

Addressing Chronic Opioid Therapy

Help L&I reduce harms and improve care for workers who are on chronic opioid therapy.



L&I is undertaking a worker-centered, evidence-based project to offer alternative therapies to patients on chronic opioid therapy (COT). We'll be taking a look at workers' cases with a holistic view of improving their health and avoiding long-term disability.

What is the mCOT project?

Our goals are to:

- Review claims of chronic opioid therapy and determine needs
- Provide resources for patients that are easier to access and understand
- Provide resources and education opportunities for providers

What's in it for you?

- You can reduce harms and improve care of workers on COT so that they can return to work faster.
- Participation in this project should not increase your workload and hopefully provide you with additional resources and support and reduce your caseload over the long-term.
- This project is completely voluntary; let's work together to improve care.

Thank you for your partnership.

Now that you've heard from the nurse, we encourage you to stay engaged with the project.

- To learn more, visit www.Lni.wa.gov/mCOT.
- If you have questions about this project, please send us an email at pharmacymanager@lni.wa.gov.

Thanks for joining with us to reduce opioid deaths in Washington and help injured workers heal and return to work.



www.Lni.wa.gov/mCOT

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