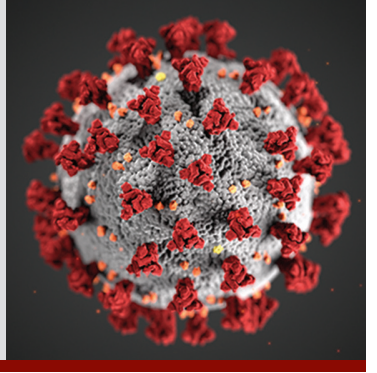


Ka Hortagga COVID-19 ee Dhismaha iyo Warshadaha La Xiriira: Shuruudaha badbaadada iyo caafimaadka iyo hagitaanka L&I (Waaxda Shaqada iyo Shaqaalaha)



Ku faafidda COVID-19 ee goobta Shaqada

COVID-19 weli waa khatar ka jirta goobta Shaqada. Waxaa keena korona fayras, wuxuuna ku faafi karaa marka qof qaba cudurka uu qufaco ama hindhiso, ama uu xiriir shaqsiyeed oo dhow la yeesho dadka kale. Waxay sidoo kale ku faafi kartaa markay dadku taabtaan afkooda, sankooda, ama indhahooda markay taabtaan dusha ama shayga wasakhaysan, ama ka gacan qaadaan dadka kale.

Shuruudaha kahortaga iyo tusmada ku jirta xaashida xaqiiqda ah waxay ka caawin kartaa loo shaqeeyayaasha inay yareeyaan halista gudbinta COVID-19 ee goobaha shaqada. Macluumaadkan wuxuu ku saleysan yahay sharciyada Department of Labor & Industries (L&I) (Waaxda Shaqada iyo Shaqaalaha), iyo hagitaanka siyaasada ee *General Coronavirus Prevention Under Stay Home — Stay Healthy Order (kahortag guud ee Xanuunka Coronavirus ee joogista hoyga - Amarka badqabka Caafimaadka)* ee la cusbooneysiisay Diseembar 2020, barta www.Lni.wa.gov/safety-health/safety-rules/enforcement-policies/DD170.pdf.

Waxaa intaas dheer, Gudoomiye Jay Inslee ayaa 5 Janaayo ku dhawaaqay *Healthy Washington — Roadmap to Recovery Proclamation (jidka Caafimaadka Washington — oo ah Marinka Kasoo Kabashada Aafada) 20-25.12 et seq.* (www.coronavirus.wa.gov/what-you-need-know/safe-start) si gobolka Washington uu u sii wado dib u furida ganacsiyada qaar si nabad galyo ah una ogolaado ganacsiyada muhiimka ah inay howlahooda sii wataan. Qorshe hawleedka waxaa ka mid ah hagitaan ku saabsan sida dib loogu furi lahaa iyo ilaha kale ee ganacsatada iyo shaqaalaha.

Xaashidaan xogta waxaa dib loo cusboonaysiiyay Feebaraayo 4, 2021. Marka xaalku is bedelo fadlan ka hubi halka wixii cusub www.Lni.wa.gov/CovidSafety.

Wax bar shaqaalaha

Loo-shaqeeyayaashu waa inay siiyaan waxbarashada

aasaasiga ah ee ka-hortagga COVID-19 shaqaalaha waliba luuqadooda ay sida fiican u fahmayaan. Taas waxa ku jira macluumaad ku saabsan:

- Calaamadaha, astaamaha iyo sababaha halista ah ee la xiriira COVID-19.
- Sida looga hortago faafitaanka cudurka korona fayras, waxa ku jira talaabooyinka la qaadayo xiliga goobta shaqada si loo sameeyo kala fogaansho bulsheed, xirashada maaskaro, gacmo dhaqid joogto ah, iyo dhaqamada kale ee badbaadada.
- Muhiimadda ay leedahay in ugu yaraan inaad lix fiit ka fogaato dadka kale
- Tilmaamaha ku saabsan sababta iyo habka loo xiranayo maaskarada wajiga, ilaalinta habdhiska neefsashada, iyo qalabka ilaalinta qofka ee gaarka ah (Personal Protective Equipment, PPE).
- Muhiimadda ay leedahay in gacmaha lagu dhaqo saabuun iyo biyo ugu yaraan 20 ilbidhiqsi, oo aan lagu taaban indhahooda, sanko, ama afka ama gacmo aan la maydhin ama galoofoyo.
- Tilmaamaha ku saabsan sababta, goorta, iyo sida loo nadiifiyo waxyaabaha badanaa la taabto ama la wadaago, sida qalabka, taleefannada gacanta, iyo qalabka kale.

