

# Payment Policies for Healthcare Services Provided to Injured Workers and Crime Victims

# **Chapter 7: Chiropractic Services**

Effective July 1, 2023



**Link**: Look for possible <u>updates and corrections</u> to these payment policies on L&I's website.

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#### The following terms are utilized in this chapter and are defined as follows:

**Body regions**: One of the factors contributing to clinical decision-making complexity for chiropractic care visits. Body regions include:

- Cervical (includes atlanto-occipital joint),
- Thoracic (includes costovertebral and costotransverse joints),
- Lumbar
- Sacral
- Pelvic (includes sacroiliac joint),
- Extra-spinal (considered one region), which includes
  - o Head (includes temporomandibular joint; doesn't include atlanto-occipital), and
  - Upper and lower extremities, and
  - Rib cage (doesn't include costotransverse and costovertebral joints).

**Chiropractic care visits**: Office or other outpatient visits involving subjective and objective assessment of patient status, management, and treatment.

**Clinical decision-making complexity**: The primary component influencing the level of care for a chiropractic care visit. Clinical complexity is similar to established patient evaluation and management services, but emphasizes factors typically addressed with treating workers. Factors that contribute to clinical decision-making complexity for injured workers include:

- The current occupational condition(s),
- Employment and workplace factors,
- Non-occupational conditions that may complicate care of occupational condition,
- Care planning and patient management,
- Chiropractic intervention(s) provided,
- Number of body regions involved, and
- Response to care.

The number of **body regions** being adjusted is only one of the factors that may contribute to visit complexity, but should be weighted less heavily than other components.

L&I defines clinical decision-making complexity according to the definitions for medical decision-making complexity in the Evaluation and Management Services Guidelines section of the CPT® book.

**Complementary and preparatory services**: Interventions used to prepare a body region for or facilitate a response to a chiropractic manipulation/adjustment. For example, the application of heat or cold is considered a complementary and preparatory service.

**Distant site:** The location of the provider who performs telehealth services. This provider is not at the originating site with the worker.

**Established patient**: One who has received professional services from the physician, or another physician of the same specialty who belongs to the same group practice, within the past three years.

L&I uses the CPT® definition for established patients. Refer to a CPT® book for complete code descriptions, definitions, and guidelines.

**New patient**: One who hasn't received any professional services from the physician, or another physician of the same specialty who belongs to the same group practice, within the past three years.

L&I uses the CPT® definitions for new patients. Refer to a CPT® book for complete code descriptions, definitions, and guidelines.

**Originating site:** The place where the worker is located when receiving telehealth. For the purposes of this policy, the worker may be at home when receiving telehealth.

**Telehealth:** Face-to-face services delivered by a qualified medical provider through a real-time, two-way, audio video connection. These services aren't appropriate without a video connection.



#### The following CPT®, HCPCS, and/or local code modifiers apply to this chapter:

#### -22 (Increased Procedural Services)

Procedures with this modifier will be individually reviewed prior to payment. A report is required for this review and it must include justification for the use of the modifier explaining increased complexity required for proper treatment. Payment varies based on the report submitted.

# -25 (Significant, separately identifiable evaluation and management (E/M) service by the same physician on the day of a procedure)

Payment is made at 100% of the fee schedule level or billed charge, whichever is less.

#### -GT (Via interactive audio and video telecommunication systems)

Used to indicate a telehealth procedure was performed. Documentation to support the service must be submitted. Payment is made at 100% of the fee schedule level or billed charge, whichever is less.

# Payment policy: Chiropractic care visits

#### **Prior authorization**

Prior authorization for all types of conservative care, including chiropractic, is required when billing for:

- More than 20 office visits, or
- Visits that occur more than 60 days after the first date you treat the worker (see <u>WAC 296-20-03001(1)</u>).

