

Physical Medicine Progress Report: Frequently Asked Questions

Physical and Occupational Therapists have a required tool to help measure progress of standard outpatient therapy services. L&I's Physical Medicine Progress Report (PMPR) form [F245-453-000](#) is available to use when treating patients covered under Washington State's workers' compensation.

What is the purpose of the form?

This form creates a standard to measure baseline and progress over the course of treatment. It also promotes best practices among physical and occupational therapists.

My current progress report form has the same information as the PMPR form. Can I just submit my progress report?

The PMPR form has several improvements that help locate essential information on the form and features a unique document identifier to more easily find it in the claim file.

Will I be reimbursed for filling out the PMPR form?

It is not separately reimbursable. A progress report has always been required, and it has not been a billable document. The use of the PMPR replaces your current progress report. Because it is a standardization of an already existing process, it is not reimbursable.

Are attending providers required to sign off on the PMPR form?

No, but a signature from the attending provider (AP) indicates they are engaged with the patient's care and aware of further treatment recommendations. L&I expects APs to review progress reports monthly. A signed PMPR form indicates an active referral and may facilitate approval for additional care.

Do I send the PMPR form with my utilization review request for further treatment?

Yes. Submit your most recent PMPR to Comagine Health when requesting utilization review for standard outpatient therapy.

Will the PMPR be integrated into Electronic Medical Record (EMR) systems?

The decision to integrate the form as a fillable document within your clinic's EMR rests with your clinic. The completed PMPR form must still be submitted to L&I via fax. Contact L&I for alternative document formats by email at therapy@Lni.wa.gov.

Do I need to fill out Section 2 with my patient?

We recognize you may not wish to utilize the visit time to fully complete Section 2 with your patient. We encourage you to ask your patient to answer the questions in Section 2, e. and f. during their session.

Can I sign the form using an electronic signature?

Yes, our payment policy allows for electronic signatures and signature stamps.

PMPR questions?

Please contact us at therapy@Lni.wa.gov or call 360-902-9115.