Siyaabaha loo buuxiyo shuruudaha:

- Kala hadal maalin kasta wixii ku saabsan hababka badbaadada.
- Ku dheji calaamadaha ama boodhadhka meelaha caanka ah ee goobta shaqada si aad u xasuusiso shaqaalaha, booqdayaasha, iyo macaamiisha xogta ku saabsan habraacyada fayodhawrka ee loo baahan yahay (sida kala fogaanshaha bulshada, gacmo dhaqashada joogtada ah, xirashada maaskarada wejiga iyo PPE loo baahan yahay, edaabta neefsashada, iyo ka warbixinta jirrada).



Qaybta Caafimaadka iyo Bedqabka la Xiriira Shaqada



www.Lni.wa.gov/safety-health



1-800-423-7233



Washington State Department of
Labor & Industries

- Muuji boodhadhka ama macluumaadka kale ee ka hortagga COVID-19 ee wakaaladda caafimaadka dadweynaha ee deegaankaaga, Washington State Department of Health (Wasaaradda Caafimaadka ee Gobolka Washington), Xarumaha Xakamaynta iyo Kahortagga Cudurrada (Centers for Disease Control and Prevention, CDC), iyo mas'uuliyiinta kale ee caafimaadka.
- sii habab kala duwan shaqaaluhu si ay u muujiyaan tabashooyinkooda iyo fikradaha lagu hagaajinayo fayodhowrka.

Macaamiisha iyo Maaskarada wajiga

Daboolida wajiga ayaa qasab ku ah dhamaan goobaha dadweynaha ee Washington, iyadoo la raacayo amarka ka soo baxay Gudoomiye Inslee, si aad gacan looga geysto kahortagga faafitaanka cudurka korona fayras. Tani waxay ka dhigan tahay in ganacsatadu aysan u oggolaan karin macaamiisha inay soo galaan dhismayaasha iyaga oo aan xirneyn wax wajiyada daboolaya ama maaskarada wajiga. Si loo hoggaansamo amarka oo loo ilaaliyo shaqaalaha, loo-shaqeeyayaashu waa inay, ugu yaraan:

- Ku dhajiyaan calaamado caan ah albaabbada ay ka soo galaan iyagoo xusuusinaya macaamiisha shuruudaha wejiga daboolidda. Calaamadaha waa inay ahaadaan luqadda ay adeegsadaan macaamiisha meheraddu.
- La xiriir macaamiisha waa inay xirtaan maaskarada wajiga si ay u booqdaan meheradda, iyadoo la raacayo amarka gobolka. Tani waxay u baahan kartaa in shaqaalaha la joojiyo albaabbada laga galo ama si firfircoon loola socdo meelaha la wadaago iyo la hadalka macaamiisha aan xirnayn Maaskarada wajiga.
- waxa ka mid ah siyaasadaha Maaskarada wajiga iyo habraacyada COVID 19 ee barnaamijyada badbaadada shaqaalaha.
- U magacow maareeye ama kormeeraha inuu u kormeero loo shaqeeyaha barnaamijkiisa nabadgelyada ee COVID-19 xarun kasta inta shaqaaluhu joogaan.

