Data was extracted on October 31, 2014. Costs for open claims may increase over time.

Sprains/Strains are work-related musculoskeletal disorders of the neck, back, or upper extremity. Sprains/Strains are classified by identifying claims with specific injury natures (Sprain, Strain, Overexertion), injured body part, and diagnosis or procedure codes that indicate that the claim is the result of a cumulative or repetitive injury.

Injury data are for State Fund compensable claims.

Compensable claims include those involving wage replacement for lost work time (four or more days) or restricted duty, permanent disability, fatality, and being kept on salary by the employer.

Research for Safe Work: The SHARP Program at the Washington State Department of Labor & Industries partners with business and labor to develop sensible, effective solutions to identify and eliminate industry-wide hazards. Learn more at www.lni.wa.gov/Safety/Research