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## Industrial Insurance Chiropractic Advisory Committee (IICAC)

**Meeting Minutes for October 12, 2023**

**Hybrid Meeting occurred via Zoom/HQ Room S117**

**Members Present**

David Folweiler, DC | Chair  
Kelly Golob, DC | Vice Chair  
Wini Hamilton, DC  
Aaron Jorgensen, DC  
Michael Pettet, DC  
Sandra Lester, DC  
Matthew Waldron, DC

**Members Not Present**

Michael Covington, DC

**L&I Staff**

Kim Wallace  
Morgan Young, DC  
Amy Updike  
Ji Young Nam, MD  
Azadeh Farokhi, MD  
Karen Jost  
Diana Drylie  
Denise Santoyo  
Kirsta Glenn  
Megan Lemon  
Susan Pierini

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**Start time:** 8:31am

### **Hybrid Hints: David Folweiler**

David Folweiler reviewed the settings for participants of the hybrid meeting for optimal video and audio.

### **Welcome - David Folweiler**

#### **Introductions**

IICAC Chair David Folweiler called the meeting to order and led introductions.

#### **Review & Approve Agenda**

Committee members reviewed and approved the agenda for the October 12, 2023 IICAC quarterly meeting. Approved and motion carried at 8:37 am.

#### **Approve Meeting Minutes from 7/20/2023 Meeting**

Committee members reviewed the final meeting minutes from the July 20, 2023 meeting and voted to approve. Approved and motion carried at 8:37 am.

#### **Safety Tip**

Dr. Folweiler presented the safety tip on Slips, Trips & Fall Safety.

### **Open IICAC Slot Update – Morgan Young**

The open position has been filled by Robert Curtis, D.C. in Bellingham, who will join the committee in January 2024. Dr. Curtis has been a sports practitioner for 15-20 years, and is going through the contracts process now.

### **Open Public Meetings Act Training – Susan Pierini**

The committee participated in the Open Public Meetings Act training.

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## **Behavioral Health Integration Project – Megan Lemon & Morgan Young**

Current stats of BHI including definitions, overview of coverage, policy project details such as the MLT pilot data to inform change and also those items that the project is not focusing on such as services with DSM 5 diagnosis. The project timeline is reviewed, policy to be published on the website December 1, 2023. Policy goes into effect January 1, 2024.

Feedback included discussion on provider satisfaction with the system, conversation around the amount of therapy sessions now covered and ideas on reaching out to more providers in other states by offering virtual sessions.

## **MLT Update – Morgan Young**

Updates on MLT pilot were provided including MLT services are seeing an increase in claims with MH evaluations not drastically increased. Additionally MLT have increase access to rural claimants. A public stakeholder hearing on the proposed rule changes was held, there were no public comments, so this will go into effect 1/1/24 making MLTs eligible providers.

## **RTW Partnership Leadership Introduction – Kirsta Glenn**

Kirsta introduced the group to RTW Partnership Leadership. She covered an overview including predictors of long term disability, permanent disability, and the average age of the incoming claims. Return to Work (RTW) Partnerships mission is to prevent work disability for injured workers. Voc services were significantly expanded in 2011 and the quality of Voc services has improved as referrals being made to firms and not individual Voc providers.

## **Epicondylitis Resource Finalization – Michael Covington & Morgan Young**

The Epicondylitis Resource was reviewed once more with the group, no public comment was received. Vote to approve and motion carried at 10:54 am.

## **2024 Meetings – Kim Wallace**

Kim shared that L&I staff have completed an extensive review of meeting location options and determined that the SeaTac Conference Center is no longer the best in-person venue for quarterly IIMAC (and ACHIEv) meetings. Specifically, the L&I Tukwila office offers benefits including cost savings and parking convenience. The committee supported continuing to conduct hybrid meetings throughout 2024 using the L&I Tukwila office as the in-person location. The Chair and Vice Chair expressed a desire for committee members to attend in person whenever

possible to promote quality of engagement. Meetings will continue to be held in the afternoon on the fourth Thursday of January, April, July, and October.

### **Contract Discussion – Morgan Young & Denise Santoyo**

OMD has committed to creating a new template for contracts, effective 1/1/24. Terms will not be impacted by the new contract, roles will not change, but adding required general terms and conditions which cannot be changed without approval of the AG’s office. The changes will help minimize contract amendments and allows each member appointed to be able to serve on another committee. The new contract will also allow members to be compensated for other requests for IICAC work “participate in committee related activities”.

### **Updates**

#### **ACHIEv- Kelly Golob**

ACHIEv is working on updating focus statement. Presentations included the operational dashboard, early access to conservative care, low back pain collaboration, updates on COTY improvement projects and medical consultant results (including chiro).

#### **PEO/PPQ- Kelly Golob & Michael Covington**

PEO: Kelly reviewed updates to PT/OT referral form, updates to the AP form. PT/OT templates are going into resources education requirement training.

PPQ: Morgan just finished review of Epicondylosis Resource and is starting on Carpal Tunnel Syndrome. The changing draft may be available in April, with a goal to be completed by July.

#### **Bree/HTCC – Morgan Young**

Bree: Topics discussed at Bree included treatment for Opioid use Disorder, Climate-Related Heat Management, and Behavioral Health- Early Intervention for Youth.

HTCC: HTCC picked topics for 2024 (Whole Genome Sequencing, Treatments for Chondral defects of the knee, and Bariatric Surgery). Lumbar Spinal Stimulators will be available in November 2023, with possible literature.

### **Public Comment – David Folweiler**

No comments.

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## **Meeting Wrap Up – David Folweiler**

### **Officer Elections**

Officer Elections were held. Dr. Folweiler and Dr. Golob were nominated and elected to continue their positions as Chair and Vice-Chair for an additional 2 years.

### **Final Comments**

Committee members asked about 2024 meeting locations and options for next year's retreat.

### **Agenda & Meeting Planning for January 2024**

The attendees expressed potential interest in hearing about the movement on conservative care. Morgan responded that more discussion was needed on that topic and that there may be additional information to share and discuss in January.

**Meeting Adjourned: 11:55 am**