Guryo macquul ah oo loogu tala galay Shaqaalaha leh Arimaha Caafimaadka ama Naafada

Loo-shaqeeyayaashu waa inay hubiyaan in goobaha shaqadu ahaadaan kuwo nabad ah oo caafimaad qaba dhammaan, oo ay ku jiraan shaqaalaha leh arrimaha caafimaad ee gaarka ah ama naafada. Tani waxay uga baahantahay shaqo-bixiyayaashu inay hagaajiyaan xeerarka iyo dhaqanka loogu talagalay goobta shaqada. Guud ahaan, loo shaqeeyayaashu

waa inay raacaan Americans with Disability Act (ADA) (Sharciga Naafada ee Maraykanka) ee laga heli karo www.eeoc.gov/laws/guidance/fact-sheet-disability-discrimination.

Qaar kamid ah shaqalaaha, mushkilad caafimaad ama naafonimo ayaa keenta in waji gashadku noqon waayo mid ay xidhan karaan. Si loogaga dhaafto shuruudaha waji gashadka, shaqaalaha waxaa looga baahan yahay inay adeeg-bixiyeyaashooda ka soo qaataan cadeyn oo ayna siiyaan loo-shaqeeyahooda. Bayaanka waa in lagu sheegaa in cida shaqaalaha ah ayna xidhan waji gashadka maadaama oo ay qabto xaalad caafimaad ama naafonimo. Loo-shaqeeyayaasha haysta shaqaale aan awoodin inay xidhaan waji gashad waa inay talaabo kale qaadaan si looga hortago faafitaanka fayraska. Tusaale ahaan, waxaa ka mid noqon kara gaashaan wajiga oo qoorta laga xiray ama daboolan, mishiin neefsada ah oo hawada ku shaqeynaya; labaduba waxay hubinayaan in goobta shaqadu ay ahaan u tahay dadka kale.

Intaas waxaa sii dheer, shaqaalaha ayaa laga yaabaa inay iska saaraan maaskaradooda si dadka dhagaha la 'ama maqalkoodu u adag yahay ay u akhriyaan muuqaalka wajiga ama dibnaha. Markay sidaa samaynayaan, waa inay ka fogaadaan ugu yaraan lix fiit ama masaafad jireed oo udhaxeysa iyaga iyo loo shaqeeyaha waa inuu hubiyaa in ilaalin kale ay jirto si looga hortago faafida fayraska.

Ka fogow ugu yaraan lix fiit dadka kale.

Loo-shaqeeyayaashu waa inay hubiyaan in dhammaan shaqaaluhu ay ka fogaadaan ugu yaraan lix fiit meel ka fog dadka la shaqeeya iyo dadweynaha. Marka fogaanshaha bulshada ee adag aysan suurtagal ahayn hawl gaar ah darteed, tallaabooyin kale **oo ka hortag ah ayaa loo baahan yahay**. Kuwaas waxaa ka mid noqon kara caqabado jireed oo ka hor istaaga dhibcaha ka soo baxa hindhisada iyo qufaca, hawo qaadashada cadaadiska xun, ama tallaabooyin kale.

Siyaabaha loo buuxiyo shuruudaha mobilada ama meelaha shaqada laga baxo:

- Shaqaaluhu ha qaataan baabuur gooni ah marka booska rakaabka ee baabuurta ama baabuurta xamuulka ahi aanu u oggolaanaynin lix fuudh dadka dhexdooda.
- Jooji ama yareyso booqashooyinka shaqsi ahaaneed ee dadka aad macmiilka u tahay iyo kuwa macaamiisha kuu ah. Isticmaal fariimo iimayl ah, qoraal iyo kulamo khadka onlineka ah.
- U diyaarso macaamiisha iyo macaamiisha inay soo daadiyaan ama ka soo qaataan baakado ama alaab meel hubinaysa meel markaliya la isticmaali karo.