#### Services that can be billed

Local codes **2050A**, **2051A**, and **2052A** account for both professional management (clinical complexity) and technical service (manipulation and adjustment). There are three levels of **chiropractic care visits**:

The primary component is clinical decision-making.  If it is	OR the number of body regions adjusted or manipulated is	and typical face- to-face time with patient or family is	Then the appropriate billing code and maximum fee is
Straightforward	Up to 2	Up to 15 minutes	<b>2050A</b> (Level 1) <b>\$49.35</b>
Low complexity	Up to 3 or 4	15-25 minutes	<b>2051A</b> (Level 2) <b>\$63.22</b>
Moderate complexity	Up to 5 or more	Over 25 minutes	<b>2052A</b> (Level 3) <b>\$77.03</b>

#### Re-evaluations

Depending on the amount of clinical complexity and services rendered, an E/M code may better capture the level of service performed during a re-evaluation.

If a re-evaluation of a patient meets the CPT® criteria for **established patient** E/M, the provider may bill the appropriate E/M code instead of a chiropractic care local code (**2050A**, **2051A**, or **2052A**). See the <u>Chiropractic evaluation and management (E/M) services payment policy</u> for additional details.

#### Services that aren't covered

CPT® chiropractic manipulative treatment (CMT) codes 98940-98943 aren't covered.

Instead of using CMT codes, L&I collaborated with the Washington State Chiropractic Association and the University of Washington to develop local codes that can be billed for **chiropractic care visits** (see Services that can be billed, above).

Treatment of chronic migraine or chronic tension-type headache with chiropractic manipulation/manual therapy isn't a covered benefit.



**Link**: The coverage decision for <u>Chronic Migraine or Chronic Tension-type Headache</u> is available online.

# **Payment limits**

Only one chiropractic care visit per day is payable.

Extra-spinal manipulations aren't billed separately from each other (all extremities are considered to be one **body region**).

Modifier **–22** isn't payable when used for non-covered or bundled services (for example, application of hot or cold packs).

Providers may not bill an **established patient** E/M code and a chiropractic care local code (2050A, 2051A, or 2052A) for the same date of service.

## **Examples of chiropractic care levels of complexity**

These examples are for illustration only and aren't clinically prescriptive:

Level 1: Straightforward clinical decision-making (billing code 2050A)

Patient 26 year old male.

Cause of injury Lifted a box at work.

Symptoms Mild, low back pain for several days.

Treatment Manipulation or adjustment of the lumbar region, anterior thoracic

mobilization, and lower cervical adjustment.

Level 2: Low complexity clinical decision-making (billing code 2051A)

Patient 55 year old male, follow-up visit.

Cause of injury Slipped and fell on stairs while carrying heavy object at work.

Symptoms Ongoing complaints of neck and low back pain. New sensation of periodic

tingling in right foot. Two days off work.

Treatment Discuss need to minimize lifting and getting assistance when carrying

heavier objects. Five minutes of myofascial release prior to adjustment of

the cervical, thoracic, and lumbar regions.

Level 3: Moderate complexity clinical decision-making (billing code 2052A)

Patient 38 year old female, follow-up visit.

Cause of injury Moved heavy archive boxes at work over the course of three days.

Symptoms Low back pain with pain at the sacrococcygeal junction, pain in the

sacroiliac regions, and right-sided foot drop. Obesity and borderline diabetes. Tried light-duty work last week, but unable to sit for very long, went home. Tried prescribed stretching from last visit, but worker couldn't

continue and didn't stretch because of pain.

Treatment Review MRI report with the worker. Discussed obesity and diabetes

impact on recovery, 10 minutes. 10 minutes of moist heat application, 10 minutes of myofascial work, and manipulation/ adjustment to the lumbar,

sacroiliac, and sacrococcygeal regions.

# Payment policy: Chiropractic evaluation and management (E/M) services

#### **Prior authorization**

Prior authorization is required when billing for:

- More than 20 office visits, or
- Visits that occur more than 60 days after the first date you treat the worker (see <u>WAC 296-20-03001(1)</u>).

