

Industrial Insurance Medical Advisory Committee Meeting

Quarterly Meeting Minutes for 07/27/2023 Prepared by: Victoria Rich, OMD Admin

IIMAC Members Present

Andrew Friedman (Chair) Kirk Harmon (Vice-chair) Greg Carter Jiho Bryson Laurie Gwerder Monica Haines Louis Lim Stephen Thielke Mike Codsi Robert (Bob) Lang Jean-Christophe (JC) Leveque Patricia Waring

IIMAC Members Absent

Linda Seaman Chris Howe

L&I Staff and Presenters

Susan Abolafya- L&I Danny Aguilera- L&I Shawn Apperson- L&I Suzyn Daniel- L&I Sheryl Divina- L&I Diana Drylie- L&I Molly Dutton- L&I Azadeh Farokhi- L&I Jason Fodeman- L&I Gary Franklin- L&I Noha Gindy- L&I Lee Glass- L&I Kirsta Glenn- L&I Zach Gray- L&I

Erich Hahn- L&I Karen Jost- L&I Sophia Lam- L&I Ilana Lehman- L&I Kim Mayhew- L&I Tiffany Meeks- L&I Jason McGrew- L&I Shauna Muendel- L&I Ji Young Nam- L&I Amy Nielsen- L&I Victoria Rich- L&I Chuck Shifren- L&I James Simonowski- L&I Jessica Sullivan- L&I Amar Tawana- L&I Amy Updike- L&I Kim Wallace- L&I Cheri Ward- L&I Bob Waring- L&I Vernonda Williams- L&I Morgan Young- L&I

Public Commenters/Participants

Lloyd Brooks- NurseWorks NW Tricia Daniel- WSIA & NurseWorks NW Shari Fowler-Koorn- Comagine Teri Smith-Weller- UW Mariko Yatsu- AGO



Welcome and Call to Order

*Call to order at 1: 03pm ^^Quorum present

Hybrid Helpful Hints (Suzyn Daniel)

Introductions (Andrew Friedman)

-Amy Updike, Nursing Director

Approve Minutes (Andrew Friedman) From 4/26/2023:

*First motion: Bob Lang

*Second motion: Monica Haines

^^No opposed/all approved

Safety Tip (Andrew Friedman)

Safety tip on the warning signs of secondary drowning

ACHIEv Summary (Kim Wallace)

Kim shared that the 7/27/2023 ACHIEv meeting included five different agenda items: 1) the ACHIEv charter, specifically discussion of a revised purpose statement, 2) the L&I Insurance Services Division Operational Health Dashboard, 3) a presentation on promoting early access to conservative care, 4) presentations from COHE leaders regarding their planned quality improvement projects, and 5) an update on the OMD medical consultant solicitation.

Lumbar Spine Surgery CME Module (Azadeh Farokhi and Victoria Rich)

Azadeh Farokhi presented the most recent draft of the Lumbar Spine Surgery CME module and got feedback from the group on the format and accessibility.

Current UR Process: Quality of Care Concerns (Shauna Muendel)

Shauna Muendel provided a brief overview of Utilization Review program and discussed the quality of care flag, which is a method for tracking quality of care concerns at the time of surgical review. This tool is under evaluation to determine steps to increase the tool's efficacy and to identify areas for increased partnership between the UR unit, the UR vendor and the Provider Quality & Compliance (PQC) team.

BREAK: 3:00pm

Post-Traumatic Stress Disorder (Gary Franklin and Stephen Thielke)

Gary Franklin and Steven Thielke presented on PTSD definitions related to DSM-5 criteria. The strongest evidence based recommendations on treatments for PTSD were reviewed, primarily from the Veterans Administration PTSD guidelines. Dr. Franklin also reviewed some data on a small sample of presumptive PTSD



claims. The data included timeliness of claim processing, prevalence of second opinions, common concurrent mental health conditions, and RTW and pension frequency. Findings include that the DSM-5 criteria are not often followed and that some of the delays are related to obtaining second opinions. Instruments that are used to diagnose and follow PTSD patients were discussed.

Kim Wallace commented that LNI has committed to a PTSD project within the next year as a top priority on how to improve the claim process for PTSD and determining what is appropriate high quality treatment.

By-Laws Reviewed (Suzyn Daniel) 3:57pm

Suzyn Daniel updated the attendees on the by-laws. On the current contract for IICAC and IIMAC, the group is working to streamline and standardize contract language, with the goal of completing a draft by October. By-laws will need to be updated and two interested IIMAC members are needed to work with the chair and the vice chair to start working on the updates.

Finalize Retreat Agenda (Suzyn Daniel and Andrew Friedman)

Suzyn Daniel and Andrew Friedman sought additional topics for the IIMAC retreat that align with OPMA. Additional potential topics discussed were a universal guideline, utilization review, risk of harm and provider education.

Updates: pm (Gary Franklin, Zach Gray, Suzyn Daniel)

- **Opioids (Gary Franklin)** L&I continues to work with workers who are getting COT. The 2022 update of CDC guideline removed the opioid dosing thresholds and number of days use for acute pain.
- Medical Consultant Solicitation (Suzyn Daniel and Zach Grey) HPU is currently working on an RFQQ for specialty medical consultants to work in conjunction with the ONC's to improve claim outcomes.

Public Comments 4:32pm

None

Wrap-Up (Andrew Friedman)

Meeting adjourned at 4:33 pm