- La xiriir macaamiisha si aad wax uga weydiiso calaamadaha COVID-19 ee dhici kara ka hor intaanay shaqaalahaagu booqan deegannadooda. Tani waxay gacan ka caawinaysaa hubinta in shaqaaluhu isticmaali karo PPE -ga lagama maarmaanka ah iyo inuu qaato taxaddarro kale.
- Diyaarso meel bannaan oo aad ku shaqayn karto iyo inaad jabiso meelaha xidhan si loo waafajiyo kala fogaanshaha bulshada. Tusaale ahaan, hubi in la jabiyo ama la furo meelaha daboolan ee balaaran si loo oggolaado ugu yaraan lix fuudh shaqaalaha dhexdooda.
- U qoondee ugu yaraan hal shaqaale ah “kormeeraha kala fogaanta bulshada” si loo hubiyo in habraacyada kala fogaynta si joogto ah loo raaco.

Nadiifin joogto ah.

Cida loo shaqeeyaa waa inay:

- Samee jadwal nadaafadeed oo si faahfaahsan u faahfaahiya, la joogteeyo, iyo jidwal-nadiifin ah, iyadoo kuxiran sida goobta loo isticmaalo.
- Bixi sahay habboon oo ku filan shaqada nadiifinta ee wakhtiyaysan, nadiifinta goobta, iyo nadiifinta ka dib markii looga shakiyay ama la xaqiijiyay kiisaska coronavirus.
- Hubso in sagxadaha, miisaska, kuraasta shaqada, iyo dusha sareba si joogto ah loogu nadiifiyo biyo iyo saabuun ama cabitaanno kale oo lagu nadiifiyo si looga saaro wasakhda iyo hadhaaga fayruusyada qaadi kara.
- Hubso in meelaha taabashada sare leh ay yihiin kuwo si sax ah oo jeermis dile loo adeegsaday iyadoo la isticmaalayo shey ay oggolaatay Environmental Protection Agency (Hay'adda Ilaalinta Deegaanka). Booqo www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2.
- Hubso in shaqaaluhu raacaan nidaamka nadaafadda wax ku oolka ah oo ay xidhaan galoofisyo iyo ka hortagga indhaha iyo wejiga (muraayadaha indhaha iyo / ama gaashaanka wajiga) markay isku darayaan, ku buufinayaan, kuna tirtirayaan waxyaabaha dareeraha ah sida warankiilada la qasay.
- Hubso in waxyaabaha la wadaago gudaha baabuurta la wadaago la nadiifiyo ka dib isticmaal kasta oo qof kale.
- Hubso in Waraaqaha Xogta Badbaadada (Safety Data Sheets, (SDSs) ee dhammaan jeermis dilayaasha goobta ay diyaar u yihiin shaqaalaha, kuna tababaraan shaqaalaha

isticmaala jeermiska sida waafaqsan shuruudaha Washington Administrative Code (Sharciga Maamulka ee Washington, WAC) 296-901 Isgaarsiinta Khatarta.

- Hubso in shaqaaluhu aysan isku darin kiimikooyinka; qaar badani isma waafaqsana. isku badhax oo isticmaal kiimikada sida ku cad tilmaamaha soosaarayaasha.
- Raac tilmaamaha nadaafada ee ay soo saartay CDC. Eeg www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html.
- Ku dhaq oo ku mayr wasakhda iyo qashinka muuqda, qalabka, iyo waxyaalaha kale kahor jeermiska.
- Waxa aad saartaa dahrka iyo meesha adag shay jilicsan si markaa si wanaagsan aad ugu nadiifin karto.

Gacmo Dhaqashada iyo Xarumaha

Loo shaqeeyayaashu waa inay ka dalbadaan shaqaalaha inay si joogto ah gacmahooda u maydhaan. Loo-shaqeeyuhu waa inuu diyaarshaa goobaha farxalka oo nagi ama la qaadi karo oo leh saabuun iyo midkood biyo kulul iyo biyo qaboow oo socda, ama biyo qandac ah oo socda.