#### Services that can be billed

#### **Case management services**

Codes and billing instructions for case management services telephone calls, team conferences, and secure email can be found in the Case management services section of <a href="Chapter 10: Evaluation and Management">Chapter 10: Evaluation and Management</a>. These codes may be billed in addition to other services performed on the same day.

#### Office visits

Chiropractic physicians may bill all levels of office visit codes for **new and established patients**.

For complete code descriptions, definitions, and guidelines, refer to a CPT® book.

Link: Fees appear in the Professional Services Fee Schedule.

## **Payment limits**

A **new patient** E/M office visit code is payable only once for the initial visit.

An established patient E/M office visit code isn't payable on same day as a new patient E/M.

Modifier **–22** isn't payable with E/M office visit codes for chiropractic services.

For follow-up visits, E/M office visit codes aren't payable when performed on the same day as L&I **chiropractic care visit** codes. Refer to the <u>Chiropractic care visits</u> section of this chapter for policies about the use of E/M office visit codes with L&I codes for chiropractic care visits.

Chiropractic E/M office visits are only payable on the same date as a **chiropractic care visit** when all of the following are met:

- It is the first visit on a new claim, and
- The E/M service is a significant, separately identifiable service (it goes beyond the usual pre- and post-service work included in the chiropractic care visit), and
- Modifier –25 is added to the E/M code, and
- The patient's record contains supporting documentation describing both the E/M and the chiropractic care services.

**Link**: Additional E/M information is available in <u>Chapter 10: Evaluation and Management Services.</u>



# Payment policy: Chiropractic consultations

#### **General information**

Consultations are requested by the attending provider. A chiropractic consultant may render a second opinion for any conservative management of musculoskeletal conditions even if the attending provider is not a chiropractor.

#### **Prior authorization**

While chiropractic consultations don't require prior authorization, consultations do require prior notification (by electronic communication, letter, or phone call) to the department or self-insurer per <u>WAC 296-23-195</u>.

### Who must perform these services to qualify for payment

Only an L&I-approved chiropractic consultant can perform office consultation services to qualify for payment.

#### Services that can be billed

Approved consultants may bill all levels of CPT® office consultation codes.

### **Additional information: Chiropractic consultations**

L&I periodically publishes:

- A policy on consultation referrals, and
- A list of approved chiropractic consultants.

**Link**: More information about <u>consultations</u>, how to <u>become a chiropractic consultant</u>, and a list of <u>approved chiropractic consultants</u> is available online.

# Payment policy: Chiropractic independent medical exams (IMEs) and impairment ratings

#### **Prior authorization**

Prior authorization is only required when an IME is scheduled. To get prior authorization for claims that are:

- State Fund, use L&I's secure, online Claim & Account Center to see if an IME is scheduled.
- **Self-Insured**, contact the <u>self-insured employer (SIE) or their third party administrator</u> (TPA).
- Crime Victims, call 1-800-762-3716.

## Who must perform these services to qualify for payment

Only an L&I-approved IME examiner can perform IMEs or impairment ratings to qualify for payment.

For an impairment rating, an attending chiropractic physician may:

- Perform the rating on their own patients if the physician is an approved IME examiner, or
- Refer to an approved IME examiner for a consultant impairment rating.

Link: For more information, see: Chapter 12: Impairment Rating Services

#### Services that can be billed

Use the CPT® codes, local codes, and the payment policy for IMEs described in <u>Chapter 13:</u> <u>Independent Medical Exams</u>.

## Additional information: Becoming an approved IME examiner

To apply for approval, chiropractic physicians must complete:

- Two years as an approved chiropractic consultant, and
- Impairment rating course approved by the department.

**Links**: For more information, see L&I's <u>Become a Chiropractic Consultant</u> webpage.

# Payment policy: Chiropractic radiology services (X-rays)

#### **Prior authorization**

Medically necessary x-rays performed as part of the initial evaluation don't require prior authorization. All subsequent x-rays require prior authorization.

