

| If your complaint is about your employer: | Use this form: |
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| <ul style="list-style-type: none"> • Not paying you for: <ul style="list-style-type: none"> • Wages you are owed. • Overtime hours you worked. • Sick leave allowed by law. • Your work uniform. • Not paying you minimum wage. • Not providing required meal and/or rest breaks. • Not following youth employment laws. • Not following healthcare overtime or meal & rest break laws. | <p>Worker Rights Complaint Form</p> <p>File online:</p> <p>https://secure.Lni.wa.gov/wagecomplaint</p> <p>or</p> <p>www.Lni.wa.gov/go/F700-148-000</p> |
| <p>Not allowing you to take leave from work to:</p> <ul style="list-style-type: none"> • To care for a sick child or family member. • For domestic violence, sexual assault, stalking, or to care for a family member who is a victim of domestic violence, sexual assault, or stalking. • To take military leave. • To take leave to perform an emergency service as a volunteer, reserve peace officer or member of the Civil Air Patrol. <p>Retaliating against you, or any qualifying family member for:</p> <ul style="list-style-type: none"> • Taking leave to care for a sick child or family member. • Taking leave for domestic violence, sexual assault, or stalking. • Being a victim or perceived victim of domestic violence, sexual assault, or stalking. • Taking military leave. • Taking leave to perform an emergency service as a volunteer, reserve peace officer, or member of the Civil Air Patrol. | <p>Protected Leave Complaint Form</p> <p>www.Lni.wa.gov/go/F700-144-000</p> |
| <p>Retaliating/discriminating against you for:</p> <ul style="list-style-type: none"> • Filing an Industrial Insurance (workers' compensation) claim for an on-the-job injury. | <p>Industrial Insurance Discrimination Complaint Form</p> <p>www.Lni.wa.gov/go/F262-009-000</p> |

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| <p>Violating your rights under the Equal Pay & Opportunities Act:</p> <p>Employee rights:</p> <ul style="list-style-type: none"> • Equal pay, not based on gender. • Equal career advancement opportunities, not based on gender. • Ability to discuss wages or salary information of a new position or promotion, if requested by an employee. • Access to minimum wage or salary information of a new position, if requested by the employee. • Protection from retaliation. <p>Job applicant rights:</p> <ul style="list-style-type: none"> • No requirement to reveal your wage or salary history for job application or promotion. • Access to minimum wage or salary information about a new position, if requested by the applicant. | <p>Equal Pay & Opportunities Act Form</p> <p>www.Lni.wa.gov/go/F700-200-000</p> |
| <p>Retaliating against you <i>for exercising</i> a right protected under the Minimum Wage Act, such as your right to:</p> <ul style="list-style-type: none"> • Minimum wage for all hours of work. • Overtime pay for working more than 40 hours in a workweek. • Accrue and use paid sick leave. • All tips and service charges you've earned. • File a complaint regarding or discussing any of these rights. <p>Examples of employer retaliation include: termination, suspension, reduction of hours or pay, threatening or taking action based on your or your family's immigration status, write-ups, verbal warnings, attendance points, etc.</p> | <p>Minimum Wage Act Retaliation Complaint Form</p> <p>www.Lni.wa.gov/go/F700-199-000</p> |
| <p>Retaliating/discriminating against you for exercising your workplace safety & health rights such as:</p> <ul style="list-style-type: none"> • Bringing job safety and health concerns to your employer's attention. • Participating in union activities concerning safety and health matters. • Refusing a dangerous task when certain conditions exist. • Filing safety and health grievances. • Participating in safety and health inspection with a DOSH (Division of Occupational Safety & Health) inspector. • Filing a complaint about a workplace safety or health hazard. | <p>DOSH Discrimination Complaint Form</p> <p>www.Lni.wa.gov/go/F416-011-000</p> |

Don't see your complaint above? Call 1-866-219-7321 for help.

Continue to the next page to see complaints *not* handled by L&I.

Complaints *not* handled by L&I:

- Job discrimination based on race, color, religion, sex, national origin, age, whistleblower status, or disability – contact the Equal Employment Opportunity Commission at www.eeoc.wa.gov/filing-charge-discrimination or the Human Rights Commission at www.hum.wa.gov/file-complaint.
- Unemployment benefits – contact Employment Security Department at www.esd.wa.gov/unemployment
- Paid Family Medical Leave (PFML) benefits or retaliation – contact the Paid Leave Program with the Employment Security Department at www.PaidLeave.wa.gov.
- Family Medical Leave Act (FMLA) protections – contact US Department of Labor at www.dol.wa.gov/whd/fmla