Siyaabaha loo buuxiyo shuruudaha:

- U diyaari xarumo lagu maydho gacmaha shaqaalaha ku meel gaadhka ah iyo kuwa alaabta keena iyo goobaha shaqada ee aan caadiga ahayn. Bixi walxo la qaadan karo haddii loo baahdo.
- Si loo fududeeyo nadiifinta joogtada ah ee gacmaha, sii goob labaad oo lagu dhaqo ama lagu nadiifiyo gacmo oo laga heli karo nadiifiye, masaxaado, ama shukumaanno.
- samee jadwal si aad u hubiso in sahayda gacmaha lagu dhaqo dib loo hagaajiyo oo qashinka la faarujiyo.
- Abuur oo hirgeli nidaamyo si shaqaaluhu had iyo jeer u dhaqaan gacmahooda:
 - markay shaqada yimaadaan.
 - Markay taabtaan oogada shay looga shakisanyahay inuu wasakhaysan yahay.
 - Kahor iyo kadib cunista, cabitaanka, isticmaalka musqusha, isticmaalka waxyaabaha tubaakada, iyo taabashada wejigooda.

Loo shaqeeyayaashu waxay gacmo gashi siin karaan shaqaalaha gacmahoodu dhibayaan ku dhaqista jeermis dilaha iyo fayodhowrka joogtada ah. Laakiin galoofyada waa in si joogto ah loo dhaqo, sidoo kale.

Nidaamyada Shaqaalaha jiran iyo Kuwa leh Calaamadaha COVID-19

Loo-shaqeeyayaashu waa inay ku dhaqmaan habraaca si:

- shaqaalaha looga baahanyahay inay guriga joogaan ama guryahooda aadaan haddii ay dareemaan ama ay u muuqdaan inay jiran yihiin. Calaamadaha caadiga ah ee COVID-19 waxaa ka mid ah qandho, qufac, iyo neefta oo ku qabata. Calaamadaha kale waxaa ka mid ah urka iyo / ama dhadhanka oo kaa luma, jirka oo xanuuna, daal, iyo shuban.
- Aqoonso, karantiil, oo u dir shaqaalaha guriga kuwaas oo ku xanuunsada shaqada.
- Aqoonso oo ururi macluumaadka xiriirka qof kasta oo xiriir la lahaa shaqaale xanuunsan laba maalmood ka hor intaan astaamahoodu bilaabmin.
- Isla markiiba xidh goobaha ay deggan yihiin shaqaalaha jiran si dadka kale looga fogeeyo. Xidho goobahaas ilaa inta laga nadiifinayo oo jeermiska la dilayo.
- Nadiifi oo jeermiska ka dil dhammaan oogada meelaha uu taabtay qofka shaqaalaha ah ee buka, adoo raacaya nidaamka fayadhawrk caadiga ah (tusaale ahaan, qufulka / xirista) haddii qalabka ama nidaamyada farsamada la nadiifin doono.

Siyaabaha loo buuxiyo shuruudaha:

- Kormeer shaqaalaha, qandaraasleyda, alaab-qeybiyayaasha, macaamiisha, iyo booqdayaasha soo galaya goobta shaqada ee leh calaamadaha COVID-19. Tixgeli adeegsiga heerkulbeeg aan taabasho lahayn iyo / ama su'aalo-gaaban si loo garto astaamaha.
- Ogeysii shaqaalaha xiriirka dhow lalaha qof kastoo jirran oo ka shaqeeya shaqada (adigoon shaacin qofka uu yahay). Ku wargeli shaqaalaha wada-shaqeynta nadaafadda, jeermiska dilka, iyo dadaallada kale ee socda ee looga jawaabayoo soo-gaadhista suurtoogalka ah.

Ka hel talooyin ku saabsan sida loo baaro shaqaalaha iyo martida leh calaamadaha COVID-19 ee daabacaadan ka soo qaado Waaxda Caafimaadka ee Gobolka Washington ee www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/Employervisitorscreeningguidance.pdf.

Hawobixiyayaasha, maaskarada wajiga iyo gaashaanka wajiga ee shaqaalaha

Amarka gudoomiye. Inslee, shaqaalaha oo dhan waxaa laga rabaa inay xirtaan gafuur xidh, marka laga reebo inay keligood ka shaqaynayaan xafiis, gaari, ama goobta shaqada oo aan dadku isku dhawaanayn. markay kaligood ka shaqaynayaan xafiis, gaari, ama goob shaqo marka aysan jirin isdhexgal dadka.