### Who must perform these services to qualify for payment

Chiropractic physicians in the network may bill for radiographs taken as allowed under their license. It is required that a written x-ray report of radiologic findings and impressions be included in the patient's chart.

Only chiropractic physicians on L&I's list of approved radiological consultants may bill for X-ray consultation services. A chiropractic physician must be a Diplomat of the American Chiropractic Board of Radiology and must be approved by L&I to become an approved radiological consultant

#### Services that can be billed

Chiropractic physicians must bill diagnostic X-ray services using CPT® radiology codes and the Requirements and Payment limits described in Chapter 26: Radiology Services.

Diagnostic ultrasounds performed by the chiropractor are bundled into the E/M service. See <u>Chapter 26: Radiology Services</u> for additional details on ultrasounds and documentation requirements.

#### Services that aren't covered

#### **Dynamic Spinal Visualization**

Dynamic Spinal Visualization (DSV) refers to several imaging technologies for the purpose of assessing spinal motion, including videofluoroscopy, cineradiology, digital motion x-ray, vertebral motional analysis and spinal x-ray digitization.

DSV isn't a covered benefit. Procedure code **76496** shouldn't be used to the bill the insurer for these services.

**Link**: For more information about DSV, see the <u>Dynamic Spinal Visualization coverage</u> decision.

# Payment policy: Complementary & preparatory services, and patient education or counseling

#### **General information**

Patient education or counseling includes discussing or providing written information about:

- Lifestyle, or
- Diet, or
- Self-care and activities of daily living, or
- Home exercises.

The application of heat or cold is an example of a complementary and preparatory service.

# **Payment limits**

The following services are bundled into the E/M or chiropractic local codes and aren't separately payable:

- Complementary and preparatory services, or
- Patient education or counseling.



# Payment policy: Physical medicine treatment

#### Services that can be billed

Local code **1044M** for physical medicine modalities or procedures (including the use of traction devices) may only be billed by an attending provider who is not board certified/qualified in Physical Medicine and Rehabilitation (PM&R).



Link: For more information, see Chapter 25: Physical Medicine Services.

#### Services that aren't covered

CPT® physical medicine codes (97001-97799) aren't payable to chiropractic physicians.

## Requirements for billing

Documentation of the visit must support billing for local code 1044M.

### **Payment limits**

Local code **1044M** is limited to six units per claim, except when the attending provider practices in a remote location where no licensed physical therapist is available.

After six units, the patient must be referred to a licensed physical or occupational therapist, or physiatrist for such treatment except when the attending provider practices in a remote location. (Refer to <u>WAC 296-21-290</u> for more information.)

Only one unit of the appropriate billing code will be paid per visit, regardless of the length of time the treatment is applied.

#### **Powered traction devices**

The insurer won't pay any additional cost when powered traction devices are used. This policy applies to all FDA-approved powered traction devices.

Published literature hasn't substantially shown that powered traction devices are more effective than other forms of traction, other conservative treatments, or surgery. Powered traction devices are covered as a physical medicine modality under existing physical medicine payment policy. When powered traction is a proper and necessary treatment, the insurer may pay for powered traction therapy administered by a qualified provider under code 1044M.



**Link**: For additional information, see powered traction therapy in <u>Chapter 25: Physical Medicine</u> <u>Services</u>.



# Payment policy: Telehealth for chiropractic services

#### **General information**

The insurer reimburses **telehealth** at parity with in-person appointments.

Objective medical findings are required for time loss and other claim adjudication requirements. In-person visits are preferred for gathering objective medical findings, however, **telehealth** may be an appropriate alternative in certain situations where objective medical findings can be gathered via two-way audio and visual connection.

The provider is expected to make arrangements for in-person evaluation and intervention for certain circumstances. See below for additional information.

**Telehealth** services must occur either from a medical or vocational **origination site** or the worker's home. The selection of a provider is the worker's choice by law. Services may not be delivered from either the employer's worksite or any location owned or controlled by the employer that isn't operated by a Medical Provider Network practitioner.

