don't list a specific time increment in their description are limited to one unit per day. Refer to CPT® and HCPCS to determine whether a service is timed or untimed.

Note: Providers must document the actual service provided including the intended purpose for each service. Simply documenting the procedure code is insufficient and may result in denial of the bill or recoupment of payment. All documentation must be submitted to support your billing (for example, flow sheets, chart notes, and reports).

Work conditioning: Guidelines

(See definition of Work conditioning in Definitions at the beginning of this chapter.)

- Frequency: At least three times per week and no more than 5 times per week.
- Duration: No more than 8 weeks for one set. One set equals up to 20 visits.
  - An additional 10 visits may be approved after review of progress.
- Plan of Care: Goals are related to:
  - Increasing physical capacities, and
  - Return to work function, and
• Establishing a home program allowing the worker to progress and/or maintain function after discharge.

• **Documentation**: Besides standard documentation, it must include return to work capacities, which may include lifting, carrying, pushing, pulling, sitting, standing, and walking tolerances.

• **Treatment**: May be provided by a single therapy discipline (PT or OT) or combination of both (PT and OT).
  
  o PT and OT visits accumulate separately and both are allowed on the same date of service.
  
  o Billing reflects active treatment. Examples include CPT® 97110, 97112, 97530, 97535, and 97537.
Payment policy: Powered traction therapy

› Services that can be billed

Powered traction devices are covered as a physical medicine modality.

› Payment limits

The insurer won’t pay any additional cost when powered devices are used.

› Additional information: Why the insurer won’t pay additional cost when powered devices are used

Published literature hasn’t substantially shown that powered devices are more effective than other forms of traction, other conservative treatments or surgery. This policy applies to all FDA approved powered traction devices. Click here for more information.
Payment policy: Therapy student and therapy assistant student supervision

L&I has adopted a modified version of Medicare Part B’s policy on physical and occupational therapy students. L&I considers supervised students an extension of their supervising therapist.

Please refer to the Definitions section at the beginning of this chapter to see the definitions of student, supervising therapist and student supervision.

Services that can be billed

Supervising therapists will direct all care provided by their students to injured workers and must bill for these services under the supervising therapist’s provider number.

All billed services must meet the billing and documentation requirements applicable to the supervising therapist.

Services that aren’t covered

Any service provided by a student that is unsupervised (including skilled nursing facilities) aren’t payable.

Students can’t independently:

- Make clinical judgements;
- Provide evaluations, re-evaluations or assessments;
- Develop, manage or deliver services.

Any service that deviates from the requirements outlined in Medical Aid Rules and Fee Schedules isn’t covered.

Requirements for billing

All documentation must identify both the supervising therapist and the student and must be signed by both parties.

All services must be billed by the supervising therapist under their provider number and must comply with the documentation requirements for physical medicine services.

Supervising therapist responsibilities

(See definition of Supervising therapist in Definitions at the beginning of this chapter.)
Supervising therapists are responsible for:

- All services provided to injured workers by their students.
- Ensuring that the work students perform does not exceed their education, skills and abilities nor the supervising therapist’s scope of practice.
- Providing supervision (reference Definitions) to the student regardless of what setting care is being rendered in (clinic, hospital or skilled nursing facility).
- Signing all documentation for services rendered to injured workers
- Keep a copy of the private agreement between them and the student in accordance with WAC 296-20-02005 Keeping of records.

Payment limits

Students won’t be directly reimbursed for their time or services. (Refer to WAC 296-20-015 (3) Who may treat.)
Payment policy: Work hardening

(See definition of Work hardening in Definitions at the beginning of this chapter.)

- Prior authorization

  Work hardening programs require:
  
  - Prior approval by the worker’s attending physician, and
  
  - Prior authorization by the claim manager.

  Providing additional services during a work hardening program is atypical and must be authorized in advance by the claim manager.

  Note: Documentation must support the billing of additional services.

  Program extensions must be authorized in advance by the claim manager and are based on:
  
  - Documentation of progress, and
  
  - The worker’s ability to benefit from the program extension up to two additional weeks.

- Who must perform these services to qualify for payment

  Only L&I approved work hardening providers will be paid for work hardening services.

- Services that can be billed

  Work hardening
  
  - For the evaluation, bill using local code 1001M.
  