Daboolida wajiga ayaa ku haboon hawlo kala duwan oo

ay qabtaan shaqaalaha dhismaha, laakiin ilaalin heer sare ah ayaa loo baahan karaa marka halista gudbinta loo arko mid dhexdhexaad ah, sare, ama mid aad u sareysa sida lagu sharaxay L&I's *Coronavirus Hazard Considerations for Employers (except COVID-19 care in hospitals and clinics)* (Tixgeliinta Khatarta Korona Fayras ee Loo shaqeeyayaasha L&I (Marka laga reebo daryeelka COVID-19 ee isbitaallada iyo xarumaha caafimaadka) ee www.Lni.wa.gov/MaskConsiderations

Loo-shaqeeyayaashu waa inay sidoo kale tixgeliyaan in heer sare oo ilaalin ahi ay lagama maarmaan u tahay sunta kale ee hawada ka soo baxda, sida silica.

Loo-shaqeeyayaashu waa inay bixiyaan oo ay bixiyaan kharashka dharka lagu daboolayo wejiga, waji-xidhka, iyo neefsadaha shaqaalaha markii loo baahdo isticmaalkooda. Shaqaaluhu waxay dooran karaan inay xidhaan maradooda wajiga dusha ka daboolaya ee shaqada haddii ay buuxiso shuruudaha ugu yar. Ka eeg qodobka L&I ee *Which Mask for Which Task? (Maaskaro Nooc ee ah Ayaa loo xidhanayaa Noocyada Shaqooyinka?)* barta www.Lni.wa.gov/go/F414-168-000 eTool Selection Guide for Face Coverings, Masks, and Respirators (Tilmaamaha Xulashada eTool ee moobiilku ku habboon yahay ee loogu talagalay Daboolida Wejiga, Maaskarada, iyo gaashaanka sanku) <http://wisha-training.Lni.wa.gov/training/articulate/maskselection/story.html>.

Gaashaanka wajiga waxaa loo isticmaali karaa maro wejiga lagu daboolo si looga hortago soo-gaadhista tooska ah ee hindhisada ama qufaca; sidoo kale waxay ka difaacaan buufin ka nadiifinta kiimikada iyo jeermis dileyaasha. Dharka wejiga lagu xidho ayaa wali loo baahan yahay marka la isticmaalayo gaashaanka wajiga.

Marka loo baahdo Neefsidaayaasha sanku ee ay ogolaaday Machadka Qaran ee Caafimaadka iyo Badqabka Jirka (National Institute for Occupational Safety and Health, NIOSH), u qaado beddelka N95 ee nadiifeyaasha qaab-dhismeedka. Tani waxay caawineysaa keydinta isticmaalka shaandhooyinka wajiga ee shaqaalaha daryeelka caafimaadka iyo ka jawaabeyaasha ugu horreeya. Tusaale ahaan, loo-shaqeeyayaashu waxay siin karaan elastomeric (caag u eg) nus ama nus-weji- gaashaanka wajiga ah.

Markii loo baahdo qalabka neefsashada sanku, raac hagaha Qaybta Caafimaadka iyo Bedqabka la Xiriira Shaqada (Division of Occupational Safety and Health, DOSH) 11.80 iyo shuruudaha barnaamijka ee Respirators Rule (Xeerka Maaskarada ood kahelayso) (Cutubka 296-842 WAC) si loo hubiyo xulashada habboon, ku habboon, isticmaalka, iyo daryeelka. Ka eeg hagaha halkan www.Lni.wa.gov/safety-health/safety-rules/enforcement-policies/DD1180.pdf. Xeerka Maaskarada ood ka helayso www.Lni.wa.gov/safety-health/safety-rules/rules-by-chapter/?chapter=842.

Ka hel talooyin ku saabsan sida loo sameeyo, sida saxda ah loo isticmaalo, iyo sida loo nadiifiyo maryaha wejiga lagu daboolo iyadoo

la raacayo tilmaamaha ka socda CDC halkan www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html.