A medical or vocational origination site may be:

- A clinic, or
- A hospital, or
- A nursing home, or
- An adult family home.

The provider performing **telehealth** services must be licensed in the state where the worker is receiving **telehealth** services. Only vocational rehabilitation counselors are exempt from this requirement.

## Services that must be performed in person

In-person evaluation is required when:

- It is the first visit of the claim, or
- Restrictions or changes are anticipated (the APF requires an update), or
- The worker has an emergent issue such as re-injury, new injury, or worsening status, or
- Consultations requested to determine if conservative care is appropriate, or
- A worker files a reopening application, or
- A worker requests a transfer of attending provider, or
- The provider has determined the worker is not a candidate for **telehealth** either generally or for a specific service, *or*
- The worker does not want to participate via telehealth.

### System requirements

**Telehealth** services and teleconsultations require an interactive telecommunication system, consisting of special two-way audio and video equipment that permits real time consultation between the patient and provider. Providers are responsible for ensuring complete confidentiality and privacy of the worker is protected at all times. No payment shall be made to the worker or provider for obtaining or maintaining equipment for a **telehealth** appointment.

#### **Prior authorization**

The prior authorization requirements listed in <u>Chapter 7: Chiropractic Services</u> apply regardless of how the service is rendered to the worker, either in person or via **telehealth**.

#### Services that are covered

**Telehealth** procedures and services that are covered include services that don't require a hands on component.

#### **Originating Site Fee (Q3014)**

The insurer will pay an **originating site** fee to a provider when they allow the worker to use their telecommunications equipment for a **telehealth** service with a provider at another location. To bill for the **originating site** fee, use HCPCS code **Q3014**.

**Q3014** is payable to the **originating site** provider when no other billable service, provided to the same patient, is rendered concurrently.



**Note**: If the **distant site** and the **originating site** are owned or rented by the same entity, **Q3014** is payable the as long as billing and documentation requirements are met.

#### Q3014 billing example

A worker, attends an in-person Evaluation and Management (E/M) appointment at their attending provider's office. The attending provider documents all necessary information as part of this visit and bills for the E/M service. The originating site (attending provider's office) also arranges a secure and private space for the worker to participate in a consultation with their cardiologist at another location (distant site provider). The originating site provider may bill the insurer Q3014 for allowing the worker to use their space for their telehealth visit with the distant site provider. The originating site provider is required to separately document the use of their space as part of their bill for Q3014. The distant site provider bills for the services they provide; they can't bill Q3014.

#### How to bill for this scenario

For this telehealth visit:

- The distant site provider would bill the appropriate CPT® E/M code, with modifier
   GT.
- The originating site provider would bill Q3014.



**Note**: For Evaluation and Management Services refer to Chapter 10: Evaluation and Management (E/M) Services and Chapter 10: Evaluation and Management (E/M) Services, Telehealth.

#### Store and Forward

**G2010** is covered for patient-to-provider store and forward of images or video recordings, including interpretation and follow up when it isn't part of an E/M visit. Follow up must occur within 24 business hours of receiving the images or video recordings. Follow up may occur by phone, **telehealth**, or in-person, and isn't separately payable. **G2010** isn't covered if the patient provides the image or video recording as follow-up from an E/M visit in the prior 7 days, nor if the provider's evaluation of the image or video recording leads to an E/M service within the next 24 hours or soonest available appointment. Providers are required to document their interpretation of the image or video recording. Chart notes that don't state the interpretation by the provider are insufficient.

#### Services that aren't covered

The same services that aren't covered in Chapter 7: Chiropractic Services apply to this policy.

Telephonic visits don't replace video two-way communication and can't be billed using non-telephonic E/M services codes. Case management services may be delivered telephonically (audio only) and are detailed in <u>Chapter 10</u>: <u>Evaluation and Management (E/M) Services</u>.