  - For treatment, bill using CPT® codes 97545 and 97546.
Services that aren’t covered

Billing for less than two hours of service in one day (CPT® code 97545)

Services provided for less than two hours on any day don’t meet the work hardening program standards. Therefore, the services must be billed outside of the work hardening program codes. This should be considered as an absence in determining worker compliance with the program.

Example: The worker arrives for work hardening, but isn’t able to participate fully that day.

Requirements for billing

Work hardening

CPT® codes should be billed that appropriately reflect the services provided.

A worker typically starts at four hours per day and gradually increases to 7-8 hours per day by week four.

Billing less than one hour of CPT® code 97546

After the first two hours of service on any day, if less than 38 minutes of service are provided modifier –52 must be billed. For that increment of time:

- CPT® code 97546 must be billed as a separate line item with modifier –52, and
- The charged amount prorated to reflect the reduced level of service.

Example: Worker completes 4 hours and 20 minutes of treatment. Billing for that date of service would include three lines:

<table>
<thead>
<tr>
<th>Code</th>
<th>Modifier</th>
<th>Charged amount</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>97545</td>
<td></td>
<td>Usual and customary</td>
<td>1</td>
</tr>
<tr>
<td>97546</td>
<td></td>
<td>Usual and customary</td>
<td>2</td>
</tr>
<tr>
<td>97546</td>
<td>–52</td>
<td>33% of usual and customary (completed 20 of 60 minutes)</td>
<td>1</td>
</tr>
</tbody>
</table>

Billing for services in multidisciplinary programs

Each provider must bill for the services that they are responsible for each day. Both occupational and physical therapists may bill for the same date of service.
Billing for evaluation and treatment on the same day (multiple disciplines)

If both the OT and the PT need to bill for one hour of evaluation and one hour of treatment on the same date of service, the services must be billed as follows:

<table>
<thead>
<tr>
<th>If the provider type is…</th>
<th>and the service provided is…</th>
<th>Then bill as:</th>
</tr>
</thead>
<tbody>
<tr>
<td>OT</td>
<td>1 hour of evaluation</td>
<td>1 unit of 1001M</td>
</tr>
<tr>
<td>PT</td>
<td>1 hour of evaluation</td>
<td>1 unit of 1001M</td>
</tr>
<tr>
<td>OT (or PT)</td>
<td>1 hour of treatment</td>
<td>1 unit of 97545 with modifier –52 (billed amount proportionate to 1 hour)</td>
</tr>
<tr>
<td>PT (or OT)</td>
<td>1 hour of treatment</td>
<td>1 unit of 97546</td>
</tr>
</tbody>
</table>

Examples of billing options for services in multidisciplinary programs

**Scenario:** The OT is responsible for the work simulation portion of the worker’s program, which lasted four hours. On the same day, the worker performed two hours of conditioning/aerobic activity for which the PT is responsible.

The providers could bill for the six hours of services in either one of two ways:

<table>
<thead>
<tr>
<th>Billing option 1</th>
<th>Billing option 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>PT: 1 unit 97545 2 hours</td>
<td>OT: 1 unit 97545 2 hours + 2 units 97546 2 additional hours</td>
</tr>
<tr>
<td>OT: 4 units 97546 4 hours</td>
<td>PT: 2 units 97546 2 hours</td>
</tr>
<tr>
<td><strong>Total hours billed:</strong> 6 hours</td>
<td><strong>Total hours billed:</strong> 6 hours</td>
</tr>
</tbody>
</table>

› Payment limits

**Work hardening**

Work hardening programs are authorized for up to four weeks. Only one unit of 97545 (first two hours) will be paid per day per worker and the total number of hours billed shouldn’t exceed the number of hours of direct services provided.

These codes are subject to the following limits:
### Code | Description | Unit limit (four week program) | Unit price
--- | --- | --- | ---
1001M | Work hardening evaluation | 6 units  
(1 unit = 1 hour) | $127.08
97545 | Initial two hours per day | 20 units per program;  
Maximum of one unit per day per worker  
(1 unit = 2 hours) | $150.17
97546 | Each additional hour | 70 units per program  
Add-on, won’t be paid as a stand-alone procedure.  
(1 unit = 1 hour) | $76.63

Providers may only bill for the time that services are provided in the presence of the client. The payment value of procedure codes 97545 and 97546 takes into consideration that some work occurs outside of the time the client is present (for example, team conference, plan development).

Time spent in treatment conferences isn’t covered as a separate procedure regardless of the presence of the patient at the conference. Job coaching and education are provided as part of the work hardening program. These services must be billed using CPT® codes 97545 and 97546.