Talaabooyinka Kale ee Amaanka

Shaqaalaha waa in loo tababaraa inay ka fogaadaan taabashada afkooda, sankooda, iyo indhahooda, iyo dusha meelaha u dhow markay xiranayaan, isticmaalayaan, iyo ka saarista qalabka 'PPE' iyo maaskarada. Waa inay gacmahooda dhaqaan kahor iyo kadib xirista, qaadista iyo hagaajinta qalabka 'PPE' iyo waji-xidhka.

Loo shaqeeyayaashu waa inay cusbooneysiyaan Barnaamijka Kahortagga Shilalka (Accident Prevention Program, APP) si loogu daro wacyigelinta iyo ka hortagga cudurada la isu gudbin karo iyo fayrasyada.

Ganacsiyada waa inay ka hubiyaan L&I, iyo websaydhada wakaaladaha caafimaadka bulshada iyo wixii ku saabsan cusbooneysiinta korona fayras.

Khayraadka

Caawimaad bilaash ah oo ku aadan badqabka iyo caafimaadka loo shaqeeyaasha Barnaamijka Talo bixinta ee L&I DOSHConsultation@Lni.wa.gov ama www.Lni.wa.gov/DOSHConsultation

Warqada xaqiiqada ee L&I iyo warshadaha kale www.Lni.wa.gov/CovidSafety

Qaybta L&I ee Caafimaadka iyo Bedqabka la Xiriira Shaqada COVID-19 bogga, oo ay ku jiraan ilaha laga helo Xarumaha Xakamaynta iyo Kahortagga Cudurrada (CDC), Badbaadada Shaqada iyo Maamulka Caafimaadka (Occupational Safety and Health Administration, OSHA), iyo Waaxda Caafimaadka ee Gobolka Washington www.Lni.wa.gov/CovidSafety

Tusmada xeerarka wajiga 2 ee badqabka goobta shaqada ee Associated General Contractors of Washington (Ururka Guud ee Qandaraaslayaasha Washington) www.agcwa.com/wp-content/uploads/2020/06/PHASE-2-AGCW-C-19-Jobsite-Practices-06-15-2020.pdf

Linkiyo dheeraad ah oo ah cida ay dawlada ka wada shaqeeyaan

bogga OSHA COVID-19 www.osha.gov/SLTC/covid-19

Marka la codsado, taageerada luqadda ajnabiga ah iyo qaababka dadka naafada ah waa la heli karaa. Wac 1-800-547-8367. Icticmaalayaasha TDD, ha la hadlaan 711. L&I waa loo-shaqeeye leh fursadiisa loo siman yahay.

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CDC Interim Guidance for Businesses and Employers (Tilmaamaha Ku-meelgaarka ah ee CDC ee Ganacsiyada iyo Loo-shaqeeyayaasha) www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

La ilaalinta shaqaalaha aargoosiga ama takoorka

Waa wax sharci daro ah in loo-shaqeeyayaasha eryaan, shaqada darajadii hoos uga dhigaan, ka aar goostaan, ama takooraan shaqaale xuquuqdiisa badbaadada iyo caafimaadka ah ku dhaqmay.

Waxaa kamid ah taas xuquuqda:

- Sheegitaanka wixii walaacyo ah ee uu ka qabo badbaadada iyo caafimaadka ee loo-shaqeeyayaasha.
- Ka qayb galka hawlaha ururka shaqaalaha ee la xidhiidha badbaadada iyo caafimaadka.
- Xaraynta cabashada caafimaadka iyo badbaadada.
- Kaqeybqaado baaritaanka Qaybta Caafimaadka iyo Bedqabka la Xiriira Shaqada (DOSH).

Shaqaaluhu waxay u gudbin karaan cabashada aar goodiga DOSH iyo/ama Maamulka Caafimaadka iyo Amaanka Shaqada federalka (OSHA) 30 maalmood gudahood marka dhacdadu ay dhacdo.

kaga bogo waxbadan bartaan

www.Lni.wa.gov/WorkplaceDiscrimination.