#### **Telehealth procedures**

**Telehealth** procedures and services that aren't covered include:

- The services listed under "Services that must be performed in-person",
- Services that require physical hands-on and/or attended treatment of a patient, including but not limited to codes 2050A, 2051A, or 2052A,
- Completion and filing of any form that requires a hands-on physical examination (such as Report of Accident, Provider's Initial Report),
- Purchase, rental, installation, or maintenance of telecommunication equipment or systems,
- Home health monitoring, and
- Telehealth transmission, per minute (HCPCS code T1014).



**Note**: Completion of APFs can't occur via **telehealth** when the update will take the worker off work or the provider increases the worker's restrictions. In these situations the visit must be in-person.

#### **Telehealth locations**

Q3014 isn't covered when:

- The originating site provider performs any service during a telehealth visit, or
- The worker is at home, or
- Billed by the **distant site** provider, *or*
- The provider uses audio only.

The worker won't be reimbursed for using home as an **originating site**, or for any other **telehealth** related services.

## Requirements for billing

For services delivered via **telehealth**, bill the applicable codes as if delivering care in person.

**Distant site** providers must use place of service **-02** to denote the **telehealth** visit when the worker isn't located in their home and will be reimbursed at the facility rate. **Distant site** providers must use place of service **-10** to denote the **telehealth** visit when the worker is located in their home and will be reimbursed at the non-facility rate.

Bill using the **-GT** modifier to indicate **telehealth**.

#### **Documentation requirements**

For the purposes of this policy, the following must be included in addition to the documentation and coding requirements for services billed, as noted in MARFS:

- A notation of the worker's **originating site**, and
- Documentation of the worker's consent to participate in telehealth services. This
  must be noted for each telehealth visit.

If treatment is to continue via **telehealth**, the evaluation report must include a detailed plan for implementing **telehealth** as agreed upon in a collaborative manner between the provider and worker.

Chart notes must contain documentation that justifies the level, type and extent of services billed. See <u>Chapter 7: Chiropractic Services</u> and other applicable MARFS chapter(s) for the type of service rendered and the documentation requirements.

When Q3014 is the only code billed, documentation is still required to support the service. When a provider bills Q3014 on the same day they render in-person care to a worker, separate documentation is required for both the in-person visit and the Q3014 service. The originating site provider billing Q3014 must submit separate documentation indicating who the distant site provider is and that the service is separate from the in-person visit that occurred on the same day.

# **Payment limits**

The same limits noted in <u>Chapter 7: Chiropractic Services</u> apply regardless of how the service is rendered to the worker.

# Links to related topics

If you're looking for more information about	Then see
Administrative rules for physical medicine	Washington Administrative Code (WAC) 296-21-290
Becoming an Chiropractic Consultant	Become a Chiropractic Consultant on L&I's website
Becoming an L&I provider	Become A Provider on L&I's website
Billing instructions and forms	Chapter 2: Information For All Providers
Chiropractic Services including Industrial Insurance Chiropractic Advisory Committee, practice, training, consultation resources	IICAC website
Dynamic Spinal Visualization coverage decision	Dynamic Spinal Visualization coverage decision
Fee schedules for all healthcare professional services (including chiropractic)	Fee schedules on L&I's website
Payment policies for case management services	Chapter 10: Evaluation and Management Services
Payment policies for diagnostic X-ray services	Chapter 26: Radiology Services
Payment policies for durable medical equipment (DME)	Chapter 9: Durable Medical Equipment
Payment policies for IMEs	Chapter 13: Independent Medical Exams (IMEs)
Payment policies for impairment ratings	Chapter 12: Impairment Rating Services
Payment policies for physical medicine treatment or powered traction therapy	Chapter 25: Physical Medicine Services
Payment policies for <b>supplies</b>	Chapter 28: Supplies, Materials, and Bundled Services

# **Need more help?**

Call L&I's Provider Hotline at 1-800-848-0811 or email PHL@Ini.wa.gov