### Program extensions

Additional units available for extended programs:

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Six week program limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1001M</td>
<td>Work hardening evaluation</td>
<td>no additional units</td>
</tr>
<tr>
<td>97545</td>
<td>Initial two hours per day</td>
<td>10 units (20 hours)</td>
</tr>
<tr>
<td>97546</td>
<td>Each additional hour</td>
<td>50 units (50 hours)</td>
</tr>
</tbody>
</table>

- **Additional information: L&I’s work hardening program**

More information about L&I’s work hardening program, including a list of approved work hardening providers, criteria for admission into a work hardening program, and other work hardening program standards is available:
• At: www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/RTW/WorkHard/, or

• By calling the Therapy Services Program at 360-902-5481.
Payment policy: Wound care

› Prior authorization

**Electrical stimulation for chronic wounds**

If electrical stimulation for chronic wounds is requested for use on an outpatient basis, prior authorization is required using the following criteria:

- Electrical stimulation will be authorized if the wound hasn’t improved following 30 days of standard wound therapy, and
- In addition to electrical stimulation, standard wound care must continue.

**Note:** In order to pay for electrical stimulation beyond 30 days, licensed medical personnel must document improved wound measurements within the past 30 days. (See Requirements for billing, below.)

› Services that can be billed

**Debridement**

Therapists must bill CPT® 97597, 97598, or 97602 when performing wound debridement that exceeds what is incidental to a therapy (for example, whirlpool).

Wound dressings and supplies **sent home with the patient** for self-care may be billed with HCPCS codes appended with local modifier –1S.

**Note:** For wound dressings and supplies used in the office, see Payment limits, below.

**Link:** For more information on billing with local modifier –1S, see the Surgical dressings for home use section (Requirements for billing and Payment limits) of *Chapter 28: Supplies, Materials, and Bundled Services.*
Electrical stimulation for chronic wounds

Electrical stimulation passes electric currents through a wound to accelerate wound healing. Electrical stimulation is covered for the following chronic wound indications:

- Stage III and IV pressure ulcers,
- Arterial ulcers,
- Diabetic ulcers,
- Venous stasis ulcers.

To bill for electrical stimulation for chronic wounds, use HCPCS code G0281.

**Link:** For more information on electrical stimulation for chronic wounds, go to: [www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/elecStimofChronicWounds.asp](http://www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/elecStimofChronicWounds.asp)

### Requirements for billing

**Debridement**

When performing wound debridement that exceeds what is incidental to a therapy (for example, whirlpool), therapists must bill CPT® 97597, 97598, or 97602.

**Electrical stimulation for chronic wounds**

In order to pay for electrical stimulation beyond 30 days, licensed medical personnel must document improved wound measurements within the past 30 days.

### Payment limits

**Debridement**

Wound dressings and supplies used in the office are bundled and aren’t payable separately.
### Links: Related topics

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<th>Then go here:</th>
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<td><strong>Electrical stimulation of chronic wounds</strong></td>
<td>L&amp;I’s website: <a href="http://www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/elecStimofChronicWounds.asp">www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/elecStimofChronicWounds.asp</a></td>
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<td><strong>Fee schedules</strong> for all healthcare professional services</td>
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<td><strong>Powered traction devices</strong> for intervertebral decompression</td>
<td>L&amp;I’s website: <a href="http://www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/Pwdtractiondevices.asp">www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/Pwdtractiondevices.asp</a></td>
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<td>Chapter 28: <a href="http://www.Lni.wa.gov/ClaimsIns/Providers/Becoming/">Supplies, Materials, and Bundled Services</a></td>
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### Chapter 25: Physical Medicine Services  Payment Policies

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<td>TENS coverage decision</td>
<td>State Health Technology Clinical Committee (HTCC) published TENS decision: <a href="https://www.hca.wa.gov/assets/program/ens_final_11309%5b1%5d.pdf">https://www.hca.wa.gov/assets/program/ens_final_11309%5b1%5d.pdf</a></td>
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</table>
| Work hardening program at L&I                  | Program reviewer: 360-902-4480  
| L&I’s coverage decision for cryotherapy and compression devices for home use | The coverage decision: [http://www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/CryotherapyCompression.asp](http://www.Lni.wa.gov/ClaimsIns/Providers/TreatingPatients/ByCondition/CryotherapyCompression.asp) |

- **Need more help?** Call L&I’s Provider Hotline at **1-800-848-0811**