

# **Programs and Resources**

## For Physical Medicine Providers

Now that you've completed the L&I Workers' Compensation Basics webinar, your next step is to review each link below to learn more about L&I web resources.

### Claims

- Comagine Health
- Condition and Treatment Index
- Fee schedules and payment policies (MARFS)
- Find a Doctor
- Physical & Occupational Therapy Utilization Review
- Provider Hotline Authorizations
- Utilization Review
- Vendor Services Lookup

### **Education**

- Conservative Care Evidence Summary: Options for Documenting Functional Improvement
- Conservative Care Evidence Summary: Reducing Disability
- Treatment Guidelines and Resources
- Work Rehabilitation Guideline

### **Support Resources**

- Activity Coaching/Progressive Goal Attainment Program
- Behavioral Health Interventions
- Interpreter Services
- Job Accommodation Network
- Job modifications
- Physical, Occupational, and Massage Therapy
- Preferred Worker Program
- Pre-job accommodations
- Stay at Work
- Work Rehabilitation
- WorkSource

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### **Forms**

- Referral for Activity Coaching Program (F245-413-000)
- Activity Prescription Form (F242-385-000)
- Capacity Summary (F245-434-000)
- Physical Medicine Progress Report (F245-453-000)
- Physical Medicine Progress Report Form Instructions
- Physical/Occupational/Massage Therapy Provider Hotline Service Authorization Request (F245-417-000)
- Worker Travel Reimbursement (F245-145-000)

### **Publications**

- Employers Guide to Workers' Compensation Insurance in Washington State (F101-002-000)
- Getting Back to Work: It's Your Job and Your Future (F200-001-000)
- How to Protest a Department of Labor & Industries Decision on Your Claim (F242-363-909)
- Outpatient Services Referral Guide for Physical and Occupational Therapists (F245-494-000)
- Physical Medicine Best practices quick reference guide
- Pocket Guide for Worker Rights (F101-165-909)
- Weights of Common Items (F245-415-000)
- Work Rehabilitation Standards (F280-077-000)

#### Rules

- WAC 296-20: Medical Aid Rules (full chapter)
- WAC 296-20-010(7): General information
- WAC 296-20-01002: Definitions
- WAC 296-20-015: Who may treat
- WAC 296-20-02010: Review of health services providers
- WAC 296-20-024: Utilization management
- WAC 296-20-030: Treatment not requiring authorization for accepted conditions
- WAC 296-20-03001: Treatment requiring authorization
- WAC 296-20-03002: Treatment not authorized
- WAC 296-20-06101: What reports are health care providers required to submit to the insurer?
- WAC 296-21-290: Physical Medicine
- WAC 296-23-220: Physical therapy rules
- WAC 296-23-230: Occupational therapy rules
- WAC 296-23-250: Massage therapy rules